



12th May 2022

Message from the Headteacher

Dear Parents and Carers,

I would like to congratulate our Ten Tors teams who completed the event on Dartmoor last week. This is a fantastic achievement and I really hope they enjoyed the event and the celebratory atmosphere as they crossed the finish line. I would also like to thank all the staff who gave up their time to organise the training and support the event itself.



Lower Sixth summer exams have been taking place this week and I hope it has been a useful process. Following the exams there will be opportunity to reflect on strengths and areas for development and how best to prepare for the Upper Sixth.

GCSE exams begin next week after what seems to have been a very long build up. I wish our pupils all the very best for these after many months of hard work. Teachers will continue to support right through the exam period.

Year 7 pupils will also be taking summer exams for the first time next week and Miss Sullivan will be meeting with them to remind them of the arrangements during assembly this Friday.

On another note, I would also like to remind parents about the importance of talking to their children about the safe and appropriate use of social media. We regularly teach about this in school but it is a difficult area for young people to navigate and your support is really appreciated.

A separate information sheet on this is included with the newsletter.

T. D. Markall

Tim Markall
Headteacher

Calendar

Monday 16th May

GCSE Examinations begin

Friday 20th—Sunday 22nd May

DofE Silver practice expedition

Monday 23rd May

A Level Examinations begin

Wednesday 25th May

CCF Taster Day for current Year 8s

Year 11 Graduation Event (after English Exam)

Thursday 26th May

Year 9 ESFA Football final

Friday 27th May

End of Spring Term

Friday 27th—29th May

CCF Skill at Arms Training and Range Day

Advance Notice

w/c **Monday 18th July**

Activities week

Year 10 and Lower Sixth Work Experience

9th—14th May

Mental Health Awareness Week

17th May International Day against

Homophobia, Transphobia, and Biphobia

Key Notices

REPORTING PUPIL ABSENCES

It is important that **all absences** from School, including late arrivals and medical appointments be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

Lower School Pupils

To report a Lower School absence please call the School direct on **01225 480466**, and select **Option 1** or you can email the lower school attendance at attendance@beechencliff.org.uk.

Sixth Form Students

For a Sixth Form student absence please call the School direct on **01225 480466** and select **Option 2** or you can email 6th Form attendance at sixthattendance@beechencliff.org.uk

Menu for Week Commencing 16th May

Monday: Beef and smoked bacon casserole, Veggie Moussaka (W,D)

Tuesday: Madera Chicken, Lentil and Kale curry

Wednesday: Roast Pork, Roasted Vegetable and Feta Tart (W,D)

Thursday: Spicy tomato and pepper pasta (W) Cheddar and Tomato Quiche (W,D)

Friday: BBQ Chicken Bap (W), Cauliflower cheese Burger (W,D)

Dan Keal
Chef

(W) = Contains Wheat
(D) = Contains Dairy

As of 18th May pupils in Years 11 and 13 will not be allowed to go overdrawn, so please can their accounts be topped up at all times. You are able to get a refund if you have any credit left on your accounts.

LIBRARY - Closed for public examinations

At Beechen Cliff we are committed to creating the very best possible environment for every student who is taking a public examination. It is always a challenge in a busy, large school to find sufficient, quiet rooms to support our most vulnerable students and those who have additional needs such as laptops, or scribes. Each year we repurpose our Library for the period of summer public exams as our Small Exam Centre.

A Reading Room will be provided before school, at break, lunch and after school instead in our Recital Room which can be found on the ground floor of the Music Block. All Reading lessons will move here for the duration and the Librarian will be on hand with a supply of books, regularly replenished and will take orders for boys who need a specific new book.

Thanks to all students, parents and staff for all your support as we strive to support every single candidate to fulfill their potential during public exams.

Kate Davison
Examinations Officer

Notice to Sixth Form Students

A reminder that there is no parking on site for Sixth Form students.

Catherine Capsey
Operations Manager and Head's PA

School Contacts

Contact details for senior members of staff are available on the contact page of the school website.

[Contacts Link](#)

If you wish to get in touch or have a concern please contact the relevant member of staff or your son's tutor. Alternatively please email headteacher@beechencliff.org.uk and the message will be passed on to the appropriate person to respond.

