

#### 13th October 2022

#### Message from the Headteacher

Dear Parents and Carers,

This week our Year 11 Prefects have taken part in a community litter pick in Alexandra Park. We are really impressed with their efforts and they are now planning regular litter picks in the local area in the weeks ahead.

Pupils have also been preparing for the Piano Concert, due to take place at St Luke's Church on 20th October and I hope many of you will be able to attend what promises to be a brilliant evening of musical entertainment.

In our assemblies and theme of the week sessions we have been studying Black History Month and particularly the themes of **Time for Change: Actions not Words** and **Sharing Journeys.** 

For more information please see Mrs Wilmot's piece later in the newsletter or via the links below:

Black History Month 2022 Black History Month UK 2022

Next week we will be asking pupils to make a Pledge of Respect as part of a commitment to promoting equality and preventing bullying and discrimination. Mr Ambrose has written more about this later in this newsletter.

On Saturday we have our Sixth Form Open morning and look forward to welcoming prospective Sixth Form students and their parents to find out more about the Sixth Form. A programme for the morning is available <a href="here">here</a>.

Thank you to all parents who attended our Year 10 Parents Information Evening on Tuesday. For those unable to attend the slides presented are available <a href="here">here</a>.

There has been some confusion over whether 21st October is an INSET day. Whilst it is in some Trust Schools, Beechen Cliff's third INSET day was instead aligned with Hayesfield on 14th September and so 21st October is not an INSET day. The dates for the school year are available on the school website via the link below:

Term dates 2022/23

T.D.Markall Headteacher

T. D. Markall .

#### Calendar

Thursday 13th October

Sixth Form—Vera Hobhouse visit 1.15—3.15

Saturday 15th October

Sixth Form Open Morning 9am – 1pm

Sunday 16th—Tuesday 18th October

Year 9 Surfing Trip to Cornwall

Wednesday 19th October

ACE Rugby Fixture against Exeter College

Thursday 20th October

Piano Concert at St Luke's Church

Friday 21st October

**End of Term** 

Monday 24th — Friday 28th October

Half Term

**Monday 31st October** 

Start of Term 2

Friday 2nd December

Bath Hub Careers Day



#### **Key Notices**

#### **Curriculum Information**

Dear Parents and Carers,

As we near the end of term, I hope that your children have enjoyed their studies and are looking forward to a well earned rest.

When looking ahead to next term, may I take this opportunity to remind you that we have published curriculum information booklets for each subject detailing what will be studied in each year broken down by term.

These are available here: <a href="https://www.beechencliff.org.uk/curriculum-assessment/overview/subject-curriculum-information/">https://www.beechencliff.org.uk/curriculum-assessment/overview/subject-curriculum-information/</a>

For pupils in years 7-9, we have also broken down this information so that each year group has a separate document detailing what they will study in each subject and term.

These are available here: https://www.beechencliff.org.uk/what-is-studied-at-key-stage-3/

I hope that this information is helpful. If you have any questions about these, please do get in touch.

Kind regards

Andrew Seal Deputy Headteacher (Curriculum)

#### **REPORTING PUPIL ABSENCES**

It is important that <u>all absences</u> from School including late arrivals and medical appointments be reported to School promptly. Parents and carers please take note of the following correct contact details.

#### **Lower School Pupils**

To report a Lower School absence please call the School direct on **01225 480466**, and select **Option 1** or you can email the lower school attendance at <a href="mailto:attendance@beechencliff.org.uk">attendance@beechencliff.org.uk</a>.

#### **Sixth Form Students**

For a Sixth Form student absence please call the School direct on **01225 480466** and select **Option 2** or you can email 6th Form attendance at <a href="mailto:sixthattendance@beechencliff.org.uk">sixthattendance@beechencliff.org.uk</a>

#### **Cycle Safety**

We encourage our pupils and students to cycle to school as often as possible in the interests of health and wellbeing. However, we are aware that a small number of boys have been observed cycling to and from school without due care and attention for other road-users, particularly coming down the hill after school.

If your child cycles to school, please remind them to wear a helmet, ride with caution and ensure they observe the highway code at all times.

