



BEECHEN CLIFF

17th November 22

Message from the Headteacher

Dear Parents and Carers,

There have been some fantastic achievements over the last week including success in rugby and football and pupils representing the school brilliantly on remembrance parades. There have also been individual achievements which are celebrated in this newsletter.

Yesterday our Rugby 1st team defeated Stourport High School 27-17 leaving them only one win away from the ACE League national final, which is a very exciting prospect.

Over this week our Year 11s have been completing their mock examinations. We have been really impressed with the way they have approached these exams and the way they have conducted themselves. It will have acted as an excellent learning process as part of preparation for the real examinations next summer. Tomorrow they will all be celebrating with cookies provided by our school Chef at the end of their exams this week.

We have focussed in tutor time and assemblies this week on anti-bullying as part of National Anti-Bullying Week 2022. The theme has been 'Reach Out' encouraging the whole school community to do something positive to make a difference. Later this term we are looking forward to training up anti-bullying ambassadors through the Diana Award as part of this process.

More information on anti-bullying week is available [here](#).

Wishing you a good weekend,

T. D. Markall

T. D. Markall
Headteacher

Calendar

14th -18th November

Year 11 Mock Exams

Tuesday 22nd November

Sixth Form Winter Ball

Thursday 24th November

Lower Sixth Parents Evening 4.30—8pm

Saturday 26th November

Year 7 Legoland Trip (join with HGS & STM)

Friday 2nd December

Bath Hub Careers Day—Achieving Ambitions Day

Tuesday 6th December

Bath Schools Hub Year 8 trip—Bath on Ice

Wednesday 7th December

Bath Schools Hub Year 9 trip—Bath on Ice
Year 11 Mock Results Day

Thursday 8th December

Year 11 Parents Evening 4.30—8pm
Bath Schools Hub Year 10 trip Bath on Ice

Wednesday 14th December

Christmas Lunch
Year 7,8 and 9 Santa Run
Year 7 Christmas Market

Thursday 15th December

Beechen Cliff Carol Service at Bath Abbey

Friday 9th—Friday 16th December

Upper Sixth Mock Exams

Friday 16th December

End of Term

Term Dates

Term Dates for 2023/2024 are now listed on our website

<https://www.beechencliff.org.uk/parents/term-dates/>



Follow us on twitter - [@beechencliff](#) and Insta -

Key Notices

Free School Meals and Pupil Premium

Dear Parent,

Please ignore the following email if your son is already in receipt of Free School Meals or you are fully aware of the criteria and know that you are not eligible.

After recent conversations with parents whose financial situation has changed we felt that it was important to circulate information about Free School Meals and the link by which you can apply.

[Apply for free school meals | Bath and North East Somerset Council \(bathnes.gov.uk\)](#)

BANES Contact Details:-

Email: freeschoolmeals@bathnes.gov.uk

Tel: [01225 39 43 17](tel:01225394317)

If you need to contact the school about Pupil Premium or Free School Meals please email us at pupilpremium@beechencliff.org.uk

If you are not eligible for Free School Meals but are still in financial hardship please direct all communication to headmaster@beechencliff.org.uk

Attached is an information sheet that we have created and also the application form if you'd prefer to print and post it.

Best Wishes,

Tracey Layton

Pupil Premium Lead

REPORTING PUPIL ABSENCES

It is important that **all absences** from School including late arrivals and medical appointments be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

Lower School Pupils

To report a Lower School absence please call the School direct on **01225 480466**, and select **Option 1** or you can email the lower school attendance at attendance@beechencliff.org.uk.

Sixth Form Students

For a Sixth Form student absence please call the School direct on **01225 480466** and select **Option 2** or you can email 6th Form attendance at

Parent Survey

Thank you to those parents who have already responded. If you have not yet done so, please endeavour to complete the survey on the link that was sent through on parentmail by Friday 18th November.

<https://forms.gle/ggayMcyK7r3oxzut7>

Thank you

Kant Mann.

Assistant Headteacher

Cost of Living information on Live Well B&NES

BANES have created a helpful compilation of a range of local information from their Cost of Living section that may be of interest including Benefits, Energy costs, Food, Debt advice, Childcare costs, Help if you're experiencing illness or disability, Careers, Help with prescription and dental treatment charges and Money and Mental Health.