Extra Curricular

CITY SCHOOLS UNITE FOR BATH FESTIVAL Schools Voices 110-strong choir creates original songs



Bath's secondary schools have united to create a unique choir of young people who are creating and performing their own songs for The Bath Festival in May.

The choir, Schools Voices, is made up of 110 young people from 11 of Bath's secondary schools. They have been creating and rehearsing with Bath Philharmonia's Creative Learning team of musicians and singers to put on two live performances, at St Swithin's Church, Walcot, on Friday 13 May as part of Party in the City, and on Thursday 19 May at The Forum as part of the Concert for the People of Bath.

The Schools Voices project was set up as a collaboration of Bath Festivals' Creative Learning programme, teachers from both State and independent schools in Bath and North East Somerset and the Creative Learning team at Bath Philharmonia. The 11 schools taking part are: Beechen Cliff School, Hayesfield School, King Edward's School, Kingswood School, Monkton Combe School, Oldfield School, Ralph Allen School, Royal High School, St Gregory's Catholic College, St Marks School and Three Ways School.



We wish all the pupils taking part all the best for the event.

Sixth Form Prom


BEECHEN CLIFF
UPPER SIXTH
SIXTH FORM PROM
THURSDAY 30TH JUNE 2022
FROM 7PM-11PM
BATH HILTON

2 COURSE MEAL
AWARDS
BAR
DJ
£39

SPORTS

Sports Extra Curricular Clubs

For information on after school clubs, please see the [Extra Curricular page on our website](#). This is up to date but please be aware that sometimes there are changes due to unforeseen circumstances. We will notify pupils via google classroom or via the Duty Boys in the event of any cancellation/ changes.

Sports Class on Google Classrooms/ Sports Fixtures website

Each year group now has a Sports Class on Google Classrooms where details of fixtures and notices will be given. Please encourage your son to check this regularly for information.

You can also find fixtures information and team sheets on our [Sports Fixtures website](#)

Team selection

With so many of our boys engaged and interested in the sports offering at Beechen Cliff, we endeavour to give them all a chance to be a part of the teams. This does mean that not all boys will be selected each week in the interests of being fair and giving a chance to all that wish to compete for the school.

Extra Curricular Sports kit

If your son is involved with our extra-curricular activities and therefore additional kit would be helpful, we do have an online shop with Kukri. This kit is not compulsory and does not replace your son's curriculum kit but is available for after school clubs and fixtures. Kit options include tracksuit bottoms, shorts, training t-shirts and additional mid layers. [Kukri- Beechen Cliff](#)

Pat Macdonald

Head of Shakespeare/PE

If your son is absent on the day of his fixture, please can we politely ask that when you contact Attendance to report the absence, you also advise the sports team sport@beechencliff.org.uk as soon as possible to enable an alternative player to be found.

Fixtures

Please find here the details of next week's fixtures, correct at the time of publication.

However please refer to the School Sports Fixtures at the [Sports Fixture website](#) for the most up to date information.

Day	Fixture	Meet time	Start time/ kick off	Finish/Return time	Transport
Monday 16th May	U13a,b & c cricket v Dauntseys (a)	13:00	14:30	18:00	Coach- 13:15
	1st XI cricket v Monkton (a)	13:00	14:00	17:30	MB
	U14 football v Chew Valley (Odd Down)	14:45	15:30	16:45	MB
	U15 tennis v KES (h)	14:00	14:30	16:45	n/a
Tuesday 17th May	U15a&b cricket v QEH (a)	12:30	14:00	18:00	2 x MB
	U12 tennis v KES (a)	15:20	16:00	18:15	9 seater
	U14a&b cricket v KW (a)	14:00	14:45	17:45	1 MB
Wednesday 18th May	U13b cricket v Monkton Prep (a)	13:45	14:30	17:30	MB
	U14 cricket v Trinity (Lansdown)	13:15	14:00	17:15	MB
Thursday 19th May	1st XI cricket v Prior (a)	12:30	14:00	17:30	MB
	U12 & U14 tennis v QEH (h)	14:00	14:30	17:15	n/a
	U13a cricket v Millfield Prep (a)	12:20	14:00	17:30	MB
	U13 & U15 tennis v Prior (a)	15:20	16:15	18:30	MB
Friday 20th May	Play Your Way to Wimbledon (year 9)	8:50	9:00	12:15	n/a

CONGRATULATIONS BEECHEN CLIFF ALUMNI ORLANDO BAILEY!



