



BEECHEN CLIFF

28th September 23

Message from the Headteacher

Dear Parents and Carers,

Last week we were pleased to invite an OFSTED inspection team to the school. The team consisted of five inspectors, including two HMIs, and they undertook a section 5 graded inspection over two days.

It was made particularly busy with our Open Morning for prospective Year 7 pupils and their parents also taking place on the first day of the inspection.

As ever, our pupils and Sixth Form students were fantastic ambassadors for Beechen Cliff and the inspectors all commented on the pride they showed in their school.

Whilst we are not in a position to share the judgment at this point, I would like to share that the verbal feedback was very pleasing and I look forward to sharing the report with you when it is published.

T. D. Markall

T. D. Markall

Headteacher

Calendar

Thursday 28th September

Year 8 Parents Information Evening
(6-7pm)

Friday 29th – Sunday 1st October

CCF Exercise at Merryfield

Thursday 5th October

Year 9 Parent Information Evening (6-7pm)

Tuesday 10th October

Year 10 Parent Information Evening (6-7pm)

Friday 13th October

PTA Quiz and Curry Night in Beechen Refectory - 6.30pm for 7pm start

Sunday 15th – Tuesday 17th October

Year 9 Cornwall Surfing Trip

Tuesday 17th October

Year 11 Parent Information Evening (6-7pm)

Thursday 19th October

Piano Concert – St Luke's Church @7pm

Thursday 19th – Tuesday 24th October

Sixth Form Iceland Trip

Saturday 14th October

Sixth form Open Morning (9am-1pm)

Friday 20th October

End of Term 1

Monday 30th October

Start of Term 2

Year 7 Tir-Y-Cwm Trips visits during September 23

Wednesday 27th – Friday 29th

Teaching Group 7AE

Key Notices

Driving pupils to school and pupil drop offs

Wherever possible we encourage pupils to walk to school or to use public transport.

We understand that on some occasions parents need to drive their children to school. If this is the case we would be grateful if pupils could be dropped off on Bear Flat (Majestic Wine has agreed for the space outside their store being used) to reduce traffic and to improve safety on the Avenues.

If parents need to drive up the Avenues we would request the following:

- Please respect the unofficial one way system; Up Shakespeare Avenue and down Kipling Avenue.
- Please keep to the 20mph speed limit.
- Please use the marked parking bays rather than stopping on the yellow lines.

Thank you for your support to reduce traffic and improve safety in the local area for the benefit of our pupils and the local community.

Mr K Mann
Assistant Headteacher

Menu of the week: w/c 2nd October

Monday: Sweet and Sour Chicken, Veggie Pasta Bolognese (W)

Tuesday: Sausages with Onion Gravy, Quorn Sausages with Onion Gravy

Wednesday: Roast Turkey, Mushroom stuffed with Spinach Red Onion and Goats Cheese (W,D,V)

Thursday: Pasta Carbonara (W,D), Roasted Pepper and Potato Frittata (D)

Friday: Thai Fish Cake with Lemon Mayonnaise, Falafel Wrap with Minted Yogurt (W,D,V)

Can I also ask that all accounts are topped up at all times to avoid disappointment.

D Keal
Chef

(W) = Contains Wheat Products

(D) = Contains Dairy Products

(V) = Vegan alternative

Google Classroom Parent/Carer Summaries:

I'm afraid we have had an issue with the settings of Google Classroom automatically turning the Parent/Guardian Summaries off centrally. Having tried a number of ways to turn them back on, there were still some parents who did not receive them this week. We have now gone in and turned them on manually for every single Google Classroom, so you should receive your summary for all of your child/children's homework next week. Please let me know if this is not the case so that I can look into this further. Apologies to anyone who was expecting a summary and did not receive one this week.

Best wishes,

Ms Sophie Sullivan
ssullivan@beechencliff.org.uk

REPORTING ALL PUPIL ABSENCES

It is important that **all absences** from School including late arrivals and medical appointments be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

Lower School Pupils

To report a Lower School absence please call the School direct on **01225 485222** OR you can email the lower school attendance at attendance@beechencliff.org.uk.

Sixth Form Students

For a Sixth Form student absence please call the School direct on **01225 485221** OR you can email Sixth Form attendance at sixthattendance@beechencliff.org.uk

PLANNED ABSENCES

For planned absences please complete an [absence request form](#) found on the school website and return it to the attendance office or to attendance@beechencliff.org.uk

Free School Meals

Dear Parents and Carers,

Please ignore the following email if your son is already in receipt of Free School Meals or you are fully aware of the criteria and know that you are not eligible.