With the nights drawing in, it is also a good time to check whether all lights are working and adequate for the needs of the journey. Further information on bike safety can be found <a href="here">here</a>.

Additionally, following a recent theft, could we remind you of the need for a high-quality bike lock when leaving bikes in the school bike sheds.

Mike Ambrose Deputy Headteacher Pastoral

#### Pledge of Respect

Over the coming week, we will be asking all students to make or renew the Beechen Cliff 'Pledge of Respect', with assemblies and tutor times focussed on developing a clear understanding of what the pledge means.

As a reminder to parents, the Pledge of Respect is encapsulated in the statement below:

"At Beechen Cliff we define respect as 'showing an understanding of the feelings, wishes and rights of others through words and actions' and we:

- ASPIRE to be a community where everyone is free to be themselves;
- RESPECT the rights and needs of every member of our school community;
- Treat all people with KINDNESS and COMPASSION; and
- Are INDEPENDENT in our understanding of what is right, and do the right thing even when no one is looking.

We want everyone in our school community (including visitors) to understand what we mean by respect and equality, and what bullying and discrimination is. We want them to have a positive experience at Beechen Cliff.

We believe in the importance of promoting equality, preventing discrimination and bullying, and fulfilling our duties under the Equalities Act 2010.

We want everyone in our school community to openly celebrate diversity and challenge any behaviour or language which is discriminatory or offensive. We do not want anyone to be a bystander to bullying or hate incidents. We want everyone to be able to call out behaviour or language that they do not want to see or hear in our school."

Completed pledges and a series of photographs to mark the occasion will be displayed in the main corridor to act as a reminder to all throughout the year.

We thank all our parents, partners and friends of the school for sharing this commitment.

Mr Michael Ambrose Deputy Headteacher

#### **School Contacts**

Contact details for senior members of staff are available on the contact page of the school website.

#### **Contacts**

If you wish to get in touch or have a concern please contact the relevant member of staff or your son's tutor. Alternatively please email <a href="headteacher@beechencliff.org.uk">headteacher@beechencliff.org.uk</a> and the message will be passed on to the appropriate person to respond.

#### Menu for w/c 17th October

Monday: Pasta Carbonara (D,W), Tomato and

vegetable bake

Tuesday: Soy and ginger pork, Sweet and sour

vegetables

Wednesday: Roast Chicken, Homity Pie (D,W)

Thursday: TBC Friday: TBC

Dan Keal

Chef

(D) = Contains Dairy Products

(W) = Contains Wheat Products

#### Lower field parking

We currently have parking in place on our lower field for a small number of staff cars whilst the building works are taking place on the Sports Barn. Can we please ask that parents do not drive onto the field to drop off and pick up their child. It is for staff only and we need to respect our local neighbours by keeping traffic and congestion there to a minimum.

Catherine Capsey

Operations Manager and Head's PA

#### **Literacy Update**

AR quizzes are now available to complete for all Year7/Year 8 pupils. In short, once a book has been read they can take the quiz on our Accelerated Reader programme, pass the quiz and the number of words are added to your profile. Reach 100,000 words or more and you will receive a beautiful print of one of Mr Bakkers excellent hand drawn certificates (see below) with your name on it! You will also receive a prize if you are in the top three at the end of this term! Get reading as you have until Christmas to participate!



'Take Charge of Your Reading' bookmarks - if you would like a helpful guide to help you with your reading homework/comprehension, then please see Mr Newell for a bookmark. These have proven to be very helpful when keeping track of your reading.

'Sixth Form Reading Buddies' - Our wonderful sixth formers will begin reading with our KS3 pupils next week in reading lessons. This has proven to be a very successful programme in the past and one that continues to flourish at Beechen Cliff.

Return overdue books - We are currently running an amnesty for any overdue books to return to the library. No punishment for this, although a prize will be given to the most overdue book!

Mr M Newell

English teacher and Literacy Co-ordinator



Can you predict what might happ What clues are there in the text? I think... because... I predict... because.. l expect... because...

Can you question what is happening? Who? What? Where?

When? Why?

