



BEECHEN CLIFF

Cambridge Technical Level 3 Extended Diploma in Sport and Physical Activity

("LEVEL 3 SPORT")

Unit	Unit title	Lead staff	Assessment Method
1	Body Systems and the Effects of Physical Activity	Mr Turner	Written Examination June Year 12
2	Sports Coaching and Activity Leadership	Mr Turner	Evidence Portfolio Year 12
3	Sports Organisation and Development	Mr Turner	Written Examination January Year 13
4	Working Safely in Sport, Exercise, Health and Leisure	Mr Turner	Written Examination January Year 12
5	Performance Analysis in Sport and Exercise	Mr Mortimore	Evidence Portfolio Year 13
6	Group Exercise to Music	Mr Mortimore	Evidence Portfolio Year 12
7	Improving Fitness for Sport and Physical Activity	Mr Turner	Evidence Portfolio Year 12
8	Organisation of Sports Events	Mr Mortimore	Evidence Portfolio Year 12
10	Biomechanics and Movement Analysis	Mr Turner	Evidence Portfolio Year 13
11	Physical Activity for Specific Groups	Mr Mortimore	Evidence Portfolio Year 13
12	Nutrition and Diet for Sport and Exercise	Mr Turner	Evidence Portfolio Year 13
13	Health and Fitness Testing for Sport and Exercise	Mr Turner	Evidence Portfolio Year 12
14	Working in Active Leisure Facilities	Mr Turner	Evidence Portfolio Year 13
17	Sports Injuries and Rehabilitation	Mr Turner	Evidence Portfolio Year 12
18	Practical Skills in Sport and Physical Activities	Mr Turner	Evidence Portfolio Year 13
19	Sport and Exercise Psychology	Mr Turner	Evidence Portfolio Year 12
21	The Business of Sport	Mr Turner	Written Examination January Year 13