BAILEY NOMINATED FOR RPA'S MVP FOR APRIL

Orlando Bailey has been nominated for the RPA's April MVP as part of the association's brand-new campaign called '15 Under 23'.

The campaign has been introduced to highlight young players who stand out each month in the Gallagher Premiership.

Having started in October 2021, the RPA have been nominating six players every month aged 23 and under who have shone for their side in all competitions and will culminate in creating the ultimate Under-23 XV of the Season.

Fans will then get the chance to vote for their most valuable player (MVP) of the month in a week-long vote via the RPA's official website.

The winners and all nominees will be put on the RPA shortlist for the final "15 Under 23" which will be selected by the RPA's Players Board 2021/22 this month.

Orlando has been shortlisted alongside Henry Arundell (London Irish), Jamie Blamire (Newcastle Falcons), Andy Christie (Saracens), Harri Doel (Worcester Warriors) and Jacob Umaga (Wasps).

The 20-year-old Bath fly half has been one of the standout players for Bath, playing in all four games in April. Having already been nominated for Bath Rugby's 2021/22 Supporters' player of the season, this nomination for the RPA's April MVP is another example of how Bailey's impact at the club has been recognised.

With team-mate Max Ojomoh having already received the RPA's October MVP award, you can now vote for Orlando on the RPA website. Voting closes on Friday 6 May with the winner announced Monday 9.



VOTE
FOR
ORLANDO

CONGRATULATIONS
BEECHEN CLIFF ALUMNI
ARTEMIS WEBSTER!



We are delighted to celebrate the amazing achievements of our ex-student Arty Webster, who was a student in our Sixth Form from 2016-2019. She has been awarded the Undergraduate of the Year Award for Excellence through Adversity, and has now been offered a prestigious internship with Rolls Royce (as well as an Apple iWatch!). Arty faced enormous challenges as a teenager whilst still trying to achieve academic success but hit so many obstacles along the way but she never gave up. As a proud care leaver, Arty wants to break down the stigma surrounding estranged students at university. We are enormously proud to have been able to support her through these tough times and are enormously proud that her strength of character has been rewarded at the elaborate ceremony in London last week, where celebrity guest, Sue Perkins, presented her as the overall winner against a huge number of worthy fellow nominees. Arty has kindly shared some words of advice with us for all students who may face challenging times, which are so important to hear.

Well done Arty from your Beechen Cliff family.

Finalists:

- Jacques Burgess | University of Manchester | Aerospace Engineering
- Murtada Dafalla | University of Leeds | Mechanical Engineering
- George Diamantopoulos | University of Brighton | Mechanical Engineering
- Muskan Gupta | University of Bristol | International Business Management and French
- Fiza Khan | The University of Law | Law
- Chidera Okoli | University of Birmingham | Mechanical Engineering
- Natasha Pickard | University of Leeds | Financial Mathematics
- Sam Rhodes | University of Sheffield | Robotic and Mechatronic Engineering
- Jess Robinson | University of Nottingham | Mechanical Engineering
- Paris Stott | London School of Economics and Political Science | Accounting and Finance
- Artemis Webster | Queen Mary University of London | Chemistry



A Message from Arty to students at Beechen Cliff School and Sixth Form

"At Beechen, I was able to take an extra year to complete my A levels which gave me the time I needed to focus on my education. I was lucky enough to be supported by the sixth form staff in all areas of my life and having that help gave me the resources I needed to do my best. They made me feel like I was capable of achieving my goals and the confidence this gave me has stayed with me since.

One of the most important things I've learnt is to believe in yourself, even when things don't go to plan. It's ok for that to happen, as long as you don't let it define you. You are worth so much more than your grades or your performance.

Overcoming my own challenges and obstacles has been really difficult at times, but it has given me confidence to try again and succeed!

In my opinion, the smallest things like getting out of bed in the morning and making the most of each day have been my version of excellence through the hardest of times.

