



BEECHEN CLIFF

15th June 23

Message from the Headteacher

Dear Parents and Carers

We are approaching the end of the exam season and continue to be impressed by the efforts of our Year 11 and Sixth Form students. I know they will all be delighted when their final exam is complete.

Today we have also held our Year 11 leavers assembly and barbeque, with an ice cream van, where they have had the opportunity to celebrate their achievements during their time at Beechen Cliff.



With the warmer weather this week we have relaxed the uniform requirements this week with blazers and ties not required to be worn in school. We are expecting the weather to be cooler next week and the return to normal uniform, however we will make decisions on a daily basis.



We enjoyed having Will Tizzard, former pupil and Southampton Footballer, visit this week to speak with our Year 7, 8 and 9 pupils. He talked about his career journey and the importance of enjoying your passion, persevering with effort and embracing setbacks to move on, which is a really important message for our pupils.

Over the last few days there has been a lot of social media speculation around large gatherings of pupils and the potential for anti-social behaviour. Whilst it is difficult to respond to rumours we would ask all parents to be extra vigilant and to talk to their children about personal safety and making sensible choices in public places.

T. D. Markall

T D Markall

Headteacher

Calendar

Thursday 15th June

Year 11 leavers BBQ 11.15 – 1.15
Headteacher Open House – 6pm Main Hall

Saturday 17th June

New Year 7 CATS Assessments

Monday 19th June

Year 10 Summer Exams Week begins

Wednesday 21st June

Centurion Challenge Information Meeting – 6.30pm – School Refectory

Monday 26th June

New Parents Evening
PTA Second Hand Uniform Sale (6pm – 8pm)
Art & Photography Show - 6.30-8.30 in Art Block

Wednesday 28th June

Celebration of Achievement Evening

Tuesday 4th July – Friday 7th July

Normandy Trip

Friday 7th July – Sunday 9th

Centurion Challenge

Thursday 29th June – Saturday 1st July

Year 7 Cricket Tour

Monday 17th July

Activities Week

Term Dates Reminder

Term Dates for 2023/2024 are listed on our website

<https://www.beechencliff.org.uk/parents/term-dates/>

Key Notices

IMPORTANT NOTICE

REPORTING PUPIL ABSENCES

It is important that **all absences** from School including late arrivals and medical appointments be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

Lower School Pupils

To report a Lower School absence please call the School direct on **01225 485222** OR you can email the lower school attendance at attendance@beechencliff.org.uk.

Sixth Form Students

For a Sixth Form student absence please call the School direct on **01225 485221** OR you can email Sixth Form attendance at sixthattendance@beechencliff.org.uk

PLANNED ABSENCES

For planned absences please complete an [absence request form](#) found on the school website and return it to the attendance office or to attendance@beechencliff.org.uk

Cycle Safety

It is great to see so many pupils riding to school of late. Please remind your son that he must wear a helmet as a minimum in order to cycle on the roads and ideally have some form of high viz clothing or item so that he can be easily seen on the road.

Please also impress upon your son the need to keep his speed at 5mph down the avenues at busy times. There have been recent incidents where pupils are riding down the Avenues too fast at busy times and endangering their own and others safety.

Kant Mann
Assistant Headteacher

Celebration of Achievement Evening - Wednesday 28th June

This is an evening to celebrate the achievements and contributions of pupils in Years 7 -10 both in the House and academic setting as our own "Oscars" event. Pupils have been nominated by their Heads of House and subject staff for their achievement and contribution to school life.

If your son has been nominated, you will receive a letter shortly inviting you to attend the evening.

Kant Mann
Assistant Headteacher

Menu for w/c 19th June 23

Monday: Creamy Tomato Chicken with Parmesan (D), Mushroom and Goats Cheese Wellington (D,W)

Tuesday: Spicy Sausage Pasta (D), Sweetcorn Pepper and Halloumi Fritters with Sweet Chilli Mayo (W)

Wednesday: Roast Silverside of Beef, Lentil Cottage Pie

Thursday: Cajun Breaded Chicken with Herb Mayo (W), Vegetable Enchiladas (D,W)

Friday: Quorn Chilli, Cheddar and Spring Onion Quiche (D,W)

Could I please ask that all ParentPay accounts are topped up at all times to avoid disappointment.