[Cost of Living information on Live Well B&NES](#)

Governor Vacancy

The Local Governing Body are looking to recruit a governor to fill the Equalities Governor role that we currently carry as a vacancy. We are looking for someone who is committed to supporting the school and dedicated to ensure that the young people at Beechen Cliff grow up to value equality and diversity and to respect people from different backgrounds, cultures and gender. We are looking to build on the equalities work undertaken over the last few years and to extend this further. If you, or anyone you know, might be interested in this role, please email me helen.eastwood@msnpartnership.com so that we can arrange to meet to discuss it further.

Lower Field parking

We currently have parking in place on our lower field for a small number of staff cars whilst the building works are taking place on the Sports Barn.

Can we please ask that parents **do not** drive onto the field to drop off and pick up their child. It is for staff only and we need to respect our local neighbours by keeping traffic and congestion there to a minimum.



Menu for w/c 21st November

For the next month or so, the menus will be inspired from countries that are taking part in the World cup.

Monday: Qatar: Machboos (Marinated Chicken), Thareed Alkhaddar (spiced vegetable stew)

Tuesday: Croatia: Restani Krumpir (paprika spiced Sausage and potato casserole), Poland: Placki Ziemniaczane (Potato pancake with mushroom sauce)

Wednesday: England: Steak and Kidney Pie, Serbia Burek (Filo parcel with Quorn mince and potatoes)

Thursday: Ecuador: Seco de pollo (Spiced Chicken and tomato stew) Wales: Welsh Rarebit

Friday: USA: Beef Burger, Cauliflower Cheese Burger

Thanks

Dan Keal
Chef

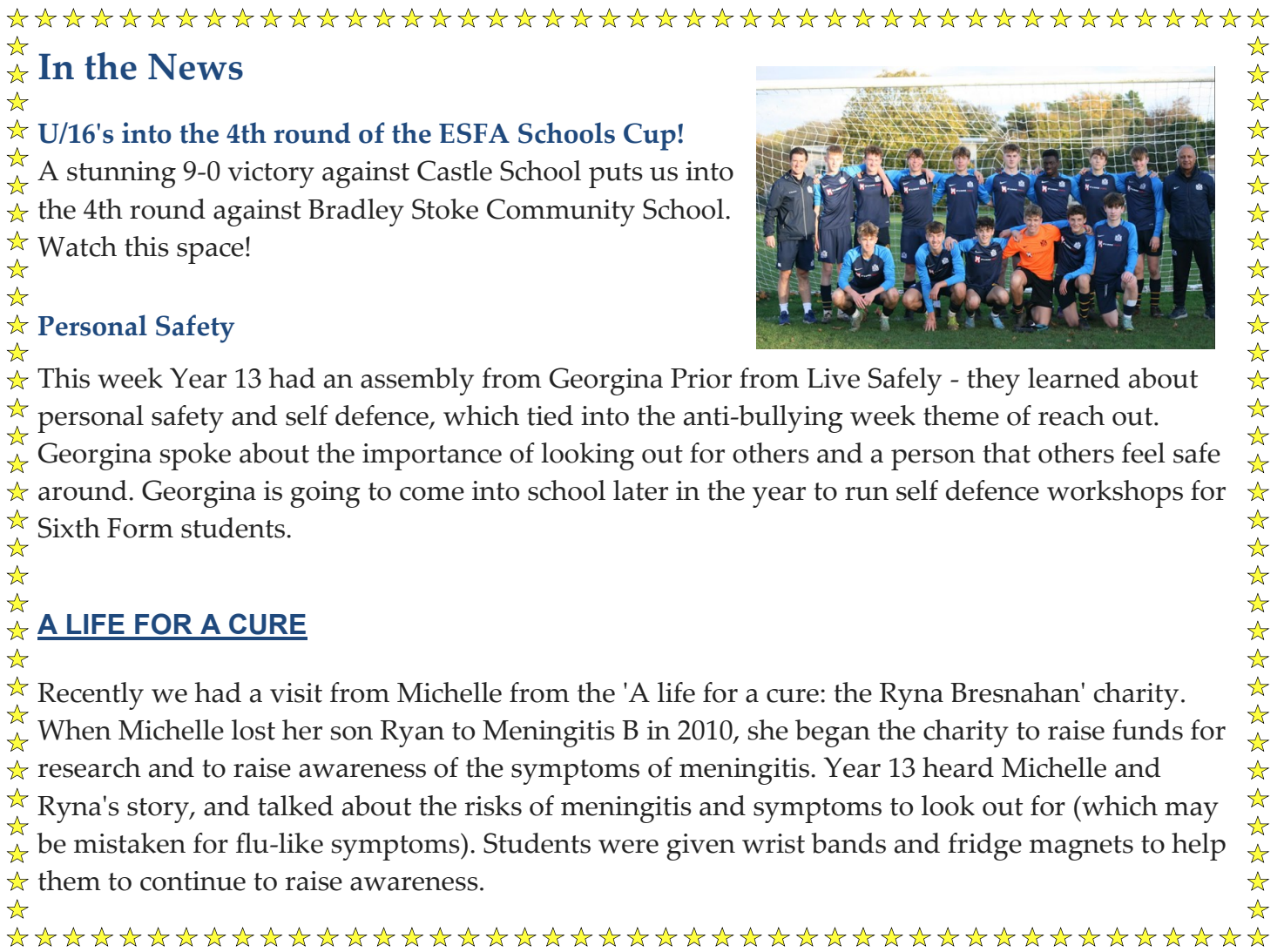
(D) = Contains Dairy Products
(W) = Contains Wheat Products

