

COVID-19 - important information for parents and carers

Do not leave home if you or someone you live with has any of the following:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

[Check the NHS website if you have symptoms](#)

Definition of a household

- one person living alone
- a group of people (who may or may not be related) living at the same address and who share cooking facilities, bathrooms or toilets and/or living areas
- a [support bubble](#)

If you have COVID-19 symptoms or have received a positive test result

Stay at home and begin to self-isolate for 10 days from when your [symptoms](#) start. Arrange to have a [test](#) for COVID-19 if you have not already had one. The result of the test will determine how long you and your household must stay at home and self-isolate.

You and your household should stay at home while you are waiting for a home test kit or a test site appointment and the result.

A positive test result means you must complete a 10-day isolation period.

If you live in the same household as someone with COVID-19

Stay at home for 14 days. The 14-day period starts from the day the first person in your household developed [symptoms](#) or, if they do not have symptoms, from the day their test was taken.

If you do not have symptoms of COVID-19 yourself, you do not need a test. Only arrange a test if you develop COVID-19 symptoms.

If you live with other people, it can be confusing knowing what to do if more than one of you get COVID-19 symptoms. This simple illustration below explains how long members of the same household need to self-isolate for, if someone in the household develops COVID-19 symptoms and other people subsequently go on to also develop symptoms or not.

What happens if someone in your household gets COVID-19 symptoms?



Get a test as soon as possible if you have symptoms of coronavirus. If you do not have symptoms you do not need a test. Anyone with symptoms should keep at least 2m away from other people in the house

Bath & North East Somerset Council

Improving People's Lives

Financial Support

Information on financial help to self-isolate can be found on our website here;

<https://beta.bathnes.gov.uk/coronavirus-covid-19-latest-information-and-advice/apply-test-and-trace-support-payment>