

**GCSE SUBJECTS ASSESSMENT INFORMATION**

<b>Subject</b>	Physical Education (Sports Science)		
<b>Exam Board</b>	AQA		
<b>Course Specification</b>	Physical Education (8582)		
<b>Curriculum</b>			
	<b>Curriculum</b>	<b>Topics Covered</b>	
<b>Year 10</b>	Term 1	Skeletal System / Muscular System / Joints / Muscle Contractions / Lever Systems / Planes and Axis	
	Term 2	Respiratory System / Cardiovascular System / Aerobic & Anaerobic Respiration / EPOC	
	Term 3	Health and Fitness / Components of Fitness / Fitness Testing / Principles of Training	
	Term 4	Types of Training / Effects of Exercise / Calculating Intensities	
	Term 5	Warm Up / Cool Down / Injury Prevention / Seasonal Aspects / Diet / Somatotypes / Obesity	
	Term 6	Quantitative Data / Qualitative Data / Analysing and Presenting Data	
<b>Year 11</b>	Term 1	Classification of Skills / Goal Setting / Information Processing / Guidance / Feedback	
	Term 2	Arousal / Aggression / Personality / Motivation / Social Groups / Commercialisation	
	Term 3	Media / Use of Technology / Performance Enhancing Drugs	
	Term 4	Spectator Behaviour / Hooliganism / Activity Levels / Consequences of a Sedentary Lifestyle	
	Term 5/6	GCSE Examination preparation and Exams	
<b>Teaching Group(s)</b>			
	<b>Exams</b>	<b>Dates</b>	<b>Details (eg weightings etc)</b>
All	Mock Theory Exam	June Year 10	1 hour (internal)
All	Mock Theory Exam	November Year 11	1 hour (internal)
All	GCSE Theory Exam (48903)	May/June Year 11	Written Paper – 2 x 1 hour and 15 mins - 156 marks, 60%.
<b>Controlled Assessments</b>			
	<b>Controlled Assessments</b>	<b>Dates</b>	<b>Details (eg weightings etc)</b>
All	NEA – Non Examined Assessment - Practical	To be completed by March Year 11	3 Assessments – 75 marks, 40% (Including an additional written assessment based on one of the activities)
All	Evaluating and Improving Performance	January Year 11	Written task relating to one of the 3 chosen activities - 25 marks of the total 100 marks available.
<b>Recommended Textbook(s)</b>	AQA PE for GCSE	Howitt, R and Murray, M (2016) Hodder Education. <b>ISBN: 9781471859526</b>	

<p><b>Recommended Revision Guide</b></p>	<p>*My Revision Notes: AQA GCSE (9-1) PE 2nd Edition, Bizley, K - Hodder Education. ISBN: 9781510405233</p> <p>GCSE Physical Education AQA Exam Practice Workbook - for the Grade 9-1 Course - CGP ISBN: 9781789080100</p> <p>Grade 9-1 GCSE Physical Education AQA Revision Question Cards (CGP GCSE PE 9-1 Revision) ISBN: 9781789084160</p> <p>Grade 9-1 GCSE Physical Education AQA Revision Guide (CGP GCSE PE 9-1 Revision) ISBN: 9781789080094</p> <p><b>*Main revision material</b></p>
<p><b>Recommended Revision Website(s)</b></p>	<p><b><u>Exam Board – Course Information</u></b></p> <ul style="list-style-type: none"> <li>● <a href="http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582">http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582</a></li> </ul> <p><b><u>Revision Websites – Interactive text, quizzes and games</u></b></p> <ul style="list-style-type: none"> <li>● <a href="http://www.bbc.co.uk/schools/gcsebitesize/pe/">www.bbc.co.uk/schools/gcsebitesize/pe/</a></li> <li>● <a href="http://www.s-cool.co.uk">www.s-cool.co.uk</a> › GCSE</li> <li>● <a href="http://www.educationforum.co.uk/PE/GCSEPEHome.htm">www.educationforum.co.uk/PE/GCSEPEHome.htm</a></li> <li>● <a href="http://www.revisionworld.co.uk/gcse/pe-physical-education">www.revisionworld.co.uk/gcse/pe-physical-education</a></li> </ul> <p><b><u>Other useful websites providing written text, animations and videos</u></b></p> <ul style="list-style-type: none"> <li>● <a href="http://www.teachpe.com/gcse.php">www.teachpe.com/gcse.php</a></li> <li>● <a href="http://www.howstuffworks.com">www.howstuffworks.com</a></li> <li>● <a href="http://www.youtube.com">www.youtube.com</a>: <ul style="list-style-type: none"> <li>-PlanetPE</li> <li>-TeachPE</li> </ul> </li> </ul> <p>Follow us via Twitter: @sportbeechn</p>