School Contacts

We believe that communication between parents and carers and The School is really important. If parents or carers have a concern, query or information to pass on then please do contact us. A list of contact details for senior staff is available on the School Website and via the link below.

[Contacts](#)

Alternatively please email headteacher@beechencliff.org.uk and the message will be passed on to the



In the News

U/16's into the 4th round of the ESFA Schools Cup!

A stunning 9-0 victory against Castle School puts us into the 4th round against Bradley Stoke Community School.

Watch this space!



Personal Safety

This week Year 13 had an assembly from Georgina Prior from Live Safely - they learned about personal safety and self defence, which tied into the anti-bullying week theme of reach out.

Georgina spoke about the importance of looking out for others and a person that others feel safe around. Georgina is going to come into school later in the year to run self defence workshops for Sixth Form students.

A LIFE FOR A CURE

Recently we had a visit from Michelle from the 'A life for a cure: the Ryna Bresnahan' charity. When Michelle lost her son Ryan to Meningitis B in 2010, she began the charity to raise funds for research and to raise awareness of the symptoms of meningitis. Year 13 heard Michelle and Ryna's story, and talked about the risks of meningitis and symptoms to look out for (which may be mistaken for flu-like symptoms). Students were given wrist bands and fridge magnets to help them to continue to raise awareness.

Sixth Form Winter Ball – Tuesday 22nd November



Remembrance Events in Bath

Many of our pupils were involved in the Remembrance day events in the city on Sunday. Pupils represented the school through their participation as Air Cadets, Army Training Corps members, Sea Cadets and the Combined Cadet Force.

We have all had members of our families involved in conflicts over the last century, participating in the armed forces or touched by the actions of others – this is the opportunity, each year, to pause and remember their sacrifice and the fact that we are fortunate enough to live in a society which has won and maintained its freedom through the troubles of decades past.

The pupils involved in the service at the War Memorial in the morning, the parade through the city in the afternoon and the early evening Service of Remembrance in Bath Abbey did us all proud and we are thankful to the pupils and the parents who supported them in showing the veterans and the wider populace of Bath that young people do take their responsibilities seriously and recognise their role in honouring past sacrifice.



Rewards Week

Date— 11th November 2022

House Results

	House	Points
1st	Kipling	1140
2nd	Byron	1079
3rd	Milton	1032
4th	Shakespeare	993

Congratulations to Kipling House, Year 8 and the tutor group LP7a who have accumulated the most positives in each of the categories over the last two weeks.

Well Done!

Pat Macdonald

Head of Shakespeare

Library News



Another Author Visits Beechen!

Last Friday, Luke Palmer, author of *Grow* came to school for the day. Luke taught five workshops, with a total of more than forty boys from Year 7 and Year 8, to create some powerful and emotional writing. *Grow* follows Josh, who is at risk of becoming radicalised by extremists after his father was killed in a terror attack. The Beechen boys were hanging on Luke's every word as he read them some extracts and then set them the challenge of writing 'a scene in slow motion' where something valuable is destroyed. You can see some of their work below. The day was a great success and we are hoping that Luke will be able to return to Beechen again in the coming months to inspire more groups of boys.