Can you clarify the meaning of

Can you sound out the word? Can you read around the word? What other word might make sense?

Can you summarise what has

Can you recount the main ideas Can you ask students to 'sum up' what has happened? Can you sequence what has happened?

Can you explain what has happened in your own words?





### PROSPECTIVE YEAR 12 PARENTS AND STUDENTS

are warmly invited to attend

# BEECHEN CLIFF SIXTH FORM OPEN MORNING



#### **SATURDAY 15 OCTOBER 2022**

9.30am - 12.00pm

Please arrive at the Main Entrance at 8.45am to collect a Programme and ticket allocation for the Head of Sixth talk

#### Sixth Form Winter Ball



#### Extra- Curricular

#### Piano Concert—Thursday 20th October 7.00pm. St Lukes Church, Bath, BA2 2BD

All parents, pupils and friends of the school are warmly invited to the Concert which will involve pianists from all year groups.

Tickets are priced at £1 and are available to purchase via Parentpay or on the door. Please note: this is a ticketless event and an electronic record of tickets purchased will be kept to allow admission on the night.

The Concert will commence at 7.00pm and finish at approximately 9.15pm including a 20 minute interval during which refreshments will be available.

We look forward to seeing you there!

Mr P E Calvert

#### Trips - Watch this space...and Parentpay!

Letters and details will be sent to you shortly for the following trips:

### Year 7 - Bath Schools Hub trips with Hayesfield School and St Marks School.

Legoland - Saturday 26th November. Cost £47 Panto at Theatre Royal, Bath - Friday 6th January 2023. Cost £17

Normandy - Beechen Cliff only - July 4th - 7th 2023. Cost £tbc

# Year 8 - Bath Schools Hub trips with Hayesfield School and St Marks School.

Bath on Ice - Tuesday 6th December 4.45 - 5.45. Cost £9

## Year 9 - Bath Schools Hub trips with Hayesfield School and St Marks School.

Bath on Ice - Wednesday 7th December 4.45 - 5.45. Cost £9

# Year 10 - Bath Schools Hub trips with Hayesfield School and St Marks School.

Bath on Ice - Thursday 8th December 4.45 - 5.45. Cost £9

Kant Mann

Assistant Headteacher

#### Year 7 - Table Tennis Club!

It's back! - Table Tennis at Beechen Cliff!! There will be a taster session on Monday 17th October in the gym after school. If there is sufficient interest, the club will run regularly with the help of Bath and District Table Tennis League members.

Please encourage your son to attend.

Kant Mann Assistant Headteacher



#### **SPORTS**

#### Sports Class on Google Classrooms/ Sports Fixtures website

Each year group now has a Sports Class on Google Classrooms where details of fixtures and notices will be given. Please encourage your son to check this regularly for information.

You can also find fixtures information and team sheets on our **Sports Fixtures website** 

#### Fixtures for week commencing 10th October (correct at time of publication)

Day	Fixture	Start time/ kick off	Meet time	Transport	Finish/ Return time
Monday 17 <sup>th</sup> October					
Tuesday 18th	Banes X/C @ Kingswood	13:00	12:15	Hire MB & MB	TBC
October	U12a&b rugby v Whitchurch (a)	16:00	14:00	1x49	TBC
Wednesday 19 <sup>th</sup> October	1st & 2nd XV rugby v Exeter College (h)	14:45	13:30	n/a	TBS
Thursday 20 <sup>th</sup> October	U14a&b rugby v Abingdon (h)	14:45	14:00	n/a	TBC
	3rd XV & U16 rugby v Kingswood (a)	14:45	13:30	1 x MB 1 x 9S	TBC
	U15 football v Chew Valley (a)	15:30	14:30	MB	TBC
Friday 21st October					_

#### **Team selection**

With so many of our boys engaged and interested in the sports offering at Beechen Cliff, we endeavour to give them all a chance to be a part of the teams. This does mean that not all boys will be selected each week in the interests of being fair and giving a chance to all that wish to compete for the school.

