



BEECHEN CLIFF

Wednesday 18<sup>th</sup> October 2017

## Parent Governor Elections

You will have received via your son/daughter a letter from the Chair of Governors regarding the election of two parent governors.

We have eight candidates for the two positions. The ballot is open and if you have not already done so please do place your vote for two candidates via the link below.

<https://www.surveymonkey.co.uk/r/7928QFX>

The vote will close at noon on Friday 20<sup>th</sup> October and the results will be sent out by ParentPay and announced in the Newsletter after the half term break

Clerk to Governors

## Reporting Pupil Absences



Please can parents take note of the contact details below when reporting any absences from School, including late arrivals and medical appointments:

### Lower School Pupils

To report a Lower School absence please call the Attendance Office direct on 01225 485222, or you can email [attendance@beechencliff.org.uk](mailto:attendance@beechencliff.org.uk)

### Sixth Form Students

For Sixth Form students please contact Mrs Jones on 01225 485221.

If the attendance lines are busy, do please leave a message on the answer machines.

## Contact Information

Please could parents remember to inform us of any changes of contact information, (telephone numbers, email addresses, home addresses, emergency contact details) as soon as possible. We have recently tried to contact several parents via mail or email, but these have been returned as the addresses are not recognised.



Please inform the School Office or email [suedavies@beechencliff.org.uk](mailto:suedavies@beechencliff.org.uk) with new details.

Mrs S Davies  
Admissions Administrator

## CALENDAR

### Thursday 19<sup>th</sup> October

DofE Bronze sign-up evening-6.30pm Main Hall

### Thursday 19<sup>th</sup> – 28<sup>th</sup> October

Upper Sixth Romania Expedition

### Friday 20<sup>th</sup> October

Year 10 Art Trip to Oxford

Sixth Form Trip to Thorpe Park

### Friday 20<sup>th</sup> – Monday 30<sup>th</sup> October

China Trip

### Friday 20<sup>th</sup> October

Term 1 finishes

### Thursday 2<sup>nd</sup> November

First Day of Christmas Term (Term 2) – Winter adjusted hours timetable commences

### Friday 3<sup>rd</sup> November

Lower Sixth Classics to Roman Baths

### Tuesday 7<sup>th</sup> November

Year 7 How to help your son succeed at BCS – 7pm in the Main Hall

## House Points Competition

House Points Competition

Design a poster using the title:

WHAT DOES



BEECHEN CLIFF

MEAN TO YOU?

Draw, Paint or use photography to create a poster that shows what Beechen Cliff means to you!

Open to all year groups

The winners will receive house points, a special arts prize and runners up will have their work on display within the school.

All entries to be returned to Mrs Suedavies in the art block before Friday 10<sup>th</sup> November 2017





## Theme of the Week – Restart the Heart

Theme of the week this week is about the European campaign called 'Restart the Heart.' On Monday 16th October the Resuscitation Council (UK) along with the British Heart Foundation, British Red Cross, St John Ambulance and other medical services will be working together to help train as many people to perform CPR as possible in the UK and make sure people know how to save a life.



If you suffer an out-of-hospital cardiac arrest in the UK you have less than a one in ten chance of surviving.

80% of out of hospital cardiac arrests happen in the home.  
20% occur in public places.

That is why it's important to learn CPR as one day you might need it to help save the life of someone you know. People might suffer a cardiac arrest even if they seem to be healthy, and may be playing sport at the time. The more people trained in CPR, the better the survival rate.

Here are some videos explaining why it is so important that as many people as possible know CPR. Watch the Fabrice Muamba video – he suffered a cardiac arrest on the football pitch.

<https://www.bhf.org.uk/heart-health/how-to-save-a-life/cpr-kits/cpr-training-for-schools/restart-a-heart-day/restart-a-heart-day-resources>

The basic procedure is as follows:

1. If it is safe to do so, approach the casualty. Shake their shoulders and try to get a response from them.
2. Check their breathing by placing your cheek near their mouth – look to see if the chest is rising, listen for breath sounds and feel for their breath on your cheek.
3. If they are not breathing or not breathing normally, shout for help. Someone will need to phone 999 for an ambulance. You should then start CPR.
4. Put the casualty in the correct position, and kneel beside them. Do 30 chest compressions and give two rescue breaths. Continue until the ambulance arrives and medical professionals can take over.

From next week we will be using resources from the British Heart Foundation to train all students at Beechen Cliff School in CPR so you will know how to give effective help. Year Ten will receive their training first and other year groups after that. Our aim is to train the whole school by the end of the school year.

It is also important that you are aware that we have a defibrillator in school, which is located in the staffroom if you ever need to find it.

The most important thing to remember is that if you do not act quickly when someone is in cardiac arrest, they will probably die. Your actions could save a life.

