



## BEECHEN CLIFF

10th June 2021

### Message from the Headmaster

Dear Parents and Carers

It is a very busy period of examinations for the boys in Lower School and I have been impressed by the diligence shown by pupils in preparing for the assessments. My predecessor might well have described the atmosphere in classrooms as 'scholarly' although such a term might not be recognised as widely in our modern era. Hopefully the reward for the hard work will be the positive recognition by their teachers of their commitment to make themselves and their parents proud; something to be reflected in the reports which will follow soon this term

Mr A Davies  
Headmaster

### Calendar

#### Monday 14th June

Year 9 Exams week

#### Tuesday 15th June

Year 8 - HPV vaccinations

#### Monday 21st June

Year 10 and L6th Exams week

#### Saturday 26th June

CATS for incoming Year 7 pupils (TBC)

#### Monday 28th June

\*\*\*INSET Day\*\*\*

New Parents Evening (TBC)

#### Thursday 1st July

New Year 7 Intake Day (TBC)

#### Friday 9th-10th July

CCF Exercise First Chance, Monkton

#### Friday 16th–19th July

CCF Exercise Summer Breeze, Brecon Beacons

#### Monday 19th July -Friday 23rd July

Activities Week - All pupils

#### Friday 23rd July

End of Term

#### Monday 6th September

Start of the Autumn Term for all pupils

### LOST PROPERTY

We have a large amount of un-named lost property which needs to be claimed.



If your son has lost an item of uniform or sports kit please encourage him to visit the school nurse during break or the lunch period to see if their item is there.

Any items not collected by the end of term will be disposed of.

Please can we remind parents to ensure that all uniform is named to enable any mislaid items to be returned to owner.

### REPORTING PUPIL ABSENCES

It is important that **all absences** from School, including late arrivals and medical appointments should be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

#### Lower School Pupils

To report a Lower School absence please call the Attendance Office direct on **01225 485222**, or you can email [attendance@beechencliff.org.uk](mailto:attendance@beechencliff.org.uk)

#### Sixth Form Students

For a Sixth Form student absence please contact Mrs Jones on **01225 485221** or you can email [sixthattendance@beechencliff.org.uk](mailto:sixthattendance@beechencliff.org.uk)

## SECOND HAND UNIFORM DONATIONS

All uniform items would be gratefully received!!

Now we are in the last term of this academic year, can we ask you to bring in any uniform donations to the School as soon as you are able. Thank you

Please can donated items of uniform be put in a plastic bag and dropped off in the blue flip top bin inside the main entrance. This can be done on any day (and the sooner the better for sales!).

This is a clearly labelled bin especially for Second Hand Uniform PTA. located just inside the first foyer, so you do not need to go to reception

Thank you to all parents for keeping uniform supplies coming in, we are very grateful. To date we have raised approximately: **£3730** to go towards school

Any queries about Second Hand Uniform please contact: Lesley Leming [jesterlb@btinternet.com](mailto:jesterlb@btinternet.com)

## House Results

	House	Points
1st	Shakespeare	1065
2nd	Byron	1016
3rd	Kipling	993
4th	Milton	926
5th	Chaucer	872

## Tutor Winners

Year	Tutor	Average Points
Yr7	SH7a	9.9
Yr8	SH8b	11.1
Yr9	BY9a	7.4
Yr10	ML10a	8.1
Yr11	ML11a	0.8

## MENU for w/c 14th June

**Monday:** Spiced Chicken with chickpeas, Sweet potato and pepper curry

**Tuesday:** Beef pepper and tomato casserole, Roasted Vegetable trap

**Wednesday:** Hoisin and soy pork with Bean sprouts, Potato cheddar and red onion frittata

**Thursday:** Chicken Tikka wrap with minted yogurt, Goat cheese, potato and onion pasty

**Friday:** Beef Burger, Veggie Bean Burger

Mr D Keal  
Chef

## FUTURE BRIGHT



The Future Bright project is part of Bath & North East Somerset Council and offers FREE careers coaching, training and support for adults who are on lower wages.

