



BEECHEN CLIFF

Wednesday 4th January 2017

Upper Sixth/Lower Sixth Mock Exams

Sixth Form students are taking Mock Exams this week. (Tuesday 3rd - Friday 6th January). Timetables for these exams were emailed to students in December and exam arrangements explained to students in assemblies before the end of last term. The timetable is also available on the School Website.

During this week students will have study leave and will only be expected to attend school for exams.

The one exception to this is Level 3 Sport where lessons will continue as normal during this exam week.

Exams are taking place in formal Exam Halls and invigilated by external invigilators. Students are expected to arrive at the Exam Hall at least 15 minutes before the start of each exams and the usual Sixth Form dress code will be strictly enforced.

The results of the Mock Examinations will be given to students in the coming weeks and will be published to parents on ePortal on 23rd January 2017.

If students or parents have any queries about the exams they should contact the Exams Officer, Mrs K Davison, on exams@beechencliff.org.uk.

Mr T D Markall
Assistant Headmaster

Immunisation for Year 9 and Year 11 Pupils

The January 2017 Scheduled immunisation sessions for Year 9 and Year 11 are;

- **Year 9 Immunisations on Thursday 12th January 2017** – *boosters from their childhood immunisations. Diphtheria/Tetanus/ Polio and Meningitis ACWY)*
- **Year 11 Immunisations on Thursday 19th January 2017** for *new Meningitis ACWY*

Can all parents of Year 9 and Year 11 pupils who have not already returned the completed consent forms do so as a matter of priority please.

Mrs K Lothgren
School Health Co-ordinator

CALENDAR

Tuesday 3rd January

Winter Term Starts at 8.25pm

Tuesday 3rd – Friday 6th January

Sixth Form Mock Exams

Thursday 5th January

Year 9 Options Evening session at 6.30pm (Non-Linguists)

Years 9 Options Evening session at 7.30pm (Linguists)

Tuesday 10th January

Lower Sixth Future Horizons Programme Starts

Wednesday 11th January

Bronze DofE Award Launch (Year 9) - Information Evening @ 7.00pm

Thursday 12th January

Year 9 Immunisations

Lower Sixth 'Why go to University?' collapsed timetable day

Year 11 Mock Examinations - All day

Saturday 14th – Friday 20th January

Austria Ski Trip

Thursday 19th January

Year 11 Immunisations

Year 10 Parents' Evening

Year 7 Disco - Hayesfield and Beechen Cliff pupils

A disco for Year 7 Hayesfield girls and Year 7 Beechen Cliff boys is being held on Friday, 13th January, at Hayesfield Lower School, Brougham Hayes, from 6.00pm – 8.00pm.



All Year 7 Beechen Cliff pupils are welcome!

Mrs Clare Jones
Assistant to Head of Sixth Form

Theme of the Week



Theme of the week this week is based on New Year's resolutions.

New Year's resolutions have a long history. The Babylonians pledged to return borrowed objects and repay their debts at the start of each year, while the Romans kicked off January by making a vow to the god Janus (from whom the month takes its name).

The New Year is a good time to set goals to try and achieve something new or challenging. There is a common thinking that New Year's resolutions are always something that people fail at, yet setting simple goals or targets could be a good way to succeed. The students could also help others in their family if they are setting New Year's Resolutions; sometimes a little support is the best way to meet goals and targets that people set.

"I think the main reason why New Year's resolutions fail is people being unrealistic," says Benjamin Gardner, an expert in behaviour change at King's College London. If you are not doing any exercise and set yourself the goal of going to the gym five times a week for half an hour, you are probably not going to achieve it. The other reason is people not necessarily being ready to change."

Psychologists recently proposed that, for behaviour change to occur, people must have the capability, opportunity and motivation to make it happen. Often people are not making resolutions for the right reasons, says Gardner: "They think that because it is New Year, they are obliged to say they will change their behaviour but once they face the reality of what they are doing, they give up because they are not motivated enough in the first place."