If your son is absent on the day of his fixture, please can we politely ask that when you contact Attendance to report the absence, you also advise the sports team <a href="mailto:sport@beechencliff.org.uk">sport@beechencliff.org.uk</a> as soon as possible to enable an alternative player to be found.

#### Extra Curricular Sports kit

If your son is involved with our extra-curricular activities and therefore additional kit would be helpful, we do have an online shop with Kukri. This kit is not compulsory and does <u>not</u> replace your son's curriculum kit but is available for after school clubs and fixtures. Kit options include tracksuit bottoms, shorts, training t-shirts and additional mid layers. <u>Kukri-Beechen Cliff</u>

#### Pat Macdonald

Head of Shakespeare/PE

#### Extra Curricular Clubs

For information on after school clubs, particularly those running in Terms 1 and 2 (22/23), please see the Extra Curricular page on our website which is regularly updated as next clubs are announced.

Kant Mann

Assistant Headteacher

#### Vacancies



#### **Careers Administrator**

https://www.tes.com/jobs/vacancy/careers-administrator-bath-and-north-east-somerset-1709018

Closing Date: Monday 17th October

#### Cleaner

https://www.tes.com/jobs/vacancy/cleaner-bath-and-north-east-somerset-1708398

Closing Date: Monday 17th October

#### **Boarding Housekeeper**

https://www.tes.com/jobs/vacancy/boarding-housekeeper-bath-and-north-east-somerset-1707336

Closing date: Monday 17th October

#### Teacher of Physical Education

https://www.tes.com/jobs/vacancy/teacher-of-physical-education-bath-and-north-east-somerset-1707752

Closing date: Monday 17th October

#### **Head of Mathematics and Computer Science**

https://www.tes.com/jobs/vacancy/head-of-mathematics-and-computer-science-bath-and-north-east-somerset-1713034

Closing date: Tuesday 18th October

Catherine Capsey

Operations Manager and Head's PA



1/icki



"Last term we welcomed parents to two fun and sociable cookery workshops in the refectory. My cookery workshops are informative and friendly, giving you ideas for teen-friendly recipes that are packed with yeg. I'll be holding more events this year and look forward to seeing you there!"





Beechen Cliff PTA: Tuesday 15th November, Riverford Cookery Evening event £15 per person.

Dear All

The PTA are putting on veg cookery events for parents, very kindly hosted and supported by Riverford's local team – Vicki and Alan Mowat – who are parents at Beechen Cliff.

The cookery event is aimed at parents/carers of pupils in all years and will take place in the Refectory on Tuesday 15th November from 7-9pm. It's just £15 for a 2 hour class and a full supper – and all proceeds will go to the PTA. Please 'Bring Your Own Alcohol', if you would like a drink while we cook and eat. It's a fun and relaxed evening which gives you a chance to meet other parents while being inspired to make the most of seasonal organic vegetables and learning a few veg cookery tips. You'll also have the chance to take a look at Riverford's veg boxes and it's an ideal event if you're thinking about getting a box and would like to find out more. If you start a regular delivery, the PTA will receive a further £25 donation from Riverford once you've had 3 deliveries.

Spaces are strictly limited to 10 for this event, so log into ParentPay to secure your place/s. We will be running a waiting list so do email Lesley Leming at jesterlb@btinternet.com to add your name to the waiting list if you miss out.

Best wishes

# Secondhand Uniform SALE

at

Beechen Cliff School Club House

on

Saturday 22<sup>nd</sup> Oct 10am - 12pm

# Payments to be made by card preferably!

We are also selling Revision Guides and text books!

Bring up your uniform donations....
NO trousers please!!

