

Beechen Cliff's Walk Around The World



If you fancy a challenge at home then this is an amazing challenge to stay active and mentally healthy, whilst having some friendly competition with your peers.

Starting: **Friday 22nd January**

Target Date: **Sunday 4th April**

Step One: Follow the link in the bio, description, or alternatively you can search for the club on Strava (search for 'Beechen Cliff's Walk Around The World')

Step Two: Create or login to a Strava account

Step Three: Request to join the club and admin will accept you as soon as possible

Step Four: Log your Runs, Walks or cycle rides on Strava



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Walk, Run or cycle to help reach our goal of walking the **circumference of the world (40,000km)**. If 400 sixth formers attempted this challenge, then on average, one person will walk, cycle or run 100km. This will be a great challenge for you to do in your spare time at home and will keep you active whilst competing with friends in these challenging times. Good Luck! Up the beech!!