Book Amnesty Continues

We believe we are missing over 200 books from the school library! Next week, lists will be circulated to tutor groups with the last known borrower of the books.

Due to lockdown and the old library system, the last person to scan out a book may not actually be the person who still has it, but we would appreciate it if you could check shelves/under the bed and return any books to the library. **PLEASE NOTE: there will be no fines or charges for books lost, we would just like to get as many back as possible.**

Non-Fiction November Competition

<https://forms.gle/JJtpiZ3DJPNiWMYB8>

Pupils: win a DK 'Big Ideas' book of your choice!

The competition will test boys' knowledge of non-fiction, and requires them to write a short book review. Paper copies of the competition form will be available in the library from Monday.

The deadline is 30th November and the winner will be chosen at random from the correct entries on 1st December.

Laura Bridge

Library

Luca Morgan - Riding to Victory

An ex-pupil of ours Luca Morgan rode the winner of the southern national on Saturday. This is a massive achievement as the horse 'Slipway' could now line up in next year's Grand National. It was a fantastic ride on such a young horse. If he does go for the Grand National, then Luca will be riding him!



Here he is on his way to victory! Well done Luca!

Mr M Newell

English Teacher

'Caritas' - Bath Abbey Choir CD—featuring Year 8 pupil

Year 8 pupil Hugo D has recorded a CD with Bath Abbey Choir called 'Caritas' which will be featured on ClassicFM this Friday and over the weekend as their Album of the Weekend. The collection includes timeless favourites by Elgar, Purcell, and Tavener, through to contemporary classics including music by John Rutter, and a world premiere recording of Judith Bingham's 'The Sleeping Soul'.

Many Congratulations to Hugo.

Mrs C Capsey
Operations Manager

Former Pupil selected to play for the Babarians

Former pupil Gabriel Oghre (who some of you will remember) has been selected to play for the world-famous Barbarians invitation team this weekend. As is the tradition, players are asked to supply their own socks and use it as a way of recognising their rugby roots.

Gabriel will be wearing Beechen Cliff socks.

Sean Turner
Head of Rugby

Extra- Curricular

Beechen Cliff Christmas Card Competition

We need your help!

Every year the school produces a Christmas card designed by one of our talented students. This year we are opening up the competition to ALL year groups!

We would like the Christmas card to be Winter themed and should have reference to either Bath or Beechen Cliff in the design. (think snowy scenes of the Abbey etc). Your design should be just an image - do not include any words, and can be completed using any media (pencil, paint, photoshop etc)

The winning design will be made into Christmas cards that will hopefully be available to purchase via parent pay. There will also be runner up prizes for each year group!

If you would like to enter please design your Christmas card and bring all entries to Miss Moorhead.

Please ensure your name and year group are clearly written on the back! **All entries to be handed in by Wednesday 30/11/2022**

Miss C Moorhead
Teacher of Art



Year 7 Football training

Year 7 Football training will be starting on Thursday 17th November and continue throughout the term and after Christmas. This will take place on the Astro/3G so please wear trainers (boots are not allowed). These Football sessions will take place every week on Thursdays 3:30pm to 4:30pm. Everyone is welcome to join and take part.

Mr Utton
PE Teacher

Extra Curricular Clubs

For information on after school clubs, particularly those running in Terms 1 and 2 (22/23), please see the [Extra Curricular page on our website](#) which is regularly updated as next clubs are announced.

Kant Mann
Assistant Headteacher

SPORTS

Sports Class on Google Classrooms/ Sports Fixtures website

Each year group now has a Sports Class on Google Classrooms where details of fixtures and notices will be given. Please encourage your son to check this regularly for information.