We work with residents to help them upskill, develop their careers and increase wages. Future Bright Future Bright offers FREE careers coaching, training and support to help residents move forwards with their careers and increase their pay. You can access the service if:

- ◇ You are aged 18 and over
- ◇ You're in paid work (this includes zero hours contracts and self-employment) and claim a benefit/tax credit
- ◇ Or you are earning less than £9.50 an hour
- ◇ You live in Bath & North East Somerset, South Glos or Bristol

Go to [www.futurebright.org.uk](http://www.futurebright.org.uk) to find out more and get in touch or call 01225 395555.

Catherine Anderson

Administration, Future Bright  
Bath and North East Somerset  
[catherine\\_anderson@bathnes.gov.uk](mailto:catherine_anderson@bathnes.gov.uk)  
[www.bathnes.gov.uk](http://www.bathnes.gov.uk)  
[www.twitter.com/bathnes](https://www.twitter.com/bathnes)

## Homework

Dear Parents/Carers,

Now that we have all had some time to adjust to the switch from Show My Homework to Google Classroom for the setting of homework, I wanted to write with a few updates and responses to some feedback we have received from parents. On the whole, pupils have adjusted very well to using Google Classroom to access their homework, but there are a few things which may aid them further with their organisation and the use of Google Classroom:

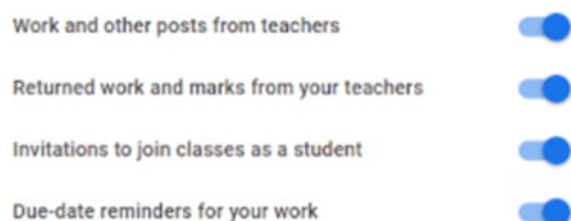
### 1. Use the 'To-do list' function

While the homepage of Google Classroom is helpful for seeing homework that is due in that week, we have noticed that if the work is set more than a week in advance of the deadline, it doesn't show up on the homepage tiles until the week it is due in. To help pupils gain an overview of all of the work they have due in and manage their time effectively, we recommend using the 'To do' feature, which organises work that is due in 'This Week', 'Next Week' and 'Later'. This feature shows work that is due across all of pupils' Google Classrooms. The 'To Do' feature can be found in the menu bar on the left hand side, or at the top of the home page:



### 2. Turning on notifications

Google Classroom is set up to send pupils email notifications when new assignments are set, when teachers return their work or when teachers respond to their comments etc. However, some pupils have told us that they are not always receiving these notifications, so it is worth checking the settings on their Google Classroom to check that they have their notifications turned on. This can be done by going to the menu bar at the top left, scrolling down to 'Settings', then toggling email notifications on.



### 3. Managing time

We recommend that pupils do two pieces of homework each evening, Monday to Friday. The 'To do' feature will help pupils to identify which pieces of work are due in soonest, and therefore prioritise their homework. However, we would also recommend that pupils do a quick check of all of their Google Classrooms for the lessons they have the next day when they are packing their school bag. This will help them to avoid missed homeworks, but also to take note of any kit reminders etc. their teachers may have posted on Google Classroom.

### 4. Parent Summaries

We hope that all parents are now receiving email summaries of their child's/children's Google Classrooms. If this is not the case, please email [headmaster@beechencliff.org.uk](mailto:headmaster@beechencliff.org.uk) and ask to be linked to your child's Google Classroom. If you are finding that the weekly summary is not sufficient for supporting your child's homework, you can set up a Gmail account which allows you to change the summaries from weekly to daily. If you wish to do this, please email [headmaster@beechencliff.org.uk](mailto:headmaster@beechencliff.org.uk) with your Gmail email address so that we can link it to your child's Google Classroom.