Thank you
Dan Keal
Chef

(W) = Contains Wheat Products
(D) = Contains Dairy Products

Refectory Prices

Due to the increase in food prices, from September 2023, the cost of a meal deal will be £3.20.

Other items will also incur a small increase.

School Contacts

We believe that communication between parents and carers and the School is really important. If parents or carers have a concern, query or information to pass on then please do contact us. A list of contact details for senior staff is available on the School Website and via the link [Contacts](#)

Alternatively please email headteacher@beechencliff.org.uk and the message will be passed on to the appropriate person to respond.

LIBRARY NEWS



Due to exams, the library has temporarily relocated to the Recital Room. Books can still be returned and reserved from the recital room at break and lunchtime.

HOMework CLUB WILL TAKE PLACE IN C3.

ONE THOUSANDTH BOOK BORROWED!

CONGRATULATIONS!

to Toby S. (M9a)

for being the borrower of book number 1000

from the Beechen Cliff School Library!



Since the installation of Libresoft, our online catalogue, there have been 1000 books issued from the library! Toby S was the lucky borrower of book 1000 and has received a certificate and book.

I thought it would be a good to share some borrowing statistics for the year:

- ◆ The most popular books are the Cherub series by Robert Muchamore, with book 6, *Man vs Beast* being the most borrowed.
- ◆ Other very popular series are: *Percy Jackson* (Rick Riordan), *Ultimate Football Heroes* (Matt Oldfield) and *Alex Rider* (Anthony Horowitz).
- ◆ The most popular 'stand alone' book is *Wonder* by J.R. Palacio.
- ◆ The most popular graphic novel is *Point Blanc*, closely followed by *One Piece*. Many pupils read these in the library but don't check them out.
- ◆ There is a good spread of borrowing from across all genres, but Action/ Adventure and Speculative Fiction (Sci fi) seem to be edging ahead.
- ◆ Non-fiction is also popular with around 10% of all loans.
- ◆ Around one third of all pupils and students from Year 7-Year 13 have borrowed a book from the library. The majority of these are in KS3.

I'd like to thank Toby and all the other borrowers for supporting the library and being ambassadors for reading at Beechen Cliff. If your son hasn't borrowed from the library, why not encourage him to do so! It's free!

Keep Reading! Laura Bridge, Library Lead

Rewards Week

House results

	House	Points
1st	Shakespeare	905
2nd	Milton	797
= 3rd	Byron & Kipling	649

Year group results

	Year group	Points
1st	8	1059
2nd	7	825
3rd	9	610
4th	10	494

Positives

Year	Tutor group	Average
7	Shakespeare 7b	26.1
8	Shakespeare 8a	27.2
9	Byron 9a	24.1
10	Shakespeare 10b	17.2

Well done to Shakespeare!

End of term rewards-

- ♦ Winning tutor group in each year group (terms 1-6) - Dominoes the w/c 10th July
- ♦ Winning House terms 5 and 6— Ice cream van— Monday 3rd July
- ♦ Winning House terms 1-6— Mufti day in the last week of term

Pat Macdonald
Head of Shakespeare

Vacancies



BEECHEN CLIFF

IT Technician

<https://www.eteach.com/careers/beechncliff/job/it-technician-1343190>

Closing date: Monday 19th June

Teaching Assistant

<https://www.eteach.com/careers/beechncliff/job/teaching-assistant-1343195>

Closing date: Monday 19th June

Extra- Curricular

Former student Will Tizzard - Southampton FC



Former student Will Tizzard visited Beechen Cliff this week to talk to our Year 7 - 9 pupils about his journey and career in football. Will, now 20, left Beechen Cliff with a good set of GCSE's having been on the Southampton FC Academy programme to secure a two year scholarship and then a 2 year professional contract.

His message to the pupils was clear - Enjoy your passion, take time to discover other interests, don't overthink and deal with setbacks as challenges to move forward.

An inspiring insight into hard work, dedication and professionalism. Will is currently out of contract and considering a move abroad.

Kant Mann
Assistant Headteacher



UKMT Junior Maths Challenge Results

Congratulations go to the following pupils from Years 7 and 8 who achieved certificates in the National UKMT Maths Challenge, which took place last term.



Gold Awards

Paddy B (Yr 7), Stanley R (Yr 7) Tiger T (Yr 8), Dragon T (Yr 8), Linus R, S. Rhoden (Yr 7), Lucas W (Yr 8)
Daniel M (Yr 8) Macintosh, Joshua A (Yr 8) .