Don't put too much pressure on yourself and do what feels right for you."

Theme of the Week

This weeks TOTW is looking at stress. With all the up-coming exams it is important that students are aware of stress levels, how to manage stress and be able to talk to their tutors about how they are feeling.

How can you use stress effectively without letting it become a problem?

https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend?language=en (from 3.12)

What are the positive and negative effects of stress? What practical tips are suggested in the talk?

WHAT IS STRESS?

Lots of people use the term stress, but what does it actually mean? The Royal College of Psychiatrists refers to stress as situations or events that leave you feeling under pressure, worried, upset, sad, angry or with a mixture of similar feelings. Students may complain of stress when, for example:

- work 'piles up'
- preparing for examinations
- being teased or bullied
- there is a problem with a teacher
- they argue with parents, family or close friends.

Is stress bad for you?

When examining stress levels it is a little like the situation in the fairy tale 'Goldilocks and the three bears': Goldilocks found that only one chair, one breakfast and one bed was just right for her. In the case of stress levels:

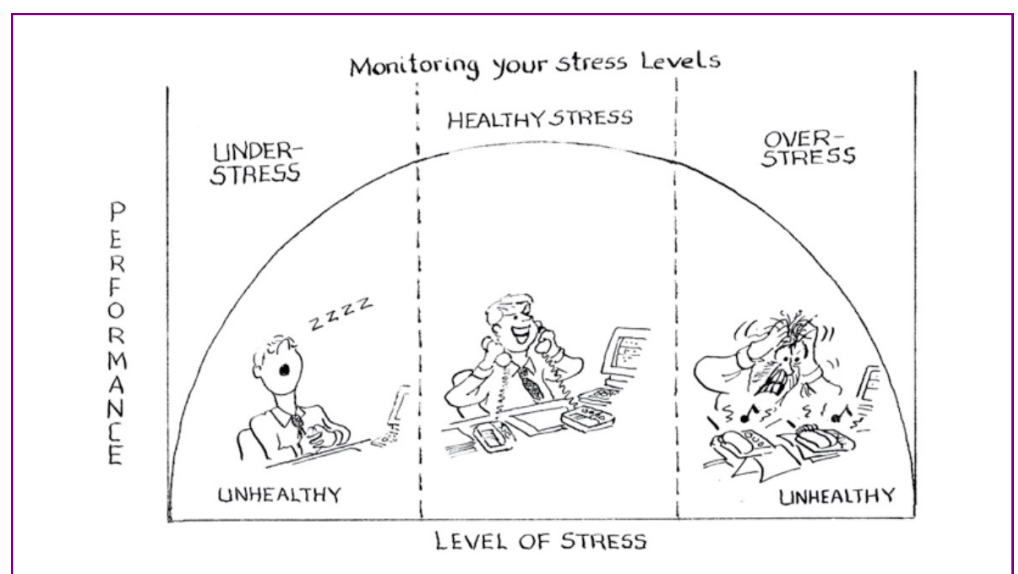
TOO LITTLE. Too little stress is not good for you. This might mean that you are not really getting involved with life, avoiding all pressure (called understress).

TOO MUCH. Too much stress is not good for you. It will stop you performing well and might make you ill (called overstress).

JUST RIGHT. Some stress can be good for you. Sometimes we need a little bit of pressure to motivate us to do things that we have been avoiding, or to increase our performance.

Mrs A Wilmot

Head of PSHE



Beechen Cliff PTA has joined Amazon Smile



Shop at smile.amazon.co.uk and they will donate to Beechen Cliff PTA, at no cost to you.

If you are not already an AmazonSmile member, simply sign up at smile.amazon.com and select your favourite charity to start generating donations.

How to turn on AmazonSmile on your mobile phone or tablet

Open the Amazon app and find 'Settings' in the main menu (☰).

Scroll down and tap on 'AmazonSmile' and follow the on-screen instructions to turn on AmazonSmile on your device. Search for "Beechen Cliff School Parent Teacher Association" and then press select and confirm.

Every time you check out Amazon will donate 0.5% of the price of your eligible purchases.