Popular goals

Popular goals include resolutions to:

- Improve physical well-being: eat healthy food, lose weight, exercise more, eat better, drink less alcohol, quit smoking, stop biting nails, get rid of old bad habits
- Improve mental well-being; think positive, laugh more often, enjoy life
- Improve finances: get out of debt, save money, make small investments
- Improve career: perform better at current job, get a better job, establish own business
- Improve education: improve grades, get a better education, learn something new (such as a foreign language or music), study often, read more books, improve talents
- Improve self: become more organized, reduce stress, be less grumpy, manage time, be more independent, perhaps watch less television, play fewer sitting-down video games
- Take a trip

- Volunteer to help others, practice life skills, use civic virtue, give to charity, volunteer to work part-time in a charity organization
- Get along better with people, improve social skills, enhance social intelligence
- Make new friends
- Spend quality time with family members
- Try foreign foods, discovering new cultures
- Pray more, be closer to God, be more spiritual
- Be more involved in sports or different activities

Miss A Holloway
PSHE Co-ordinator

Free School Meals and 16-19 Bursary

We are aware that in these difficult economic times a family's financial circumstances can change suddenly. You can apply for free school meals at any time, if you meet the eligibility criteria as set out by the Government.

For further details about free school meals, including how to apply, please contact Mrs S Davies, in the Main School Office.

If you are eligible, we urge you to apply. Not only will your child benefit from a healthy and nutritious meal every school day, but also eligibility may open up other areas of financial support for your child at school.

Also available to Sixth Form students is the 16-19 Bursary. This fund is available for payments to help with educational equipment, subject required trips, uniform and travel, where there is evidence of financial need. For further information, including how to apply, please contact Mrs C Jones, Assistant to the Head of Sixth Form.

All information for free school meals and the Bursary Fund are kept in confidential files.

Mr T D Markall
Assistant Headmaster

Christian Prayer Meeting

A number of Christian parents from various churches across Bath each term to pray for the Hayesfield and Beechen Cliff School communities. If you would like to join us, our next meeting is on Monday, 9th January from 1.30pm to 2.45pm at 8 Bloomfield Grove.

Dates for the coming year are: 27th February, 8th May and 12th June.

Please contact Jenny Croxford on 01225 338328, email jenny@croxford4.wanadoo.co.uk for further details or just come along

Word of the Week –prejudice

Noun:

= a feeling of like or dislike for someone or something, especially when the dislike is not reasonable or logical
= Dislike, hostility, or unjust behaviour deriving from preconceived and unfounded opinions

Verb – to prejudice:

= to give rise to prejudice; to make biased

- ✓ Do you **know** it?
- ✓ Can you **spell** it?
- ✓ Can you **use** it correctly in your work this week?

Spell it:

Many people confuse the order of the **j** and the **d**

To help you, remember that to show prejudice means to pre-judge someone
(to judge them **before** (pre) you meet them)

Mrs L Leonardi
Literacy Co-ordinator

SPORTS

Beechen Cliff Tennis Programme January – March 2017

JUNIOR ‘SQUAD’
Wednesdays 3.30-4.30pm Years 7-9
11th January – 22nd March 2017
£50 (10 sessions)

The Squad programme caters for Junior beginners to intermediate levels and groups are sorted by ability and age. The course covers:

- Basic technique – correct grips and swings, footwork patterns and Ball controls
- Basic singles and doubles tactics
- Rules and match experience



For more information or to book the course please email info@tt-tennis.co.uk

Mr T D Markall
Assistant Headmaster

Sports Fixtures

The details below are correct at the time of publication. Please check the BCS Sports website for updated information.

Day	Fixture	Meet/ Coach	KO /Start	Finish
Thurs 5 th Jan	U12c/U12d Football v Matravers School (A)	1.30pm (MB)	2.30pm	4.30pm
Tues 10 th Jan	U13a Football v Writhlington School (H)	1.45pm (MB)	2.45pm	4.00pm

Mr P Macdonald
Director of Sport

Kip McGrath EDUCATION CENTRES
Where students really improve

Concerned about Exams?

We already support students from
Beechen Cliff.

If you are looking for help in the run up to
GCSEs, call us:
01225 335510
or email: bathnorth@kip-mcgrath.com