Silver Awards

Ashton W (Yr 8) , Harry T (Yr 8) , Nathan N (Yr 8), Zachary L (Yr8) William M-R (Yr 8), Nick E (Yr 8),
Horatio OB (Yr 8), Felix D (Yr 8). Finn K (Yr 8), Alexander W (Yr 8) , Jacob C (Yr 8) , William D (Yr 7),
George OB (Yr 8), Beau S (Yr 8) .

Bronze Awards

William G (Yr 7), Oz B (Yr 7), Mark D (Yr 8) , Madoc S (Yr 7), Oliver B (Yr 8), Wilfred C-E (Yr 8),
Joshua W (Yr 8), Ethan H (Yr 8), Thomas S (Yr 8) Jake E (Yr 8), Elias M (Yr 8).

European Kangaroo Round

Good luck to the four pupils who qualified for the European round which takes place this week: Tiger, Paddy, Dragon and Linus.

Mr J Henly
Maths Challenge Coordinator

1Km Sponsored River Swim



Elliot P (Year 7) and his sister Pearl (Year 5 at Oldfield Park Junior School) will be swimming 1km along the River Avon in South Devon on 8th July in aid of Level Water – a charity helping children with disabilities learn to swim.

If you feel able to contribute to Eliot and his sisters fundraising efforts

<https://www.justgiving.com/fundraising/cpswimsalot>



Thanks!

Chris Parkin

Weekly Maths Quiz - 15th June 2023

Smarter than a teenager? Here are three maths quiz questions for your perusal! Remember...just for fun!

Q1) Years 7 and 8

Which of the following is the longest period of time?

- A 3002 hours B 125 days C $17\frac{1}{2}$ weeks D 4 months E $\frac{1}{3}$ of a year

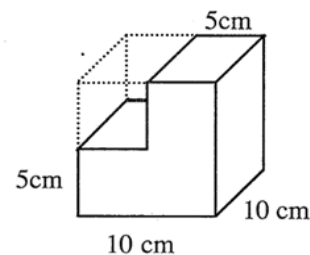
Q 2)
Years 9,

10 & 11

A cuboid is cut away from a cube of side 10 cm as shown.

By what fraction does the total surface area of the solid decrease as a result?

- A $\frac{1}{4}$ B $\frac{1}{6}$ C $\frac{1}{10}$ D $\frac{1}{12}$ E $\frac{1}{18}$

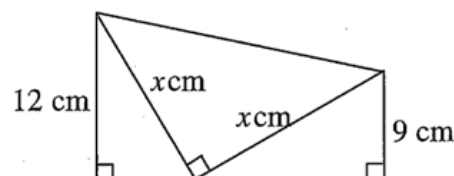


Q3) Sixth Form

The diagram shows three right-angled triangles.

What is the value of x ?

- A 14 B $10\sqrt{2}$ C 15
D $12\sqrt{2}$ E $10\sqrt{3}$



ANSWERS ON THE NEXT PAGE

Maths Quiz ANSWERS

Q 1) **A**

One year is, at most, 366 days, so one-third of a year is less than 125 days. No month is longer than 31 days, so 4 months is also less than 125 days, as is 17.5 weeks which equals 122.5 days. However 3002 hours equals 125 days 2 hours, so this is the longest of the five periods of time.

Q 2) **D**

When the cuboid is cut away, the surface area of the solid 'loses' two rectangles measuring $10 \text{ cm} \times 5 \text{ cm}$ and two squares of side 5 cm . However, it also 'gains' two rectangles measuring $10 \text{ cm} \times 5 \text{ cm}$. So the surface area decreases by an area equal to one half of the area of one of the faces of the original cube, that is one twelfth of its original surface area.

Q 3) **C**

$$\angle ACB + \angle ACE + \angle DCE = 180^\circ$$

(angles on a straight line).

