



BEECHEN CLIFF

2021/22

## PSHE Statement of Provision

The PSHE programme is taught through timetabled lessons in Years 7-10, and through collapsed timetable and tutor sessions in Year 11 and the Sixth Form. In addition, weekly Theme of the Week sessions are delivered by tutors; assemblies and whole school events (including guest speakers and national and international awareness days) also contribute to the extensive programme, which goes beyond meeting the statutory requirements. [[see PSHE Audit](#)]

The programme is developed by qualified PSHE teachers (National PSHE CPD Programme Level 6) who regularly engage with CPD. Staff delivering the programme are provided with guidance, training materials and teaching resources in order to ensure they are equipped with required subject knowledge and pedagogical skills.

As a school we work with our school nurse, and organisations such as Stonewall, Boys in Mind (Girls Mind Too), It's in the Bag, Off the Record, Solution Revolution and Project 28 to provide high quality and up to date coverage of topics such as healthy lifestyles (including mental health, drugs and alcohol), sex and relationships [[see separate policy](#)], equality and finance. Aspects of the careers programme are delivered through PSHE lessons. We also use data generated from SHEU surveys every two years - this enables us to identify areas that our students are progressing well in, and areas which need development. From September 2021 students will be assessed in PSHE each term to inform progress and future planning.

Our student Equalities Team, led by our Upper Sixth Senior Equalities Prefect, not only shape the school's Equalities work as a whole [[see Equalities section](#)], but compliment the PSHE programme. The whole school mental health work [[see Mental Health section](#)] has been developed alongside the PSHE programme.

We adapt our PSHE programme to provide students with knowledge and skills to help navigate their current situations - the PSHE programme was adapted in light of the Covid pandemic in order to support students' wellbeing on their return to school and during lock down(s): all



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students cover mental health (in relation to the pandemic) on their return to school in September 2020.

Topics covered are indicated below:

Year 7	Term 1 - Getting to know me (including internet safety and mental health) Term 2 - RSE Term 3 - Friendships and bullying Term 4 - Healthy lifestyles Term 5 - Revision and exams (including mental health) Term 6 - Smoking and money management
Year 8	Term 1 - Body image and healthy lifestyle Term 2 - RSE Term 3 - Gender and equality Term 4 - Mental health Term 5 - Cultural identity and british values Term 6 - Finance
Year 9	Term 1- Drugs and alcohol Term 2 - RSE Term 3 - Mental Health Term 4 - Careers/internet safety Term 5 - RSE (including school nurse session) Term 6 - Respect and community
Year 10	Term 1 - Careers/alcohol Term 2 - RSE Term 3 - Drugs/first aid (including CPR) Term 4 - Gender and equality Term 5 - Mental health Term 6 - Finance/crime
Year 11	Session 1: Mental health (stress and exams) Session 2: Testicular cancer and RSE Session 3: Culture and community
Sixth Form	PSHE content is delivered through assemblies (including guest speakers), tutor sessions and the Future Horizons Programme which runs in parallel.



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	<p>Content includes mental health and wellbeing, healthy lifestyles, relationships, careers and employability, finance - some themes are repeated throughout the year. We will be subscribing to <a href="http://netsixthform.co.uk">netsixthform.co.uk</a> for PSHE resources this academic year.</p> <p><b>Lower Sixth</b></p> <p>Term 1 - Year 11 to Lower Sixth Transition, Pledge of Respect, careers, volunteering, anti racism, sexual harassment and violence</p> <p>Term 2 - Mental health, age equality, teenage cancer, remembrance</p> <p>Term 3 - study skills, careers and apprenticeships, disability equality, leadership, consent</p> <p>Term 4 - university, International Women's Day, drugs and alcohol, social communication</p> <p>Term 5 - charity and community, mental health and exam stress, black lives matter, homophobia, transphobia and biphobia</p> <p>Term 6 - climate change, diversity and Pride month, sex and relationships, mental health</p> <p><b>Upper Sixth</b></p> <p>Term 1 - Lower to Upper Sixth Transition, including online safety</p> <p>Term 2 - Mental health</p> <p>Term 3 - Finance</p> <p>Term 4 - Preparing for leaving school</p> <p>Term 5 - Coping with exams</p>
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September 2021