We recognise that one of the drawbacks of Google Classroom is that it does not allow parents to login in the same way that Show My Homework did. The reason Google cites for this is privacy laws, however we are keen that Google develop a parent login which simply allows parents to view the assignments set, with other pupils' names/ comments not visible. We have already fed this back to Google and requested this feature, but if all of our parents also did this, it may increase the chances of Google developing a parent login. Therefore, if you would find it helpful to have a log in to Google Classroom, please click on the 'Send Feedback' button at the bottom of your email summary and request this feature.

I hope that these tips are helpful in continuing to support our pupils and their parents with their homework.

With very best wishes,

Ms S Sullivan

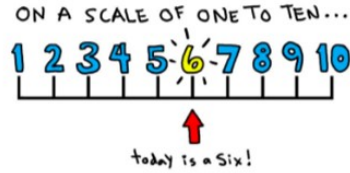
Assistant Headteacher, Teaching and Learning

## Theme of the Week

This week students had a Solution Focused discussion in their tutor groups, reflecting on their holiday and looking forward to the term ahead. Guided by their tutors students discussed the following questions:

1. What did you enjoy about half term?

2. What have you been pleased to notice about yourself recently? What are you doing well?



3. Scaling - if 10 is you on a good day, what number would you put yourself as right now? Why that number? Why not lower?

What number would you like to be tomorrow, or this time next week?

How could you move up to the next number on your scale?

4. What are your hopes for this new term? What goals would you like to set yourself?

What are you looking forward to? How will you know if you have achieved your goals?

Optional - What are your reactions/thoughts about the current Covid restrictions? How do you think you will cope with any upcoming changes? What strengths (that you already have - identified in question 2) could you use to help you?

## Year 7

Before half term you completed your first exam week - congratulations!

Think back - discuss and share your thoughts:

1. How did you feel during exams week?

2. What were you pleased to notice about yourself during that week?

3. What could you do differently next time you do exams?



## Year 8

1. You started your exam week yesterday.

2. Discuss and share your thoughts:

3. How are you feeling about exams week?



4. What are you pleased to notice about yourself - what's going well?

5. What could you do to ensure the rest of this week goes well?

## Years 9 and 10

1. Your exams week is coming up.

2. Discuss and share your thoughts:

3. How are you feeling about exams week?

4. What do you think you will do well?

5. How will you cope with the challenges of exams week? What strengths will help you?

6. What could you do before your exams week to help you be successful?

Why is keeping a balance so important during exam time?



Miss P Netto

PSHE/Mental Health Team



## Mental Health and Wellbeing



### 'Parents/Carers - Helping our children with anxiety'

Over the course of the pandemic, many children have been feeling worried and anxious. Mental health services have seen a significant increase in anxiety, depression and the use of unhelpful coping strategies – for instance, using food, self-harm, tantrums and avoidance of worrying situations - to manage tricky feelings. At school, we have seen a similar trend and are delighted that we are able to provide support in school for those in need. As parents/carers, many of you ask us what you can be doing at home to help your children manage these feelings. This week, we continue to share some really useful videos and tips to help you support your children if they are struggling with this.

### Talk to them about it

"Do not underestimate the importance of helping your child to name their feelings. If they can't name them, they're then unable to understand them and work through them. Talking about why they feel worried will not increase their worry, it will free them up, help them feel they are not alone and open up space to talk about different ways to manage it, and different things they can do that will help." Using a solution-focused approach, ask your child to think about a time when they have managed to cope with their worries, and what helped? When young people can identify and notice their strengths and resources to help them through times of difficulty, they are far more likely to try to use these again. - for instance - meeting friends to walk to school together to reduce their anxiety about the say ahead.