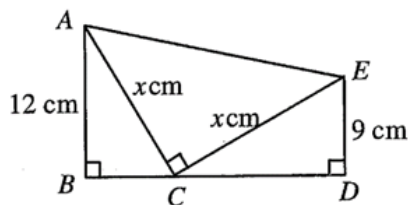
$$\text{So } \angle ACB = 90^\circ - \angle DCE.$$

$$\text{Also, } \angle CDE + \angle CED + \angle DCE = 180^\circ$$

(angle sum of a triangle).

$$\text{So } \angle CED = 90^\circ - \angle DCE.$$

Therefore $\angle ACB = \angle CED$ and we can deduce that triangles ABC and CDE are congruent since they have two pairs of equal angles and one pair of equal sides ($AC = CE$). So BC has length 9 cm and we use Pythagoras' Theorem to see that $x^2 = 12^2 + 9^2 = 225$. Hence $x = 15$.



A date for your diary!

You are cordially invited to the 2023 Art and Photography Show.

Please note that as we are holding the show in the Art Block this year, the show will be on for just one night. It will open at 6.30pm on Monday June 26th, and will be open until 8.30pm.

This Year's show is titled 'Pick 'n Mix', because the work the students have done is such an eclectic mix of styles.

Please come along, it promises to be a spectacular show!

Dave Murphy

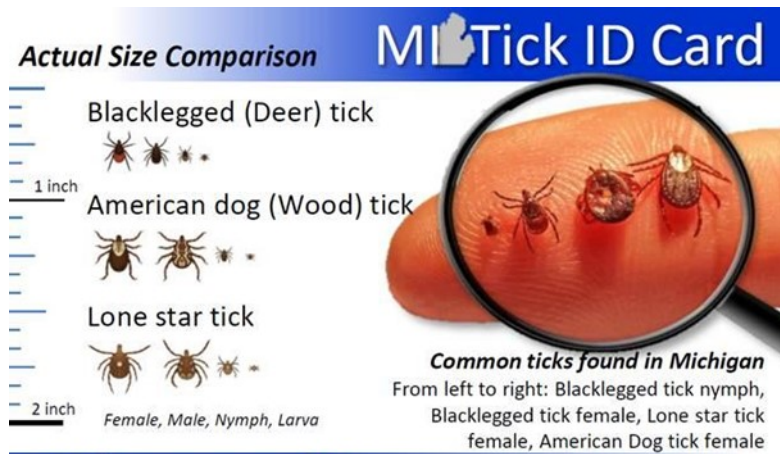
Head of Art and Photography



Be Tick aware

At this stage of the year through various outdoor activities many students will be in areas where they could pick up ticks. These insects are in great abundance this year. They are parasitic and take blood from their host. They are normally easy to remove with a tick remover and are quite common. However they can carry Lyme disease, which if untreated is extremely debilitating. The incidence of this disease is on the rise so here is some advice on what to look out for. Further details are available from this website:

<http://www.lymediseaseaction.org.uk/about-ticks/>



The rash is very distinctive and looks like a target or dart board. Please consult your doctor if you see this.



If you remove a tick please keep an eye on the area and any of the symptoms below.

General Early Lyme disease Symptoms and Signs may include: Erythema Migrans (EM rash), the Bull's Eye rash (a subset of EM rash), or no rash. The EM rash may appear on other places on your body than the bite site (Disseminated disease). It may begin as a single circular red mark that spreads outwards. As it disseminates over the skin, sometimes it becomes lighter in the area nearer to the center of the bite--this central clearing is what distinguishes a Bull's eye rash from other EM rashes. In people of color, the rash may appear more like a bruise. The rash is usually not itchy. Since Lyme disease is a multi-systemic illness there are a multitude of Lyme disease symptoms including:

- Flu-like illness
- Fever
- History of Tick Bite (Not all patients recall a bite)
- Headache
- Extreme Fatigue
- EM Rash, Other Rashes (Only found in 50% of patients)
- Malar Flush, Red Ear Lobes
- TMJ/TMJJD Jaw Pain (Temporomandibular joint dysfunction)
- Neck and Back Pain

Centurion Challenge Meeting - Wednesday 21st June



Centurion Challenge 2023

100 miles in 48 hours

Entry into this years Centurion Challenge is now closed.

Your completion of the online MEDICAL FORM will now be utilised to generate finalise our arrangements and marshalling lists. Therefore if for any reason you are not be able to take part then please in form us immediately.

T shirts will be ordered as per the size indicated and these will be ready on the day of the Challenge

You should now have access to Parent Pay to pay your the **ENTRANCE FEE : £85**, this step finally secures your place. So please do this soon to enable us to settle advance overhead payments

The **Centurion Challenge Meeting** is on Wednesday **21st June** at **18:30** hours in the Beechen Cliff Refectory. Parents (and Pupils) to please attend - it is your opportunity to ask questions and offer your services to help marshall the event.