You can also find fixtures information and team sheets on our [Sports Fixtures website](#)

Fixtures for week commencing 21st November (correct at time of publication)

Day	Fixture	Start time/ kick off	Meet time	Transport	Finish/ Return time
Monday 21 st November	U15 football v Devizes (Odd Down)	14:15	13:30	9S	
Tuesday 22 nd November	U13 football v Hans Price (h)	14:30	13:45	MB	
	U14 football v St Bedes (h)	14:30	13:30	MB	
	Primary school football tournament @ Odd Down	9:30	8:50	1xMB	13:45
Wednesday 23 rd November	U12a&b, U13b rugby v Prior (a)	14:30	13:45	MB	
	1st XV rugby v Brooksby College (a)	14:00		Coach	
	KS4 badminton @ Chew Valley	15:45		9s	
Thursday 24 th November	Girls hockey v KES (h)	14:30	13:45		
Friday 25 th November	U16 football v Bradley Stoke (h)	13:30			

Team selection

With so many of our boys engaged and interested in the sports offering at Beechen Cliff, we endeavour to give them all a chance to be a part of the teams. This does mean that not all boys will be selected each week in the interests of being fair and giving a chance to all that wish to compete for the school.

If your son is absent on the day of his fixture, please can we politely ask that when you contact Attendance to report the absence, you also advise the sports team sport@beechencliff.org.uk as soon as possible to enable an alternative player to be found.

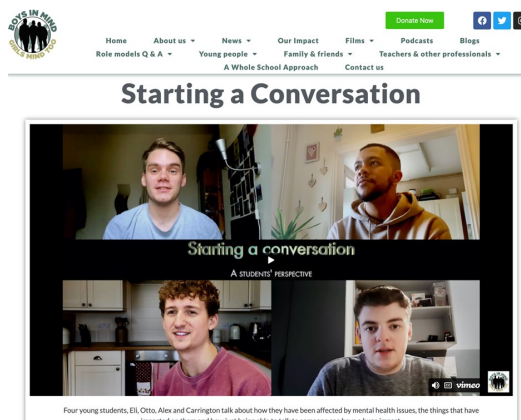
Pat Macdonald

Head of Shakespeare/PE

Mental Health and Wellbeing

Anti-Bullying Week 2022 takes place this week and has the theme 'Reach Out'.

As a Lead Secondary School for the suicide prevention charity 'Boys in Mind, Girls Mind Too', we are delighted to share their film 'Starting a Conversation' where four young men how they have been affected by mental health issues, the things that have impacted them and how just being able to talk to someone can have a huge impact. Please do take a few minutes to watch with your own children.



<https://boysinmind.co.uk/starting-a-conversation/>

Parent Solution Focused Training

A few weeks ago, we sent out a Parent Questionnaire asking you if you would be interested in receiving some free Solution Focused Training for how to have conversations with your own children. We are delighted to have had responses from over 100 families. Most families have said that their preferred time for the training would be in the evening. We are so excited to be able to offer this training to any Beechen Cliff parents and carers on Thursday 12th January 2023 from 6.00pm until 7.00pm.

If you would like to attend, please can you book your place using the Eventbrite link below. You will then receive further details and the Zoom link to join us closer to the time.

<https://www.eventbrite.co.uk/e/beechen-cliff-parent-solution-focused-information-evening-tickets-469035948147>

We very much look forward to meeting you all.

Susie Ingram and Tara Gretton

IASTI Accredited Solution Focused Practitioners

PSHE Session this Term

This term the students will be covering the following topics in their PSHE lessons.

Year 7 - Friendships and Bullying

Year 8 - Healthy Relationships and Personal Qualities

Year 9 - Relationships, Contraception and staying safe online

Year 10 - Careers

Year 11 - Gender Stereotypes and Positive Relationships.

If you would like any further information please contact Awilmot@beechencliff.org.uk

Thank you,



Mrs A Wilmot
Head of PSHE

PTA AGM MEETING

Come and join the
PTA meeting on
Wednesday 23rd Nov 2022
7.30pm at The Boat House
BA1 3NB


Sixth Form Year 13 Leavers Hoodies

BEECHEN CLIFF SIXTH FORM

 **Y13 LEAVERS** 
HOODIES 2023

ARE NOW AVAILABLE TO ORDER ONLINE
<http://www.hartlandhoodies.com/school-leavers-hoodies/beecheen-cliff-school-leavers-hoodies>

COST IS JUST UNDER £20
EXTRA IF YOU WOULD LIKE A NICKNAME
ADDED
IN SIZES XS-XXXL
BCS SCHOOL LOGO ON FRONT OF HOODIE
IN A CHOICE OF COLOURS:
DEADLINE DATE FOR ORDERING IS
31ST MARCH 2023



For more information, please the letter published alongside this weeks newsletter .

Careers

Young Professionals UK 'Your Child, Their Future' Event on Thursday 24th November from 6:00pm – 7:30pm.