# AGM MEETING

Come and join the
PTA AGM meeting on
Wednesday 2<sup>nd</sup> Nov 2022
7.30pm at the The Boathouse
BA1 3NB

#### **Careers**



Women in STEM at PwC. Join an online webinar from PwC to hear from some inspiring females in technology and discover what a career in Technology or Accounting at PwC could look like for you. Throughout the session, you'll hear from a range of speakers, including current students and senior members of the team. You'll be inspired by our leaders and have your questions answered, or just sit back and listen, whichever is your preference. Takes place on Wednesday 19 October at 18.30-19.15 BST. For more details and booking see: <a href="https://www.eventbrite.co.uk/e/women-in-stem-at-pwc-tickets-410462593667">https://www.eventbrite.co.uk/e/women-in-stem-at-pwc-tickets-410462593667</a>



UCL Classics and Ancient World Taster Day. Taking place on 2 November at Gordon Street, UCL from 1-5pm, it will involve presentations by the Head of Department Professor Gesine Manuwald, the Outreach Tutor Dr Fiachra Mac Góráin, sample lectures by other members of staff, presentations by current students, a tour of UCL and the Department of Greek and Latin, and plenty of opportunities for Q&A. For booking see: <a href="https://www.eventbrite.co.uk/e/ucl-classics-and-ancient-world-taster-day-i-2022-tickets-432505715237">https://www.eventbrite.co.uk/e/ucl-classics-and-ancient-world-taster-day-i-2022-tickets-432505715237</a>

J.P.Morgan

**J.P. Morgan Work Experience 2023 programme.** This programme is for Year 10-13 students and gives a comprehensive overview of either the finance or technology industry. Participants will have a chance to participate in seminars, interactive presentations, case studies and group exercises. It's an invaluable opportunity to begin building networks and laying the groundwork for the future. To apply see: <a href="http://www.jpmorgan.com/workexperience">http://www.jpmorgan.com/workexperience</a> on 20 October. Applications will stay open for 24 hours, meaning that you can ONLY apply on this day.



Fancy a GAP year on an African or Asian adventure? Africa & Asia Venture (AV) offer volunteer projects in Africa, Asia & Latin America. These can be teaching, sports coaching, community work or conservation projects. They are usually 3-5 weeks or 3-5 months. For more details see: <a href="www.aventure.co.uk">www.aventure.co.uk</a>



**Website of the week.** If you are looking for a degree apprenticeship, courses, internships, graduate schemes or some career advice then careermap (<a href="https://careermap.co.uk/">https://careermap.co.uk/</a>) is a good place to start! It is fully searchable by industry type, area and level and the site also has a useful employers directory where you can find out more about major companies.

Mrs E Pascoe

**Head of Careers** 

#### **Information for Year 11 Parents**

#### What are my choices at 16?

The main post-16 options for young people are:

- Full time education at a school or college e.g. A Levels or Vocational Qualifications;
- A 'T Level' new two year Level 3 qualifications equivalent to 3 x A levels, delivered in college and related to a job role
- An apprenticeship or traineeship

All young people must be in some form of education or recognised training until they are 18.

#### Why study after 16?

Gaining more qualifications after 16 is a good idea as more qualifications mean more job choices. Young people are, therefore, more likely to find a job they enjoy rather than taking the risk of having to do unskilled work. Better qualifications will give your child a chance to earn more money – and, research shows, have greater job satisfaction.

#### What are the choices at 16?

A comprehensive range of information about the education choices available to your child at the end of Year 11 is available in the Careerpilot section 'Your Choices at 16' or you can look at specific sections about:

- <u>A Levels</u>
- Apprenticeships
- T Levels
- Vocational Qualifications

#### **A-Levels**

Lots of young people choose to do A Levels and these are excellent general qualifications that are valued by employers and also universities. A Levels offer a great route to degree level study, but there are also routes to higher education from the <u>vocational qualifications</u> offered in colleges and in some schools.

A Levels give young people a chance to find out about their GCSE subjects in greater depth or do one of the subjects that many schools and colleges only offer at A Level such as Law, Economics or Psychology. It is possible to combine <u>vocational qualifications</u> such as BTEC Level 3 qualifications or OCR qualifications with A Levels. These qualifications attract UCAS points (many universities indicate the number of UCAS points needed for entry to their courses) in the same way as A Levels.

#### Vocational qualifications

At 16 your child could choose to study towards a vocational qualification. <u>Vocational qualifications</u> offer practical learning programmes that relate to specific job roles or employment sectors.

There are many different types of vocational qualifications in a wide range of subjects at all levels, from Entry Level right up to Level 8 - you can look at the <u>Careerpilot Qualification Planner</u> to view all qualifications and levels.

