



BEECHEN CLIFF

Wednesday 15th March 2017

CALENDAR

Adjustment to School Uniform list for current Years 7-9

In previous years we have given parents the option to purchase school trousers from either Scholars or Marks and Spencers. However, the specific Marks and Spencers' trousers that best match the mid-grey Scholars trousers has been discontinued and consequently we are finding pupils wearing a range of trousers from black to light grey and some of the trousers are of a design that are inappropriate for a school uniform.

Therefore from September 2017 only the Scholars mid-grey trousers will be permitted. Whilst these trousers maybe a little more expensive than those from other suppliers, the feedback from parents has been that they are considerably more durable.

Thank you for your understanding in this matter.

Mr P Watts
Deputy Headmaster

Reporting Pupil Absences

IMPORTANT

Please can parents take note of the contact details below when reporting an absence from School:

Lower School Pupils

To report a Lower School absence please call the Attendance Office direct on 01225 485222, or you can email attendance@beechencliff.org.uk

Sixth Form Students

For Sixth Form students please contact Mrs Jones on 01225 485221, or you can email allisonjones@beechencliff.org.uk

If the attendance lines are busy, do please leave a message on the answer machines

Thursday 16th March

Bath Taps into Science – Crypto Challenge at Bath University

Thursday 16th and Friday 17th March

Year 7 South Devon Football Tour

Sunday 19th – Friday 24th March

Sixth Form Malaga Study Trip

Monday 20th March

Maths Feast Competition at Ralph Allen School

Friday 24th March

Inter House Hockey and Football Year 8 P1/Year 11 P6

Sixth Form Art Gallery and Museum visit in Bath

Friday 24th – Friday 31st March

French Exchange return visit to Bath

Sunday 26th March – Monday 3rd April

Year 10 and Lower Sixth German Exchange to Berlin

Monday 27th – Thursday 30th March

Golf Tour to Devon

Tuesday 28th March

RC Club National Finals@ Silverstone Race Circuit

Wednesday 29th March

Inter-House Hockey and Football Year 10-P2

Wednesday 29th – Thursday 30th March

Photography Trip at TyC

Thursday 30th March

Inter-House Hockey and Football Year 7-P2/Year 9-P4
A-Level (Year 1) 'A Flying Start' Business Revision Workshop
A-Level Economics Grade Booster Workshop
Year 11 PSHE

Thurs 30th March – 6th April

Year 11 Cordoba Exchange return visit

Friday 31st March

PTA Quiz fundraising for Sports Department

Proposed Winter-Adjusted School Day

As you know Beechen Cliff has one of the most glorious aspects in Bath and during the warmer and drier months most of the boys enjoy make use of the upper and lower fields during breaks and lunchtimes. However in the wetter and colder months the boys are limited to small hard standing play areas and restricted inside spaces – both becoming crowded during lunchtimes. As a consequence many of the boys and staff feel that during the winter our lunchtime is too long.

We are therefore proposing to adjust the school day during the winter to reduce the length of lunchtime. Period 4 will become an hour and a half long to include a half hour lunch break. Different year groups will take the half hour lunch break at different times. The table below shows how this would work. This is a fairly common arrangement in other schools.

The end of the school day would therefore be brought forward by 20 minutes and finish at 3:05pm. The additional benefit of the earlier finish would allow for increased opportunity for after school sports training using natural light.

Our intention is to keep the existing school day but adjust to the winter school day between the October half term and the February half term. We will initially trial the arrangement during the Christmas Term in 2017.

Existing/Proposed Summer School Day Terms 1, 4, 5 and 6		Proposed Adjusted Winter School Day Terms 2 and 3	
08:25	AM Registration	08:25	AM Registration
08:45	Period 1	08:45	Period 1
09:45	Break 1	09:45	Break 1
10:00	Period 2	10:00	Period 2
11:00	Break 2	11:00	Break 2
11:15	Period 3	11:15	Period 3
12:15	Transition	12:15	Transition
		12:20	Period 4a (Lunch for Sixth Form and another year group)
12:20	Period 4a (Lunch for Sixth Form and Year 7)	12:50	Period 4b (Lunch for two year groups)
13:15	Period 4b (Lunch for Year 8–11)	13:20	Period 4c (Lunch for another two year groups)
14:15	Period 5	13:50	Transition
15:15	PM Registration	13:55	Period 5
		14:55	PM Registration
15:25	Finish School Day	15:05	Finish School Day

If you have any particular views on the proposal please email them to us at headmaster@beechencliff.org.uk.

Mr P Watts
Deputy Headmaster

Theme of the Week - Nutrition and Healthy Eating

These eight practical tips cover the basics of healthy eating, and can help you make healthier choices.



- Base your meals on starchy carbohydrates
- Eats lots of fruit and veg
- Eat more fish – including a portion of oily fish
- Cut down on saturated fat and sugar. No more than 6 teaspoons of Sugar a day for teenagers.
- Eat less salt – no more than 4g a day for teenagers
- Get active and be a healthy weight
- Do not get thirsty. Drink Water!
- Do not skip breakfast

It is recommended that men have around 2,500 calories a day (10,500 kilojoules). Women should have around 2,000 calories a day (8,400 kilojoules). Most adults are eating more calories than they need, and should eat fewer calories. Teenage boys are recommended to have around 2,200 calories per day

<http://www.nhs.uk/Livewell/Goodfood/Pages/eight-tips-healthy-eating.aspx>

<http://www.nhs.uk/Change4Life/Pages/healthy-eating-tips.aspx>

<https://www.youtube.com/watch?v=UsXVbrzVZRM>

Mrs A Wilmot
PSHE Co-ordinator

Austria Ski Trip 13th - 19th January 2018

Open to current Year 9 and Year 11 pupils and Lower Sixth students. If you are interested, please see Mr Mann for further information.



