

# A-level Physical Education - Reading List and Resources

## Essential Textbook:

For the approved AQA textbook, students have two options:

1. **AQA A-level PE (Year 1 and Year 2) - Carl Atherton, Ross Howitt, Sue Young (2019) - Hodder Education.** This latest book combines the content for both Year 1 and Year 2 study, and will be used as the main reference throughout the course for classwork and homework.
2. **AQA A-level PE Year 1 - Carl Atherton, Ross Howitt, Sue Young (2016) - Hodder Education** and **AQA A-level PE Year 2 - Carl Atherton, Symond Burrows, Ross Howitt, Sue Young (2018) - Hodder Education.** With the recent publication of the combined textbook it might be possible to purchase both books separately but at a reduced cost. Second hand options might also be available. By purchasing both copies will ensure that students have the same content as buying the book previously mentioned.

## Up to Date Reading:

Regular coverage of sporting issues appears in broadsheet newspapers such as The Times, The Independent and The Guardian. The BBC News website ( <https://www.bbc.co.uk/sport>) is also an excellent source of relevant contemporary articles that can be found by searching via specific topics.

The Sky Sports News app is also a useful tool to download onto your phone, so you can keep up to date with the 'Top Stories'.

By following [@SportBeechen](#) on Twitter you will find regular news feeds and articles on topics relating to the course content.

## Wider Reading:

**PE Review Magazine** - Either available via a student subscription or available to borrow from the Physical Education Department, PE Review features articles written by examiners and approved authors and relates directly to topics covered by the examination boards.

<https://www.hoddereducation.co.uk/subjects/sport-pe/products/16-18/pe-review-magazine-volume-15,-2019-20>

**Bounce** - Matthew Syed 2010, Fourth Estate.

**Documentaries and TV Programmes:**

TV programmes such as:

Panorama: The Truth About Sports Products (BBC)

Panorama: Catch Me If You Can (BBC)

The Program (Amazon Prime)

Andy Murray - Resurfacing (Amazon Prime)

The Real Football Factories International (Amazon Prime)

Building Jerusalem (Amazon Prime)

Barca Dreams (Netflix)

Undefeated (Netflix)

Icarus (Netflix)

Friday Night Lights (Netflix)

The Carter Effect (Netflix)

The Game Changers (Netflix)

**Websites:**

Youtube hosts an extensive range of videos and presentations. In particular, look for videos created by:

**James Morris** - a PE teacher who has created many short presentations relating to course content.

**MyPEexam** - Despite now having to purchase an account through 'The Everlearner', some of James Simms early presentations are still available to use. Again, these cover many different topics within the course.

**Useful Revision Guides:**

**My Revision Notes - AQA A-level PE** - Sue Young, Symond Burrows, Michaela Byrne (2018)  
Hodder Education