Vocational courses are designed to help young people learn in a practical way about a specific job area - helping them to get the skills needed to start a job, progress in a career or go on to higher levels of education.

#### Vocational qualifications include:

- Vocational subjects that are related to a broad employment area such as business, engineering, IT, health and social care
- Vocational courses that lead to specific jobs such as hairdressing, accounting, professional cookery, plumbing
- **Apprenticeships** that are 'work-related' where you will be trained for a job role and get paid as you learn.
- **T Levels** that lead to a specific job role and are equivalent to 3 A Levels.

#### T Levels

T Levels are new two year Level 3 qualifications - equivalent to 3 x A level.

- They lead to a specific occupation and are available in a whole range of different areas, from Cyber Security to Wildlife Management.
- They have been designed by professional bodies, employers and universities so that they are relevant and up to date.
- They include at least 3 months work experience and opportunity to build transferable skills and knowledge related to the job area.

Students can progress from a T Level on to apprenticeships, jobs and university.

#### Who are they for?

They are for 16 - 19 year olds who want to focus on developing the skills and knowledge required a specific occupation or job sector.

#### What T levels are being offered?

The T levels that are currently available are:

- Education and Childcare,
- Construction: design,
- Surveying and planning
- Construction: on site carpentry, plastering, painting and decorating, bricklaying
- Digital Production Digital Business Services Digital Support Services
- Health Health Care Health Science Science

These T levels are being introduced in 2022:

- Legal
- Finance and Accounting
- Business and Administration
- Engineering and Manufacturing

For more information:

**Technical Level Qualifications** 

Find a T Level near you

#### **Apprenticeships**

If your child has a particular job sector or career in mind, then an <u>apprenticeship</u> could be a choice worth considering, although you can do an apprenticeship at any age. So your son might want to do this after sixth form or college.

Apprenticeships provide an opportunity to:

- Gain an insight into the reality of working in a job area;
- To develop the skills required to work in that type of employment;
- Get paid

Your child would also have an improved chance of getting a job at the end of the apprenticeship research shows that around 90% of apprentices stay in work on completion of their training and 71% of apprentices stay with the same employer.

There is a wide range of different apprenticeships in almost every type of work - although not all options are available in every job sector - some young people might find that they need to travel or, sometimes, temporarily move location to undertake the apprenticeship they have chosen. Competition for some of the more popular apprenticeship placements is intense.

Further useful information about apprenticeships is available in the Parent's Guide to apprenticeships

#### A Level Subject choices can have a big impact on your future options Do your research now to smooth your future path

Here is a five-point guide to help you choose your A Level subjects if you think you would like to apply for University in the future.

#### 1. Ability and enjoyment

Think about the subjects you are good at, like and enjoy. If you enjoy your studies, you are likely to be more motivated. Similarly, having a natural ability in your chosen subjects can increase your chances of success. For this reason, you often need a certain grade at GCSE to study a subject at A-level.

There can be big differences from studying subjects at GCSE to A-level. It doesn't always follow that choosing a subject you enjoyed before will be the same at A Level. Even if you feel you're on familiar ground, it's worth finding out what's involved.

#### 2. New subjects

We offer A-levels in subjects that you've not studied before. If any new subjects appeal to you, take some time to find out what's involved to avoid any surprises. Keep a balance in mind. Choosing a couple of familiar subjects alongside one new one for example, can help leave your options open.

If you want to study certain subjects at university, it is not always necessary – or indeed helpful – to have studied them at A-level. This generally applies to new subjects at A-level, such as law or business studies. When it comes to more traditional subjects however, an A-level in that subject is often essential for university study. See section 5 for more details.

#### 3. Subject combinations

Some universities discourage students from taking certain combinations of A-level subjects. This often applies where there may be a content overlap, such as with business studies and economics. Some subjects cover common ground – such as geography and environmental studies, or media studies and film studies. You need to check they're not too similar as some universities may not accept the combination for entry to higher level courses. Some subject combinations are complementary and fit well together – such as doing physics as well as mathematics or another science. This can help you in your studies and enable you to meet entry requirements for higher level courses in future.