ANNOUNCEMENT

Marina and Lesley, Co-Chairs of the PTA at Beechen Cliff, are standing down at the next AGM in November 2022. We encourage you as parents/carers to consider taking over this role and joining a team of other volunteer parents who are helping to run the school charity. It has been a fun 3 years for us and has been great to be involved with the many varied projects at the school.

Please express your interest in the post/posts to:

secondhanduniformbc@gmail.com.

It would be lovely to carry on these good works that go on at the school. Hopefully the PTA can be kept going and be carried forward.

Beechen Cliff Staff Vacancies



BEECHEN CLIFF

Teacher of Religion, Philosophy and Ethics - <https://www.tes.com/jobs/vacancy/teacher-of-religion-philosophy-and-ethics-bath-and-north-east-somerset-1631312>

Mental Health and Wellbeing

'Loneliness'



As we enter Mental Health Awareness week 2022, we are very mindful of the Mental Health Foundation's annual focus on 'Loneliness'; especially in young people. Many people assume wrongly that loneliness affects only the elderly. During the pandemic, we have seen so many young people reporting that they feel lonely.

Finding our connections to ourselves, others, and the world around us, is fundamental to protecting our mental health and reducing feelings of loneliness.

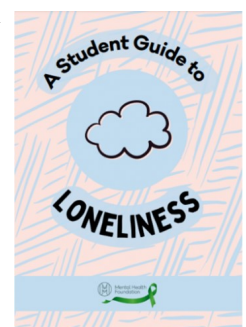
Loneliness is when we feel we do not have the meaningful relationships we want around us. It's something we can all experience from time to time, throughout our lives, and will be different for everyone.

A [YouGov poll \(2019\)](#) of 13-19-year-olds found 69% said they felt alone "often" or "sometimes" in the last fortnight and 59% feel like they "often" or "sometimes have no one to talk to".

It's important to support young people in recognising when they are feeling lonely, understanding their thoughts and feelings, and identifying the supportive connections they have.

"Usually, when I feel lonely I want to reach out to people. It doesn't have to be an actual conversation, it can be just sending a funny meme to a friend or go and do something that makes me feel better, like playing a game. And when my friends feel lonely I make sure to reassure them and let them know how much their company is appreciated." Peer Educator - Peer Education Project.

A Student Guide to Loneliness, by the Mental Health Foundation, is excellent and is aimed at students aged 16+, it explores loneliness and the links to mental health and provides tips for students together with ideas of how to get involved and raise awareness in communities, at school, college or university. Click on the image.



Loneliness is the negative feeling we have when the relationships and connections we have with others are not what we want.

Loneliness is something that most of us will feel at some point in our lives, but there are certain factors that put some at a higher risk of loneliness than others.

Full-time students are among those at higher risk of feeling lonely, during the pandemic, 26% of students reported feeling lonely often or always, compared with 8% of the adult population. And although that figure decreased as restrictions eased (22%), it still remained much higher than loneliness levels in adults (6%).¹ Even before the pandemic, 88% of Britons aged from 18 to 24 said they experience loneliness to some degree, with 24% experiencing often and 7% saying they are lonely all of the time.

By highlighting loneliness and its impact on mental health, we hope to reduce stigma and support more people who are lonely; or at risk of loneliness."

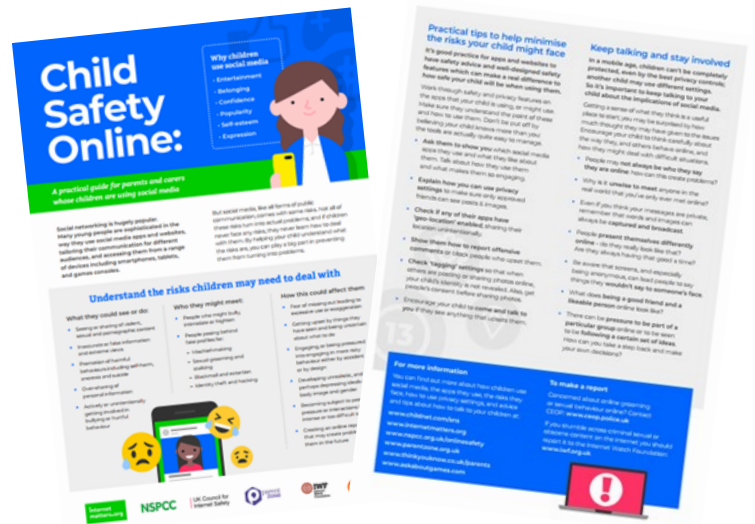
"It's a bit poetic or ironic, but I hope people bonding over loneliness will bring people together" MHF Young Leader

As always, if you feel that you feel your child is struggling with their mental wellbeing, please do get in touch with your tutor or a member of the Pastoral Team.