Mr K Mann
Assistant Headmaster

Finance Governor required

We are looking to recruit a Finance Governor with accounting experience to join the Governing Body. Finance Governors meet six times a year and there are also six Full Governing Body meetings.

If you are interested in joining the Governors, please send your details and CV to governors@beechencliff.org.uk

Mr C Oldham
Chair of Governors

Lunchtime Supervisor vacancy

Required as soon as possible a lunchtime supervisor for 2 hours per day, 10 hours per week to cover the two lunch breaks each day from 12.15pm to 2.15 p.m. More information and an application form are available on the website.

For further details, please visit www.beechencliff.org.uk. Please send in a CV or return a completed application form to Mrs H Bletso, Headmaster's PA/Administration Manager by Noon on Monday 20 March 2017.

Mrs H Bletso
Headmaster's PA

Word of the Week: Coincide

Verb - to coincide

= to happen at the same time as something else

= to agree with something exactly; to be the same as something else

See also: **coincidence** = an occasion when two or more similar things happen at the same time, especially in a way that is unexpected or surprising (*Bumping into our next-door neighbours half way around the world was an amazing coincidence*)

Use it:

If the heavy rain had coincided with an extreme high tide, serious flooding may well have occurred.

Our views coincide on a range of subjects.

The publication of the book was planned to coincide with the screening of the television series.

The centres of concentric circles coincide.



Spell it:

Coincide

coin / cide

Mrs L Leonardi
Literacy Co-ordinator

Milton House Cake Sale in Aid of Comic Relief



There will be a Milton House cake sale in the Refectory at break times on Friday, 24th March, in aid of Comic Relief.

Please ensure that boys bring along £1.00 to sample some of the delicious Milton offerings.


Left overs (if there are any) will be sold off in the Staff Room!

University Life Presentations

On Wednesday, 22nd March between 1.00pm and 3:30pm all Upper Sixth students have been invited to attend an afternoon of presentations in the School Main Hall given by Bristol and Bath University in order to prepare them for university life


Areas covered will be student finances, careers services, settling into university life and, from a GP, common health issues.

Mrs C Jones
Assistant to Head of Sixth Form



FUTURE HORIZONS

Friday 17th March
12:30pm in Y1



Come and Hear about the Pitfalls and Pleasures from Previous Sixth Formers
Open to All Sixth Formers

Sports

Sports Fixtures

The details below are correct at the time of publication. Please check the BCS Sports website for updated information.

Day	Fixture	Meet time	Coach time/MB	KO/ Start time	Finish/ Return time
Thurs 16 th Mar	2 nd XI Hockey v Monkton Combe School (A)	2.15pm	MB	3.00pm	4.30pm
	U15a/U13a/U12a Football v Chew Valley School (A)	2.00pm	2.15pm	3.45pm	5.30pm
	1 st XI Football v Writhlington School (H)	3.15pm	n/a.	4.00pm	5.15pm
	1 st XI Hockey v Monkton Combe School (A)	3.00pm	MB	4.00pm	5.30pm
Fri 17 th Mar	Bath Schools Duathlon at Odd Down Sports Ground	1.45pm	MB	2.30pm	4.30pm
Mon 20 th Mar	U12a Hockey v KES (A)	3.15pm	MB	4.15pm	5.00pm
	U12b Hockey v KES (A)	3.15pm	MB	4.45pm	5.30pm
Tues 21 st Mar					
Weds 22 Mar	U14a Hockey v Wells Cathedral School (A)	12.00pm	n/a	1.30pm	3.45pm
	U14b/U13b Football v Norton Hill School and MSN 6 th Form (A)	3.00pm	n/a	3.45pm	5.15pm
	U12 Athletico Football v Norton Hill School and MSN 6 th Form	3.25pm	n/a	3.45pm	4.45pm

Sports Results week commencing 6th March 2017

Date	Fixture	Type	Result	Score
Mon 6 th Mar	U14 Football v Churchill	Somerset Cup semi-final	Won	5-2
	U15 Hockey v Prior	Friendly	Lost	1-7
Tues 7 th Mar	U14 Rugby v Somervale	Banes Cup final	Won	38-5
Weds 8 th Mar	AASE 7s	Tournament	Finished 3 rd in group	
	1 st XI Football v Ralph Allen	League	Won	10-0
	U12b Football v Oldfield	League	Won	3-0
	U13b Football v Oldfield	League	Drew	1-1
	U14b Football v Oldfield	League	Won	3-0
	U12a Football v Ralph Allen	League	Won	14-0
Thurs 9 th Mar	U14 Regional hockey tournament	Tournament	3 rd place	
	U13 Indoor county cricket tournament	Tournament	Runners up	
	2 nd XI Football v Kingswood	Friendly	Lost	1-4
	1 st Netball v Kingswood	Friendly	Lost	8-18
	2 nd Netball v Kingswood	Friendly	Lost	5-24
	1 st XI Hockey v Prior	Friendly	Drew	0-0
	U13a Football v Ralph Allen	League	Lost	0-9
	U16a Football v Ralph Allen	League	Won	4-1
U17 Rugby v Weston College	Friendly	Won	48-5	
Fri 10 th Mar	U13 Booker Shield hockey tournament	Tournament	5 th place	
Sun 12 th Mar	U18 Bryanston 7s	Tournament	Lost in semi-finals	

Mr P Macdonald
Director of Sport