The job market for students leaving school or university can be difficult to navigate and now more than ever we need to help our young people by making them aware of all the opportunities available to them, as well as providing them with advice and tips on securing the very best opportunities when they enter the workplace. We would like to extend an invitation to all parents/guardians to attend our 'Your Child, Their Future' Event on Thursday 24th November from 6:00pm – 7:30pm.

We have leaders from some of the biggest employers in the world including KPMG, BT Group, Capgemini, British Airways, Linklaters and more who will each come along to talk to you, as parents and guardians, about how your child can best navigate

the job market to find some incredible work experience/internship placements, as well as graduate and apprenticeship opportunities. We will be sharing some useful tips around psychometric testing, how to prepare for assessment centres, putting together a CV, filling out application forms, as well as advice on how you can prepare your child for the working world.

This event is completely free of charge, and it will be running via Zoom on Thursday 24th November from 5:00pm - 6.30pm. We encourage you to join this event virtually with your child, or the whole family and ask any questions that you may have, directly to leading employers.

The registration link can be found below here, so please do sign up if you would like to attend. The zoom link will be emailed to you closer to the time.

Registration Link:

<https://www.surveymonkey.com/r/YP-Information-Evening>

Mrs E Pascoe
Head of Careers



Workshops, Conferences and Tasters ...

Online Subject Tasters from the University of Sheffield. Throughout the months of November to December there are a number of (completely free) opportunities for Y12 & Y13 pupils to join the University of Sheffield for online subject specific taster sessions. There are tasters in a range of subjects from Engineering, Social Sciences (Geography, Politics, Law), and Languages. For details and booking see: www.sheffield.ac.uk/undergraduate/visit/subject-tasters/online



Interested in childcare and want to win a weekend in Bath? Norland College, which is based in Bath and has been training its famous “Norland nannies” since 1892 and offers a BA (Hons) Early Childhood Education and Care degree. It has launched a ‘win a weekend in Bath’ competition coinciding with an Open Day on Saturday 20 May 2023. To enter, provide a response to ‘Describe your favourite childhood memory and what you learned from it.’ This can be a 500-word essay, a two-minute video, a photo slideshow or another creative response of their choosing. More details can be found at: <https://www.norland.ac.uk/>



Cambridge Sixth Form Law Conference. The conference will run between 27-30 March 2023 and will be an in person event. The committee is working hard to bring as many students as possible into Cambridge for a residential experience. The conference aims to give students an insight into the study of Law and life as an undergraduate at Cambridge and is organised and run by current Law undergraduates. Cost £155 and bursaries are available. For more details see: www.cambridgesixthformlawconference.com



Skills Gap career accelerator intensive workshops. Skills Gap runs insightful workshops for young people aged 15-19 - because it’s never too soon to think about building your skills for a competitive edge in your future studies and career. They offer a range of intensive workshops, all delivered to small groups by experienced industry experts including; ‘Blockchain and Cryptocurrency’, ‘AI in Finance’, ‘Coding for Game design’ and ‘Robotics in Space’. For bookings and details see: <https://www.skillsgap.tech/workshops>



Gresham College online public lectures. Perfect for students undertaking an EPQ or just wanting to enhance their knowledge in subject areas such as Astronomy, Business and Economics, Classics, English, Geography, History, Law, Politics, Medicine and Maths. The lectures are delivered by world-class experts in their fields and are available at a touch of a button! Lots of past recordings available and the promise of more to come. Details at www.gresham.ac.uk/attend/



Website of the week. As it says on the front page <https://icould.com/> is full of “career ideas and information for your future”. There are lots of videos of a whole host of careers and jobs that you can search and watch and a fun “Buzz Quiz” where you can discover your strengths and personality type.



November 2022



We are so excited to announce that applications for our next intake of [Pathway to Bath](#) are open now!

This award winning blended learning programme could be for you if you are in Year 12 and meet one or more of the University of Bath [Widening participation criteria](#)

Pathway to Bath offers you the opportunity to:

- Complete your own project in a subject of your choice, supported by academic tutors and undergraduate e-mentors - online and flexibly, in no more than one hour per week!
- A free 3 day residential at the University of Bath during the Summer Holiday
- The chance to receive an alternative offer to study at the University of Bath

Find out more about what this year's students thought in this [video](#) and head to the [website](#) or click the button below to apply by 31st January 2023 – Don't miss out!