Lastly, we would also like you to raise Sponsorship. More details including how to pay this in online or directly to the school in cash will be discussed at the meeting detailed above.

Richard Stewart

Dave Brewer

Centurion Challenge Organisers

The Bath Young Inventor of the Year Award is coming to its climax.

The closing date for entries is Sunday June 25th.

Entries can be taken to 44AD 4 Abbey Street on either Saturday June 24th or Sunday June 25th between 12 and 5pm.

All entries will be exhibited July 12th to 15th at 44AD.

The judging and award ceremony will be at The Museum of Bath at Work 11am Saturday July 15th.

If you have any queries or if delivering your invention is difficult please contact BathYoungInventors@gmail.com

BATH YOUNG INVENTOR OF THE YEAR 2023

INVENT IT!

HOW TO ENTER BATH YOUNG INVENTOR AWARD

TALKS + ACTIVITIES

FREE ENTRY 8-17 YRS

The Award is open for entries from children ages 8-17 years, sponsored and supported by 44AD artspace, Museum of Bath at Work, Curo, and The Arts Society.

SPORTS

Fixtures for week commencing 19th June 23 (correct at time of publication)

Day	Fixture	Start time/ kick off	Meet time	Transport	Finish/ Return time
Monday 19th June					
Tuesday 20 th June	U14 and b cricket v KES (a)	13:30			
	Cricket festival	9:00			
Wednesday 21 st June	U13a, U13b, U12b cricket v Prior (a)	14:15			
	U12a cricket v Prior (h)	14:15			
Thursday 22 nd June	U18 (boys & girls) & U14 tennis v Clifton (h)	14:00			
	1st XI cricket v Dauntseys (a)	14:00			
Friday 23 rd June					

Sports Class on Google Classrooms/ Sports Fixtures website

Each year group now has a Sports Class on Google Classrooms where details of fixtures and notices will be given. Please encourage your son to check this regularly for information.

You can also find fixtures information and team sheets on our [Sports Fixtures website](#)

If your son is absent on the day of his fixture, please can we politely ask that when you contact Attendance to report the absence, you also advise the sports team sport@beechencliff.org.uk as soon as possible to enable an alternative player to be found.

PTA NEWS

PTA Co-Chair Vacancy

The PTA needs your support. We are looking to recruit a second PTA co chair with immediate effect. We're also in need of volunteer parents to help support the school and in turn help fundraise with the following:

- *Second hand uniform sales*
- *Cafe during open days or parent evenings/ running the bar on bands night/ quiz nights etc*
- *Raffle prizes (seeking out)*
- *Crowdfunding: help run the campaign with copy writing etc*
- *Event planning*

Interested in helping support your school charity? Please email: snir.bene@yahoo.com

The PTA is a charity that supports Beechen Cliff boys' education, providing enriching activities, resources and programmes which enhance their learning journey and foster a thriving school community.

Snir Benedek

SECOND HAND UNIFORM

The PTA would like all donations of good quality second hand school uniform for our next sale please. We would like; blazers: all sized blazers desperately needed, shirts, ties, cricket whites.

No trousers please. Please recycle those!

By donating it back to school we can sell it on to raise much needed funds for the school.

Please drop off your unwanted school uniform in to the blue plastic container by reception, at any-time. Thank you.

We are on the lookout for some new volunteers to help support the uniform team.

We can not run this much needed service without the generosity of eager volunteers please get involved!

Email: secondhanduniformbc@gmail.com

Thankyou for your support.

PTA

Secondhand Uniform

SALE

at

Beechen Cliff School
Club House

on

Monday 26th June
6pm - 8pm

**Payments to be made
By card preferably!**

We are also selling
Revision Guides and text books!

**Bring up your uniform donations....
NO trousers please!!**

Wellbeing

Gender Identity and Mental Health



June is Pride month.

While we support the LGBTQIA+ community all year round, we also believe that Pride is a special time to celebrate. It's an opportunity to come together in love and solidarity to recognise how far LGBTQIA+ rights have come and to show our support for the work that still needs to be done.

If your child's experiences around gender identity are affecting their mental health, '[YoungMinds](#)' have information and advice for parents and carers on what you can do and where you can get help.