After recent conversations with parents whose financial situation has changed we felt that it was important to circulate information about Free School Meals and the link by which you can apply.

[Apply for free school meals | Bath and North East Somerset Council \(bathnes.gov.uk\)](https://www.bathnes.gov.uk/free-school-meals)

BANES Contact Details:-

Email: freeschoolmeals@bathnes.gov.uk

Tel: 01225 39 43 17

If you need to contact the school about Pupil Premium or Free School Meals please email us at pupilpremium@beechencliff.org.uk

If you are not eligible for Free School Meals but are still in financial hardship please direct all communication to headteacher@beechencliff.org.uk

Attached to this week's newsletter is an information sheet that we have created and an application form if you'd prefer to print and post it.

Tracey Layton

Pupil Premium Lead

How to help your teenager overcome the last-minute revision panic for GCSE and A Levels – Practical 'upskill' session

Bath Women's Fund, a local charity, has organised a session in Bath in October where they will be teaching pupils and parents about revision. This is designed to be a practical and dyslexia friendly 'upskill' session which will take place in central Bath on 2nd October and is relevant to students preparing for GCSE or A Levels and their families.

'Revision Starts Now!' will cover the why, when and how of revision for parents of teenagers studying for their exams and to overcome the last-minute revision panic. This session is open to all parents and/or students studying at GCSE / A Level who would like some help with the 'when, what and how' of revision. Places can be booked here.

<https://bwfrevision.eventbrite.co.uk>

Please can you with any families you feel might be interested. I am happy to go too if one of you fancies coming to keep me company.

Remember, you need to send this to each parent you feel may be interested as you cannot use BCC anymore.

Ms Joanna Blair

Special Educational Needs and Disabilities Coordinator and Senior Leader for Pupil Premium

Extra- Curricular

Music News

All instrumental lessons are now up and running and I would ask parents to ensure pupils check the timetables displayed in the music centre foyer. A copy of the timetables can also be found online in the music pages <http://musicbcs.weebly.com/music-timetables.html> Timetables are updated each Friday in preparation for the following week.

A reminder about all the extra-curricular music activities that take place. The main ensembles take place after school and include Choir on Monday, Concert band/Orchestra on Tuesday and folk group on Wednesday. All rehearsals take place in the music centre between 3.20 and 4.10. In addition, Saxophone group will rehearse on Tuesday (time TBC). Swing band will rehearse on Wednesday lunchtime at 1.30- 2.00pm and year 7 ensemble on Thursday lunchtime: 12.30-12.55. Please encourage your son/daughter to get involved in one of these clubs.

Piano Concert – Thursday 19th October 7.00pm. St Luke’s Church, Bath, BA2 2BD

We will be holding our annual piano concert in the last week of this term. More details will follow in due course, but if you wish your son/daughter to be involved, please ask them to come and see one of the music staff or alternatively e-mail: music@beechencliff.org.uk

Mr P E Calvert

Head of Music

Austria Ski Trip to Schladming 15-21 December 2023

There are 2 places available for Year 10 or Year 12 students.

Please see Mr Mann or email kmann@beechencliff.org.uk if you would like your son or daughter to attend this trip.

Mr K Mann

Assistant headteacher

Extra Curricular Clubs and Activities for Terms 1 and 2 .

Please be advised that a full list of extra curricular clubs and activities running in terms 1 and 2 has been published on the school website under Extra Curricular Activities. Or you can use the link below

[Clubs and Activities Terms 1 and 2 \(23/24\)](#)

SPORTS

Sports Class on Google Classrooms/ Sports Fixtures website

Each year group has a Sports Class on Google Classrooms where details of fixtures and notices will be given. Please encourage your son to check this regularly for information.

You can also find fixtures information and team sheets on our [Sports Fixtures website](#)

Fixtures for week commencing 2nd October (Correct at time of publication)

	Fixture	Start time/ kick off	Meet time	Transport	Finish/Return time
Tuesday 3 rd October	U13b rugby v Sexseys (a)	16:00	14:30	MB	
	U16a rugby v The Blue School (a)	14:30	13:00	MB & 9S	
Wednesday 4 th October	1st & 2nd XV rugby v Exeter (h)	14:30	13:15	n/a	
	U15b rugby v Sexseys (a)	15:00	13:30	MB & 9S	
Thursday 5 th October	1st VII netball v Ralph Allen (a)	15:30	14:45	MB	
	1st XI football v Sir Bernard Lovell (a)	14:00	12:45	MB	
	U15 rugby v Gordano (h)	15:30	14:45	n/a	
	U14 rugby v Castle (h)	14:30	13:45	n/a	

If your son is absent on the day of his fixture, please can we politely ask that when you contact Attendance to report the absence, you also advise the sports team sport@beechencliff.org.uk as soon as possible to enable an alternative player to be found.