The Mental Wellbeing Team

Child Safety Online: A practical guide for parents

Please find publish on the School website alongside this newsletter an informative guide for parents and carers whose children are using social media.



Supportive Training Workshops

I am delighted to advise you that we now have virtual dates for the highly regarded Adult Family and Friends Supportive Training Workshops offering, insights, a supportive space and safe and straightforward approaches for helping the young people in their world that are struggling with their relationship with food and eating, or are at risk of, or engaging in other forms of self harm.

'Food for Thought' - Monday 4th July - 9.45 - 2.45 - £30 pp

'From Self Harm to Self Help' - Tuesday 5th July - 9.45 - 2.45 - £30pp

You can see examples of feedback from these workshops on the flyers and also on our website www.summer-house.org.

While help can be given with cost on request, these workshops are already discounted as an introductory offer; therefore if schools can help the parent or other family member with cost if needed, that would be very helpful for us as a non profit organisation. Thank you.

If you have any queries about these workshops, would just like to have an informal chat about them, or would like to make a booking, please just get in touch on the details below.

Kind Regards



Penny Logsdail

Director

SUMMERHOUSE SERVICES

'Supporting Brighter Futures'

154 Crossway. Plymouth. PL7 4JA

T. 07869173154

E. summerhouse.services@gmail.com

U. www.xummer-house.org

E. <https://www.facebook.com/supportingbrighterfutures>



Homestay Families Required

Hayesfield

GIRLS' | MIXED
SCHOOL | SIXTH



Homestay Families Required

Do you have a spare room?

We are looking for caring and welcoming families to host Norwegian Sixth Form students for the whole duration of the Autumn Term 2022 (including Half Term).

The male and female students are looking for individual accommodation in Bath, within walking distance or a short bus ride to our school, whilst they study here to experience British culture and improve their English.

We ask host to provide a home from home environment, daily home cooked meals, a bedroom with a study area and en-suite, if possible.

Generous living expenses allowance of £220 per week to provide for all their needs. Hosting to subject to a home visit and DBS checks.

If you would like to register your interest, please email
international@hayesfield.com

Community Links



HOSTS REQUIRED IN BATH FOR JULY

Receive **£185** per week hosting our
international students

TO HOST STUDENTS AGED 12 - 17
IN SINGLE OR TWIN ROOMS

HALF BOARD (WEEKDAY LUNCHES PROVIDED BY THE SCHOOL)

Please contact Sarah for more details
sarah.wringer@kaplan.com

Kaplan International Bath
5 Trim Street, Bath, BA1 1HB

KAPLAN INTERNATIONAL
LANGUAGES



Expert. Fee Free. Mortgage Advice.

We've teamed up with Beechen Cliff School to offer all those connected to the school, an expert, fee free mortgage service, taking away the hassle when getting a new mortgage. We will also pay £50 Cashback to Beechen Cliff for every person that takes a new mortgage out with Lucra Mortgages. You Just need to quote 'Beechen Cliff.'

01225 970 830

hello@lucramortgages.co.uk

www.lucramortgages.co.uk

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

Marsh Fest

Battle of the Bands

SAT 10TH SEPT 2022

MARSHFIELD CRICKET CLUB - SN14 8AB

BAND APPLICATIONS NOW OPEN

£300 OF MUSIC EQUIPMENT VOUCHERS PLAY SET ON MAIN FESTIVAL STAGE

SUBMIT DEMOS BY FRIDAY 10 JUNE 2022

FINALISTS ANNOUNCED 01 JULY 2022

EMAIL BOB@MARSHFEST.CO.UK FOR APPLICATION

FIND OUT MORE:-

[HTTPS://MARSHFEST.CO.UK](https://marshfest.co.uk)

[HTTPS://FACEBOOK.COM/MARSHFIELDFEST](https://facebook.com/marshfieldfest)

OPEN TO AGES 18 AND BELOW

ORIGINAL AND COVERS WELCOME

BANDS AND SOLO ACTS CAN APPLY



Badminton group coaching

Professional group
badminton coaching at
Culverhay Leisure Centre
Bath on Thursdays and
Saturdays

Register online with a
two week free pass!