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/gender-identity/#Whatisgenderidentity>

Every individual's experience of gender identity is different. For some young people, experiences around gender identity may affect their mental health in different ways.

These can include:

- * Finding things confusing or worrying if they are questioning their gender and feeling unsure at the moment about who they are. Feeling distressed when other people do not recognise their gender identity – for example viewing or referring to them as a gender that doesn't feel right.
- * Struggling with their body image and how they feel in their own skin if their body does not match their gender.
- * Struggling with difficult feelings, or not being able to be who they are, if they have experienced stigma, bullying, rejection or hostility from others – which many people unfortunately do.
- * Not feeling safe to share or express their gender identity in some groups or situations.

These and other experiences can sometimes lead to feelings of:

- anxiety
- Isolation
- low mood or depression
- anger
- wanting to self-harm, or having suicidal thoughts

If you have concerns that your child's mental health may be affected by their experiences around gender identity, we hope that this guide will be helpful. As always, please do speak to the Pastoral Support team if you feel your child needs additional support.

The Wellbeing Team

Theme of the Week

The Anti-Bullying Programme raises awareness of bullying behaviour and supports young people to tackle it and feel confident. Our Anti-Bullying Ambassador training has taken place this term. Year 7 and Year 8 now have Anti-Bullying Ambassadors who will be working with their peers. We are also working with other schools in the trust to bring our Anti-Bullying Ambassadors together, this will enable them to share ideas and focuses for the next academic year



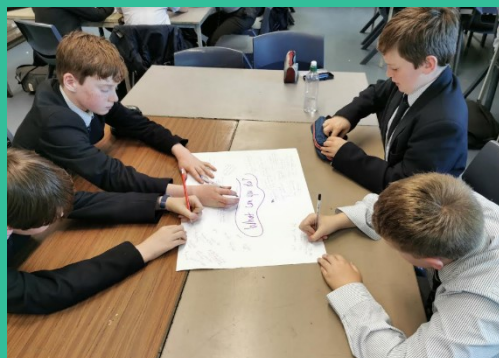
**#STAND
UP
TO
BULLYING**



'I will not be a bystander'



**YOU ARE
CAPABLE OF
CHANGING
THE WORLD_**



'I will be there for you to talk to'

'I will be a kind and balanced person

'I will help others by making them comfortable'

'I will be there for as many students as possible

Odd Down

Family Fun Day

Sunday 2nd July

12:00pm till 4:00pm



Accessible bike riding • All Cycle Bath

Burgers and Nachos • Fire Brigade

Face Painting • Police • Slimming World

Muay Thai • Music • Kickboxing

Guide Dogs for the Blind • Roller-skating

Football for all at ODSG • Raffle

Ice cream van • Roman Boxing Club

Children's activities • Many more TBC

If you wish to hold a stall or assist with the event, please contact
Jennifer.Jacob@GLL.org

Odd Down Sports Ground,
Chelwood Drive, Bath BA22PR

BETTER

Summer Tennis Camps

• Lansdown • Trowbridge Westbourne • Wellow • Bloomfield



Dates:
10th July - 31st August
2023



For more information contact:
genie@blueskytennis.co.uk

Or visit:
<https://blueskytennis.co.uk/holiday-courses/>

SUMMER CAMPS!

SPOTTERS HOCKEY

BATH, SOMERSET

2023



NEW DATES ANNOUNCED!

MAIN CAMP AGES 7-16 25 & 26 JULY, 14 & 15 AUGUST

PERFORMANCE CAMP AGES 12-16, DEVELOPERS AND PERFORMERS AGES 11-12, BEGINNERS, IMPROVERS AGES 7-10

[BOOK HERE FOR MAIN CAMP](#)



HPC AGES 14-18 16 AUGUST

RECOGNISED REFERRAL ROUTE FOR EHB TA; WORK AT STRETCH, FUEL YOUR AMBITION TO PROGRESS



[BOOK HERE FOR HPC](#)



SUMMER PERFORMANCE ACADEMY

15 MAY - 29 JUNE YEARS 5-7 AND 8-9

[BOOK HERE FOR SUMMER PERFORMANCE ACADEMY](#)



Spotters Hockey Camps

will run in the Summer holidays:-

Main camps:

25 & 26 July 2023

14 & 25 August 2023

High Performing Camp

16 August 2023

Spotters Hockey provide coaching for ages 7-16:

- Beginners and Improvers (ages 7-10),
- Developers and Emerging Performers (ages 11-12), and
- Performers looking to progress (ages 12-16)

Spotters Hockey Main camps—Booking

<https://form.jotform.com/210805551045346>

Spotters Hockey High Performing Camp - Booking

<https://form.jotform.com/221645330226346>

Sports and Leisure Gala Day on Weston Rec on Saturday 1 July.