Miss P Netto  
PSHE Co-ordinator

## Year 11 Progress Reports

Year 11 Progress Reports are now available for parents to view on e-Portal.

If you have problems accessing these reports please email [datarecords@beechencliff.org.uk](mailto:datarecords@beechencliff.org.uk).

Mr T D Markall  
Assistant Headmaster

## Literacy

Word of The Week - Behemoth

Noun – a behemoth

- = a huge or monstrous creature
- = something enormous, especially a large and powerful organisation
- = often, but not always, with the connotation of being unpleasant, inefficient or hard to manage

Use it:

The Loch Ness monster is a mythical behemoth said to haunt the waters.

Often, shoppers are now more loyal to their local shops than to faceless behemoths.

The city is a sprawling behemoth with no heart.

The army's new tank is a behemoth.

Spell it:

Be / he / moth  
Pronounced b'he'mth

Behemoth makes an appearance in such classics of literature as John Milton's *Paradise Lost*, Shelley's *Prometheus Unbound*, and James Joyce's *Finnegan's Wake*.

Today we use it to apply to anything large, powerful, and often unwieldy

Literacy for 18<sup>th</sup> October 2017

Accelerated Reader totals for this week:

Number of words read across Year 7 and 8:

6,051,087

Number of 'Quizzed-on' books: 105

Weekly House competition for the past week:

1<sup>st</sup> SH      2<sup>nd</sup> CH      3<sup>rd</sup> ML  
4<sup>th</sup> BY      5<sup>th</sup> KP      (based on no. words read over the past week)

This week's Reader of the Week is Otto Goldsmith, Year 8, who has already quizzed on 16(!) books, most recently Cressida Cowell's *How to Train Your Dragon: How to Fight a Dragon's Fury*. Otto has read a total of 525,860 words to date, earning him 79 AR Points. Very well done indeed, Otto.

Boys are reminded to visit the Library before the half term break, and to take the corresponding AR Quiz (zes) soon after coming back into School.

Mrs L Leonardi  
Literacy Coordinator

## PSHE

As part of the PSHE programme pupils receive education of knowledge of several aspects of SRE (Sex and relationships education). If you prefer your son not to participate in these sessions due to religious or cultural reason, please email sarah.evans@beechencliff.org.uk

Mr K Mann  
Assistant Headmaster

## Winter-Adjusted School Day **REMINDER**

After consulting with stakeholders last year, we will introduce an adjusted school day during the winter to reduce the length of lunchtime. This is starting after the October half term (on Thursday 2<sup>nd</sup> November). Period 4 will become an hour and a half long to include a half hour lunch break. Different year groups will take the half hour lunch break at different times. The table below shows how this would work. This is a fairly common arrangement in other schools.

The end of the school day would therefore be brought forward by 20 minutes and finish at 3:05pm. The additional benefit of the earlier finish would allow for increased opportunity for after school sports training using natural light. **There is no change to the start of the school day.**

Our intention is to switch to the winter school day between the October half term and the February half term and then revert back to our existing day. Towards the end of the winter we will evaluate the effectiveness of this new arrangement.

School Day for Terms 1, 4, 5 and 6		Adjusted Winter School Day for Terms 2 and 3	
08:25	AM Registration	08:25	AM Registration
08:45	Period 1	08:45	Period 1
09:45	Break 1	09:45	Break 1
10:00	Period 2	10:00	Period 2
11:00	Break 2	11:00	Break 2
11:15	Period 3	11:15	Period 3
12:15	Transition	12:15	Transition
		12:20	Period 4a (Lunch for Sixth Form and Year 7)
12:20	Period 4a (Lunch for Sixth Form and Year 7)	12:50	Period 4b (Lunch for Years 8 and 11)
13:15	Period 4b (Lunch for Years 8-11)	13:20	Period 4c (Lunch for Years 9 and 10)
		13:50	Transition
14:15	Period 5	13:55	Period 5
15:15	PM Registration	14:55	PM Registration
15:25	Finish School Day	15:05	Finish School Day

Mr P Watts  
Deputy Headmaster

## Mobile Phones Reminder!

Please remember that we have a blanket ban on the use of mobile phones between the hours of 08.25 and 15.25 for pupils in years 7-11.

### Why?

- Increased number of pupils calling parents during the school day and parents turning up unannounced.
- Increased number of videos recorded, photos taken on school grounds and posted on social media; the time taken to resolve these issues in school.
- The need to encourage more communication amongst peers.
- The growing concerns of the use of mobile phones and current research highlighting the negative effects on the mental health, memory, attention span, creativity and emotional intelligence of young people.