Some degree courses specify the A level subjects (and grades) that you need. The information below gives examples of degree courses that require specific subjects

Biology Biology and another Science or Maths

Chemistry and sometimes Maths and/or another Science

Dentistry Chemistry and one or two other Sciences

Engineering Maths and Physics (or Maths and Chemistry for Chemical Engineering)

Maths Maths

Medicine Chemistry and usually one or two other Sciences. Some require Biology

Languages Usually the Language to be studied – but this may vary for less common languages

Veterinary Chemistry and one or two other Sciences

 $\underline{https://www.ucas.com/undergraduate/what-and-where-study/how-choose-right-undergraduate-cour}\\ \underline{se-you}$ 

https://www.theuniguide.co.uk/advice/a-level-choices/what-a-levels-do-you-need-for-the-degree-you-want-to-study

#### 4. Course content, assessment and workload

You may find it helpful to look at your course syllabus, sometimes called the specifications. This sets out course content and requirements. Find out which exam board is used for your chosen subject. Both the content of the course (modules or topics) and the way it is marked (ratio of coursework to exams, number of exams) can vary. Popular A-level exam boards in the UK include <u>AQA</u> and <u>OCR</u> and you can download the relevant syllabus from their websites.

Think about the likely workload of your choices. Find out what's required in terms of essay writing, independent reading or extended projects. What may this mean in terms of your chosen subjects?

#### 5. Future Plans

If you have a particular career in mind, you may need to choose certain A-levels to meet entry requirements for degree courses or further study. If you don't yet have any career ideas, then keeping your options open can be just as important. Top universities usually require three academic A-levels, not including general studies or critical thinking.

<u>The Russell Group</u>, which represents 24 leading UK universities, has produced a guide which sets out how the subjects you study at A-level can determine which degree courses will be open to you in future. Whatever your plans, it's well worth a read – see <u>Informed Choices</u> for full details. You can also check entry requirements for university courses on <u>UCAS</u>.

#### Changing your mind

Making decisions about the unknown is difficult. Things often don't turn out how you expect but you can be surprised in a positive way – modules with the least appeal at the outset can end up being the most enjoyable. There's no fail-safe solution here. If you do feel you've made the wrong decision after starting your course, speak to your tutor as it's often possible to change subjects.

#### Getting advice

If you would like any further information or advice you can speak to any of the following staff at school - Miss Mather, Mr Burnell, Mrs Pascoe, your tutor, A-level subject teachers, or perhaps you may like to speak to Sixth Form students to get an idea of what the course involves and if it is likely to suit you.

Your parents, family and friends can also help shape your views. But remember you are the one who will be doing the work, and it's your future, so it's important to be happy with the choices you make.

#### Find out more

Searching <u>icould videos by subject</u> will give you real-life examples of how people have used certain subjects in their careers.

The Which? University Guide has information on how A-level choices can affect university applications.

Sources taken from: UCAS, icould, The Uni Guide, Which

# Theme of The Week—Black History Month



Theme of the week this week is Black

History month. The theme for Black History Month 2022 which is "Time for Change: Action Not Words."

To get to a better tomorrow, we can't just focus on the past. The past is in the past. We can acknowledge and learn from it, but to improve the future, we need action, not words. We need to come together around a shared common goal to achieve a better world for everyone.

This year's Black History Month in October is more important than ever. It's not just a month to celebrate the continued achievements and contributions of Black people to the UK and around the world. It's also a time for continued action to tackle racism, reclaim Black history, and ensure Black history is represented and celebrated all year round

Watch the video of poet John Legard recite his poem. <a href="https://www.bbc.co.uk/teach/class-clips-video/">https://www.bbc.co.uk/teach/class-clips-video/</a>
<a href="poets-in-person-checking-out-me-history-john-agard/zm3sgwx">https://www.bbc.co.uk/teach/class-clips-video/</a>
<a href="poets-in-person-checking-out-me-history-john-agard/zm3sgwx">https://www.bbc.co.uk/teach/class-clips-video/</a>
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<a href="poets-in-person-checking-out-me-history-john-agard/zm3sgwx">https://www.bbc.co.uk/teach/class-clips-video/</a>

John Agard was born in British Guiana (now called Guyana) in the Caribbean.

