

World Mental Health Day 2019



**Thursday
10th October 2019**

Shine A Light

Join the community of Bath to shine a light on mental health

Join together and light the way as you walk from Victoria Park through the Circus, Gay St, George St, Milsom St and then finally gather at the Abbey for an evening of fun and entertainment.

Everyone welcome.



Make a lantern

10am-3pm, creative workshops
FREE drop in sessions, lantern making and Bath Mind's cabinet of compassion.
Refreshments provided.
Holburne Museum

Lantern procession

6.45pm start, at the front of the Royal Crescent, Victoria Park
Walk from Victoria Park to Bath Abbey

Music, choir, food and mental health information

7.15-9pm
Bath Abbey

"A great event for both families and all ages"

For more information

Tel: Bath Mind on 01225 316199 (9am-3pm) or e-mail admin@bathmind.org.uk