### Exceptions

- Wet lunches – use of mobile phone **in Hall only**
- Permission from a member of staff **in exceptional circumstances**


### Sanctions

- If a mobile phone is seen out during these times or if it goes off in a lesson, the phone will be confiscated for two working days e.g. phone confiscated on Monday will be returned Wednesday 15.25.
- If a mobile phone is confiscated twice in a term, parents to attend school for meeting and phone collection

If your son uses his phone to access his bus pass, please ensure that you have made contingency arrangements in case his phone is confiscated. Equally, if your son uses his phone to check the time, please provide him with a watch.

Please support us in our efforts with this initiative by talking to your son at home about our mobile phone concerns and the need for him to switch his phone off during the school day. This has been a successful initiative since the launch last Easter with very few phones being handed in.

Mr K. Mann  
Assistant Headmaster







# FUTURE HORIZONS

**Meeting for  
Parents & Students**

**Wednesday 18<sup>th</sup> Oct 2017  
7pm in Main Hall**

- **Not Going to University?**
- **School Leaver Options**
- **GAP Year Opportunities**
- **Gaining Skills & Experience Outside School**

ALL WELCOME - NO NEED TO BOOK

## Halloween

Curo's Independent Living Service are running a campaign over the next week highlighting how older people may find it hard during the Halloween celebrations.



Please find attached to this newsletter a flyer supporting the Curo campaign containing positive information for local children and parents.

You can read a bit more about our service here <https://www.curo-group.co.uk/independent-lives/independent-living-service/>

Rachel Allen  
Liaison Officer  
Curo's Independent Living Service

## Sports

### Sports Fixtures

*The details below are correct at the time of publication. Please check the BCS Sports website for updated information.*

Days	Fixture	Meeting	Kick off/	Transport	Finish/
Thurs 19 <sup>th</sup> Oct	Rugby Union 1 <sup>st</sup> XV, U18B v Downside School (A)	12.20pm	1.00pm	Caoch	5.00pm
	Rugby Union U12B v Ralph Allen (A)	3.15pm	3.45pm	MB	5.00pm
	Rugby U14, U15 v Backwell School (H)	3.15pm	3.45pm	n/a	5.00pm
Weds 25 <sup>th</sup> Oct	AASE League Match		2.30pm		16.30pm
Mon 6 <sup>th</sup> Nov	Sports Leader Yr 10 @ Primary School Football Tournament @ Odd	11.30am	12.00pm	MB	4.30pm
	U15 Rugby Training @ Farleigh House (A)	3.00pm	3.30pm	MB	5.00pm
Tues 7 <sup>th</sup> Nov	Cross Country U16A v District Championships @ Kingswood	12.15pm	1.30pm	MB	4.00pm
	U15 Football v Mangotsfield @ Glasshouse	1.30pm	2.30pm	MB	4.00pm
Weds 8 <sup>th</sup> Nov	Shooting U15A v Dauntsey's School (A)	1.00pm	2.00pm	MB	5.00pm
	Football 1 <sup>st</sup> XI v Writhlington School (H)	1.45pm	2.30pm	MB	4.30pm
	Netball U16 v B&NES Tournament @ Wellsway School (A)	1.45pm	2.30pm	MB	6.00pm
	Rugby Union U12B v St Mark's C of E School	3.15pm	3.45pm	n/a	5.00pm
	U14 Football v Priory	details to be confirmed			

### Sports Results for Week Commencing 9<sup>th</sup> October

Date	Fixture	Type	Result	Score
Mon 9 <sup>th</sup> Oct	U14 Football v Chew Valley	ESFA	Won	7-0
Tues 10 <sup>th</sup> Oct	U14b Rugby v Chew Valley	Friendly	Won	50-0
	U15 Rugby v Norton Hill	Natwest Cup	Won	76-7
Weds 11 <sup>th</sup> Oct	AASE v Truro	League	Won	22-17
	U14b Rugby v Sexeys	Friendly	Won	30-18
	U13b Rugby v Sexeys	Friendly	Won	35-20
	U12b Rugby v Sexeys	Friendly	Won	20-15
Thurs 12 <sup>th</sup> Oct	2nd XV Rugby v Kingswood	Friendly	Won	28-10
	3rd XV Rugby v Kingswood	Friendly	Lost	17-22
Fri 13 <sup>th</sup> Oct	1st XV Rugby v Kingswood	Friendly	Lost	11-22
Sat 14 <sup>th</sup> Oct	U14a Rugby v Kingswood	Friendly	Won	37-10
	U14b Rugby v Kingswood	Friendly	Won	42-5
	U13a Rugby v Kingswood	Friendly	Won	25-10
	U13b Rugby v Kingswood	Friendly	Won	30-20
	U12a Rugby v Kingswood	Friendly	Lost	5-15
	U12b Rugby v Kingswood	Friendly	Lost	10-25

Mr P Macdonald  
Director of Sport