If you'd like to organise any other kind of sport or activity, please let me know.

Peter Heywood

Active Weston

07976 241 545

peter@heywood.co



**SPORTS AND LEISURE
GALA DAY**

**WESTON REC SATURDAY 1 JULY
11AM TO 5PM**

**TAKE PART
OR JUST WATCH AND ENJOY
ALL DAY, FOR ALL AGES**

**SPORTS, EVENTS
ACTIVITIES
FAMILY FUN ZONE
LOTS OF FOOD
AND DRINK**

FREE ENTRY

ACTIVE WESTON

The AceWay

By Megan Butterworth

New and exciting tennis opportunities for children of all ages to learn and play tennis together.

We offer groups, private and joint lessons for all ages and abilities and cater to any additional needs.

Junior Group Times:

- 4 – 8 years olds Thursdays at 4:30pm – 5:30pm
- 9 – 10 year olds Thursdays at 5:30pm – 6:30pm
- 11 – 14 year olds Thursdays at 6:30pm – 7:30pm
- Tots Tennis (under 4s) Fridays at 9:30am – 10:30am
- Junior Club Evening Fridays at 5:30pm – 7:30pm
- Tots Tennis (under 4s) Saturdays at 9:30am – 10:30am
- 4 – 8 years olds Saturdays at 10:30am – 11:30am
- 9 – 10 year olds Saturdays at 11:30am – 12:30pm
- 11 – 14 year olds Saturdays at 12:30pm – 1:30pm
- Junior Club Afternoon Saturdays at 3:30pm – 5:30pm

For more info and to sign up please don't hesitate to contact Megan:

- 07779535580
- Megan-Butterworth@hotmail.co.uk
- [theaceway2022](https://www.instagram.com/theaceway2022)

UP & UNDER SPORTS

**Open to boys and girls aged 6-16
AVAILABLE IN BATH AND BRISTOL AREA**

INDIVIDUAL PERFORMANCE COACHING 1 TO 1

Our Individual Performance course offers personalised training sessions for all skill levels. Each session is tailored to the individual's specific goals and needs, whether they are looking to improve their technical skills or physical conditioning. From beginners starting out on their footballing path, to players who want to improve specific aspects of their game taking their performances to the next level.

GROUP SESSIONS GROUPS OF 4, 6 OR 8

Our small group sessions are fantastic for players who prefer to train with friends & team mates. Training with other players brings intensity and competition creating a match environment.

Sessions with: LEWIS DIXON

- FA Level 2 qualified & DBS checked
- Current Larkhall player & former Bath City Academy player

To book a session or for more information please contact Lewis on 07870993631 or email lewis@upandundersports.co.uk

COSTS per session	1-1 Coaching Session	4-1 Group Session
	£25	£60
	£40	£60

Sessions will cover: basic passing, dribbling, control, shooting etc.
Progressing onto more advanced training: movement, positioning, fitness & tactics progressing the individual to their highest potential.

LUCRA MORTGAGES

Expert. Fee Free. Mortgage Advice.

We've teamed up with Beechen Cliff School to offer all those connected to the school, an expert, fee free mortgage service, taking away the hassle when getting a new mortgage. We will also pay £50 Cashback to Beechen Cliff for every person that takes a new mortgage out with Lucra Mortgages. You just need to quote 'Beechen Cliff.'

01225 970 830
hello@lucramortgages.co.uk
www.lucramortgages.co.uk

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

Bibi's

Vegetarian Indian Cuisine



Find us @ Bath Green Park
Farmer's Market every
Saturday from 9-1pm



Menu

Vegetarian samosa	£2 each / 4 for £7
Sweetcorn tikki	£1.80 each
Fenugreek tikki	£1.80 each
Onion bhaji	£1.80 each

Curries:	£4.50 small /
Chickpea & spinach	£8 large
Lentil & pepper	

Garam masala spice	£3 per jar
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may contain allergens



Please email bibisindiancuisine@gmail.com for specific requests

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