If you have any questions, you can email Katherine and Agnes at pathway@bath.ac.uk

[Apply Now](#)



What career will you go into?

A common question asked by many sixth formers today, most don't have a clue and rightly so! This November the 'Alternative Careers Week' presents eight young, innovative professionals speaking candidly about following their dreams and turning them into their future careers. The highs, the lows and everything in-between on converting your passions to professions.

Browse their [website](#) and see what they have to offer!

Mrs E Pascoe

Head of Careers



Mentoring Plus Your Local Christmas Tree Provider



1

PRE- ORDER YOUR CHRISTMAS TREE ONLINE OR COME DOWN AND CHOOSE ONE ON THE DAY

2

COLLECT YOUR TREE FROM RIVERSIDE YOUTH HUB, NEAR MORRISONS, LONDON RD, BA1 6AE

3

FEEL GOOD THAT YOU ARE SUPPORTING LOCAL YOUNG PEOPLE THIS CHRISTMAS. WITH ALL PROFITS DONATED TO MENTORING PLUS

Open : Dec 3rd, 4th, 10th and 11th
10am-4pm.

<https://shop.mentoringplus.net>

Email: inspire@mentoringplus.net

Registered charity number 1112534

ST JOHN AMBULANCE CADET UNIT IS OPENING IN JANUARY

COME AND SEE US ON OUR OPEN EVENING

WHAT YOU WILL FIND OUT:

- > MEET OUR YOUTH LEADERS
- > THE TRAINING AND OTHER THINGS YOU WILL DO
- > MORE OPPORTUNITIES FOR OUR CADETS

WHEN: Thursday December 1st 18.45 - 20.15

WHERE: St John Ambulance, Weirside Court,
Lower Bristol Road, Bath BA2 1AZ

CONTACT: ruth.foreman@sjambulance.org.uk

St John
Ambulance 



CHRISTMAS PRIZE BINGO

FUN FOR THE WHOLE FAMILY
BEECHEN CLIFF SCHOOL REFECTORY

FRIDAY 25TH NOVEMBER 2022

DOORS OPEN 6PM

EYES DOWN 6.30PM

REFRESHMENTS AND RAFFLE AVAILABLE
£10 FOR ALL YOUR BINGO BOOKS
SMALLER PACKS AVAILABLE FOR CHILDREN

For more information please contact kirstie

kirstiecardoza@gmail.com



NO CASH PRIZES

Family Christmas prize bingo. All ages are welcome to come along and join us for a night of fun, singing and bingo. Raffle and Refreshments available. No need to book just turn up on the night.

If anyone or any local businesses are able to donate towards the raffle or prizes we would be extremely grateful. For more information please contact kirstie on kirstiecardoza@gmail.com

BRITISH PANTOMIME ACADEMY PRESENTS

BRITISH PANTOMIME ACADEMY

PANTOMIME TOURS

Cinderella

Tickets: Adult £12
Concession (under 16, over 65) £7
Family £35 (2 adults plus 2 concessions)

Book at: www.ticketsource.co.uk/Hayesfield

THE ROPER THEATRE
UPPER OLDFIELD PARK
BATH, BA2 3LA

SATURDAY
17th DECEMBER
11AM, 1PM and 3PM

Tickets are available from the following link
www.ticketsource.co.uk/hayesfield

**tennis for all
ages + abilities**

 **Blue Sky**
TENNIS

 **LUCRA**
MORTGAGES

Expert. Fee Free. Mortgage Advice.

We've teamed up with Beechen Cliff School to offer all those connected to the school, an expert, fee free mortgage service, taking away the hassle when getting a new mortgage. We will also pay £50 Cashback to Beechen Cliff for every person that takes a new mortgage out with Lucra Mortgages. You just need to quote 'Beechen Cliff.'

01225 970 830
hello@lucramortgages.co.uk
www.lucramortgages.co.uk

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

Wreath Making workshop



with

Marina & Lesley

Saturday 3rd December 2022 at Beechen Cliff School Club House

£45 p/p to secure your booking payment required by 26th Nov.

9am-10.30am, 11.30am-1pm, 1.30-3pm (max 8 per session).

Select and pay your preferred time via

marinaroyles@yahoo.co.uk

Thank you