SEE YOU SOON!

REGISTER AT
AVON.COMMUNITYBADMINTON.ORG

**NEXT
GEN**

This video gives a good taster of our festival last year... <https://vimeo.com/608885143>.

This year we are running a battle of the bands competition for schools to give young musicians a chance to perform live at an outdoor event. We are welcoming entrants from across all the local schools and colleges. More details are located on our website, which has been partially opened to support the competition. www.marshfest.co.uk.

We are offering a £300 music equipment voucher to the winner, as well as a 30 min set on the main festival stage on Saturday 10th September.

Spotters Hockey

For the summer we are running two coaching activities - one in term time and camps in the holidays. Here are the details:

New Summer term Spotters Hockey Academy sessions - these start on **16 May** and will be at the Royal High Senior School astro from 6-7.30pm for 6 weeks.

These sessions are designed to give young hockey players' more insight into their performance on the hockey pitch and how they can enhance their contribution to the team's performance through recognising the phases of the game and enacting strategies that will achieve better outcomes. We will work on individual skills and how to utilise these in the game and combine with the team to optimise their performance. We have also ensured that we are offering good value for money and a discount is provided for multiple session bookings, and our high quality coaching is offered at a price much lower than other providers!

Aimed at Years 6-8, (high performing Year 5's also welcome - and any Year 9's interested and we will put on an extra coaching group) these sessions will help to ensure that players benefit from this time in the off season and continue their progression, ready to impress when the season resumes in September. We will also run these pre-season in September, as we did last year and include the option to select additional athlete development and mentoring if this is of interest.

To book these please follow this link: <https://form.jotform.com/202084948864365>

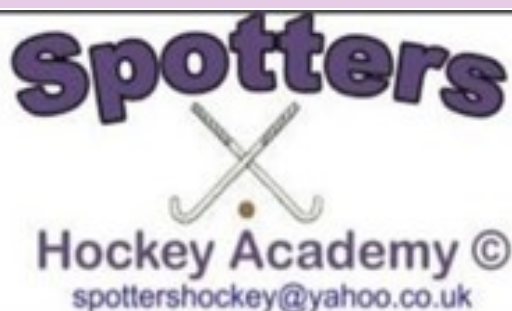
We also have our **Spotters Hockey Summer Hockey Camps running on 25th and 26th July 2022, and 18th and 19th August 2022**, suitable for ages 7-15 and providing lots of fun hockey skills and game play, with specialised effective coaching provided by our qualified and experienced coaches, and booking can be made via this link for those: <https://form.jotform.com/210805551045346>

Many thanks indeed, do get back to me if any questions!

Kind Regards

Sally Potter

Spotters Hockey Academy Director
England Hockey Level 2 Coach
BSc(Hons)Sports Performance





Welcome (back) to Combe Down Rugby Club
Open to all Girls and Boys from school reception upwards

<p>Tuesday's 7-8pm</p> <p>Mixed girls and boys U10—U11</p> <p>Boys U12's— U14s Girls U13, U15s</p> <p>Club House Open from 6.30</p> <p>Sunday's 10 – 11am</p> <p>Mixed Girls and boys minis (Aged 4 to 11 years); Junior boys U12's— U 14's</p> <p>Matches held Sunday mornings</p> <p>Girls Matches—also on Sundays (normally pm)</p> <p>Club House Open on Sundays for food and refreshments</p>	 <p>Never played before—just come along to see if you like it before you join the club</p> <p>Any Questions? Call Mark 07799338405</p>
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Combe Down Rugby Club,
Bramble Way, North Road,
Combe Down, Bath
BA2 5DE



Enquiries:
Email: cdrfcjuniors@gmail.com
Tel: 077 99 33 8405