



BEECHEN CLIFF

2020/21

PSHE Statement of Provision

The PSHE programme is taught through timetabled lessons in Years 7-10, and through collapsed timetable and tutor sessions in Year 11 and the Sixth Form. In addition, weekly Theme of the Week sessions are delivered by tutors; assemblies and whole school events (including guest speakers and national and international awareness days) also contribute to the extensive programme, which goes beyond meeting the statutory requirements.

The programme is developed by qualified PSHE teachers (National PSHE CPD Programme Level 6) who regularly engage with CPD. Staff delivering the programme are provided with guidance and training materials in order to ensure they are equipped with required subject knowledge and pedagogical skills - this was provided remotely this year due to Covid restrictions.

As a school we work with our school nurse, and organisations such as Stonewall, Boys in Mind (Girls Mind Too), It's in the Bag, Off the Record, Solution Revolution and Project 28 to provide high quality and up to date coverage of topics such as healthy lifestyles (including mental health, drugs and alcohol), sex and relationships [*see separate policy*], equality and finance. Aspects of the careers programme are delivered through PSHE lessons. We also use data generated from SHEU surveys every two years - this enables us to identify areas that our students are progressing well in, and areas which need development. From September 2020 students will be assessed in PSHE to inform progress and future planning.

Our student Equalities Team, led by our Upper Sixth Senior Equalities Prefect, not only shape the school's Equalities work as a whole [*see Equalities section*], but compliment the PSHE programme. The whole school mental health work [*see Mental Health section*] has been developed alongside the PSHE programme.

We adapt our PSHE programme to provide students with knowledge and skills to help navigate their current situations - the PSHE programme was adapted in light of the Covid pandemic in order to support students' wellbeing on their return to school and during lock down(s): all



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students cover mental health (in relation to the pandemic) on their return to school in September 2020, as well as a Solution Focused tutor programme; we plan for Year 10 to have an additional session with the school nurse to cover the content they missed last academic year and some elements of the PSHE programme can be adapted to be delivered remotely in the case of another lock down. The coverage of some topics would be affected in the case of students working remotely - this will be continually reviewed and guidance taken from the PSHE Association.

Topics covered are indicated below:

Year 7	Term 1 - getting to know me (including internet safety and mental health) Term 2 - friendships and bullying Term 3 - RSE Term 4 - healthy lifestyles Term 5 - revision and exams (including mental health) Term 6 - smoking and money management
Year 8	Term 1 - mental health Term 2 - body image Term 3 - gender and equality Term 4 - RSE Term 5 - cultural identity Term 6 - finance
Year 9	Term 1 - mental health Term 2 - careers/internet safety Term 3 - drugs and alcohol Term 4 - RSE Term 5 - RSE (including school nurse session) Term 6 - respect and community
Year 10	Term 1 - mental health Term 2 - careers/alcohol Term 3 - drugs/drugs (including CPR) Term 4 - gender and equality Term 5 - RSE Term 6 - finance/crime



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Year 11	Session 1: mental health (stress and exams) Session 2: testicular cancer Session 3: culture and community
Sixth Form	<p>PSHE content is delivered through assemblies (including guest speakers), tutor sessions and the Future Horizons Programme which runs in parallel. Content includes mental health and wellbeing, healthy lifestyles, relationships, careers and employability, finance. We will be subscribing to netsixthform.co.uk for PSHE resources this academic year.</p> <p>Lower Sixth Term 1 - Year 11 to Lower Sixth Transition, including online safety Term 2 - Mental health Term 3 - Teenage age cancer, male and female-specific cancer risks Term 4 - Exam preparation - self-management and study skills Term 5 - Drugs & alcohol Term 6 - Healthy relationships</p> <p>Upper Sixth Term 1 - Lower to Upper Sixth Transition, including online safety Term 2 - Mental health Term 3 - Finance Term 4 - Preparing for leaving school Term 5 - Coping with exams</p>

September 2020