### Celebrate their successes

"It is easy to focus on the losses and stresses of the last year, but all children and young people have shown remarkable resilience, strength and determination during the pandemic. The impact has been profound, even for those who seem to have sailed through the ever-changing rules about what they can do, who they can see, how they learn and how and where school

"With all children it is important to acknowledge and congratulate them. They've adapted, coped and got through the last tumultuous year. Celebrating this with them will help them to shift their focus onto their abilities and to feel proud of their successes. This, in turn enables them to build their self-esteem and to feel stronger." Asking your child what they have been most pleased to notice about themselves as they have coped with lockdown, will generate a really positive conversation and help them to notice their strengths and newfound resources/coping strategies..

### Distraction

"Have you ever noticed that when you're distracted or fully engaged in an activity or conversation, you worry less - or don't even notice worries? This is because worries need attention to grow and when we are distracted, our mind isn't free enough to give the worries attention, and so they reduce. It doesn't matter what the distraction is: board games, walks, TV, watching a film together, ball games, time with friends, cooking and baking...anything that occupies the mind."

The following films each feature a technique that you can share with your child - to help control anxious thoughts:

[How to tackle anxiety: Challenge your thoughts](#)

[How to tackle anxiety: The school bus](#)

[How to tackle anxiety: Just say STOP!](#)

The Mental Health Team

### BOOKING SUMMER HOLIDAY OR DAYS OUT ONLINE??



Please remember to go through the GIVE AS YOU LIVE (GAYL) website to check if the travel/hotel booking companies you are using have signed up. i.e. Booking.com are giving good rewards back to charities.

Your ongoing online purchases really help Beechen Cliff PTA to support the school and our children.

To sign up if not already done so please use link below, it is straight forward. Thank you.



<http://www.giveasyoulive.com/join/>

## Combined Cadet Force

The CCF were delighted to have their first trip full of activities in Exercise Covid Escape at RNAS Merryfield at the weekend. A fantastic time was had by all with Section attacks, pairs fire manoeuvre, observation, camouflage and concealment to name a few of the exciting activities as shown. We are also very excited about our forthcoming trips namely:

9th - 10th July Exercise First Chance, Monkton

16th - 19th July Exercise Summer Breeze, Brecon Beacons

### Interested in joining the CCF?

We will be looking for new recruits from the current Year 8s to join in September. This has been delayed from this term, due to the restrictions on training COVID has had on our current cohort, who have still need more training before we can take on anyone else.

Details about how to join and what is involved will be published in the coming weeks. However, there is a lot of information on the School website already. If you require any further information in the meantime, please do not hesitate to contact Captain Greenhough on [cgreenhough@beechencliff.org.uk](mailto:cgreenhough@beechencliff.org.uk)

Captain Greenhalgh

CCF



## Sports Fixtures w/c Monday 14th June

Please find here the details of next week's fixtures, correct at the time of publication.

However please refer to the School Sports Fixtures at <http://www.schoolsports.com/school/default.asp?id=374> for the most up to date information.

Day	Fixture	Start time/kick off	Meet time	Transport	Finish/Return time
Monday					
Tuesday 15th June	U14a&b cricket v Kingswood (a)	14:30	13:45	MB x 2	17:30
	U12a cricket v Kings Hall (a)	14:00	12:15	MB	17:45
	Year 10 cricket moderation @ Glasshouse	12:30	12:00	MB drop	15:30
Wednesday 16th June	U12a&b cricket v Dauntsey's (a)	14:00	12:15	Coach 12:30	18:00
	U12 & U14 tennis v Colstons (a)	15:00	13:45	MB	18:00
	U14a cricket v St Katherine's (Lodway CC)	13:00	11:30	MB	17:00
Thursday 17th June	1st XI cricket v Dauntsey's (a)	14:00	12:00	MB	20:00
	U14 tennis v Clifton College (h)	14:30	14:00	n/a	17:15
	Primary School Cricket tournament @ Sulis Club (L6th Level 3 students)	09:45	09:00	MB drop, make own way home	15:30
Friday 18th June	U13a cricket v Monkton Prep (a)	14:00	13:30	MB drop (pupils to make own way home)	17:00
	U6th hockey v KES (a)	16:30	16:00	n/a	17:30