He moved to the UK in the late 1970s and is known for powerful and fun performances of his work.

He uses non-standard phonetic spelling (written as word sounds) to represent his own accent, and writes about what it is like being black to challenge racist attitudes, especially those which are unthinking.

After listening to the poem what are the main ideas/ themes or subject matter that you find interesting. Discuss the meaning of the poem as a tutor group.

Anabel Wilmot

Head of PSHE



#### Mental Health and Wellbeing

# Why is the Wellbeing of our young people so important to us at Beechen Cliff School?

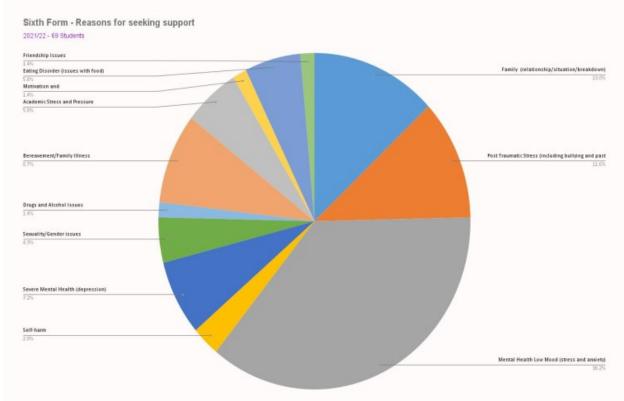
Monday 10<sup>th</sup> October was World Mental Health Awareness Day. For many years, Beechen Cliff School has made the health and wellbeing of its pupils and students a priority. We believe that when our young people are functioning well, they will have the toolkit to go on to lead happy and fulfilling lives. We are committed to offering our young people 1:1 therapeutic support in school. Last year, our therapeutic and counselling providers saw 198 young people for 1:1 support. The pie chart below gives a breakdown of the presenting issues that were supported for our Sixth Form students last year.

Why do we do this? Below is a quiz that we shared with the Sixth Form students last week in the powerful wellbeing testimony assemblies. Whilst these national statistics may seem alarming (especially after the Covid pandemic) we are proud as a school to be able to work in a preventative way to educate our young people about the difference we can make to them if they access early support in school.

Students and Pupils receiving 1:1 support for their wellbeing – 2021/22

Year Group	No of Students receiving 1:1 support		
Year 7	15		
Year 8	29		
Year 9	25		
Year 10	30		
Year 11	29		
Year 12	36		
Year 13	34		
TOTAL	198		





#### Wellbeing Quiz

How many people will experience some kind of mental health problem each year in England?

A - 1 in 8

B - 1 in 6

C - 1 in 4

What percentage of young people (17-19) with possible eating problems have increased since 2017?

A - 28%

B - 38%

C - 58%

In the first year of the COVVID pandemic, global prevalence of anxiety and depression increased by how much?

$$A - 20\%$$

B - 10%

C - 25%

How many people, who struggle with their mental health, have suicidal thoughts?

A-1 in 5

B-1 in 6

C-1 in 7

In Summer 2020, how many respondents said that the Coronavirus pandemic made their mental health worse?

A - 60%

B - 75%

C - 80%

Out of the respondents who were accessing mental health support, in the 3 months leading up to Covid-19, what % said that they could no longer access mental health support, but still needed it?

A - 25%

B - 31%

C - 36%

How many girls have a probable mental health problem?

A-1 in 4

B - 1 in 5

C-1 in 6

What % of people aged between 13-25 believe that the pandemic will have long term negative effects on their mental health?

A - 56%

B - 62%

C - 67%

How many children each month are being treated for a mental health problem in the UK?

A - 100,000

B - 400,000

C - 600,000

How many people attempt to take their own life?

A - 1 in 10

B - 1 in 15

C - 1 in 20

As always, if you are worried about your son or daughter's wellbeing, please do not hesitate to contact our Pastoral teams in the Lower School and the Sixth Form.







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