Year 8 Football

A photo of the team that recently beat Millfield School in the English Schools Cup.



Beechen Bands Take To HMV

Two of Beechen Cliff's bands 'The Habit' and 'Syncopation Station' have both recently performed sets at HMV in Bath to a great response. It was great to see so many students supporting their peers at these events, and we are proud to see Beechen Cliff bands seeking out performance opportunities outside school!

Here's to many more gigs!

Mr J Harriman
Music Technician



School Contacts

We believe that communication between parents and carers and the School is really important. If parents or carers have a concern, query or information to pass on then please do contact us. A list of contact details for senior staff is available on the School Website and via the link [Contacts](#)

Alternatively please email headteacher@beechencliff.org.uk and the message will be passed on to the appropriate person to respond.

Term Dates Reminder

Term Dates for 2023/2024 are listed on our website

<https://www.beechencliff.org.uk/parents/term-dates/>



Follow us on twitter - [@beechencliff](#) and Insta - beechencliff1

Term 1 Week 3

LIBRARY NEWS



PLEASE CHECK FOR OVERDUE

It has been a busy week with many KS3 classes starting library skills lessons during their reading classes. In the first lessons, the boys explored the library and found out some of the things that they can find there (apart from books!). If your son is in Year 7, 8 or 9 his reading lessons will be rotated between the library and a classroom over the year so that everyone gets equal access to our lovely library space. When not in the library, their reading teacher will be sharing some fantastic books with them.

Reading really is central to everything that happens in our school. This year the new tutor programme includes two sessions devoted to reading. Ask your Y8 and 9 sons about the Beechen Canon and Y7s about their shared book 'Boy Missing.' Y10s and Y11s are being treated to some of Mr Newell's favourite books in their reading sessions too.

Have a great week! Keep Reading!

Laura Bridge, Library Lead

Encouraging boys to read.

Here's another tip that has been shown to work to encourage boys to read:

Tip 3: Audiobooks

For reluctant readers and those with busy lives, an audiobook can be a great way to access quality language and interesting stories without even picking up a book. Try listening to a story in the car on the way to and from a club or put an audiobook on at bedtime. Did you know you can access many free audiobooks through your local library?

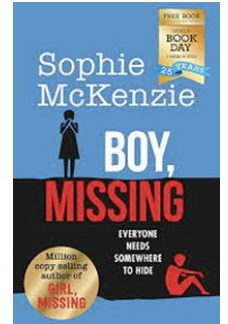
Sign up at: <https://beta.bathnes.gov.uk/join-library-network>

More tips in the coming weeks!

RECOMMENDATION

BOY MISSING

by Sophie McKenzie.



This fast paced adventure sees Ellen and her cousin Harlan in danger as the two fall out on a camping trip and end up fighting for survival underground.

Every chapter ends on a cliffhanger and the excitement and tension builds at every turn. Every single Year 7 pupil at school is reading this book together during tutor time, so ask your son what is happening and what they think will happen next.

LIBRARY CLUB

Wednesday 3.15-4.15

This term there will be a library club on Wednesday after school. The club is for all book-loving pupils and students in any year in the school. We will tailor the sessions depending on who turns up but activities will include librarian training, improving the library, sharing book recommendations and a 'book club' where we share books and discuss them.

Library Club will be weekly from Wednesday 27th Sept.

Wellbeing



Understanding and Empowering Young Minds

Dear Parents and Guardians,

We hope this newsletter finds you well and that the school year is off to a great start for your children. In this edition, we want to share some valuable insights about teaching our children and young people about the vagus nerve, self-regulation, and understanding that anxious feelings are a normal part of life. These topics pave the way for solution-focused conversations that can empower our children to make small changes in their everyday lives, supporting them in developing effective coping strategies.

Understanding the Vagus Nerve:

The vagus nerve, often called the "wandering nerve," is a remarkable part of our autonomic nervous system. It plays a crucial role in regulating our body's functions, such as heart rate, digestion, and respiratory rate. Additionally, it's a key player in our body's stress response system. Teaching children about the vagus nerve can provide them with insights into how their bodies respond to stress and how they can regain control when feeling overwhelmed.

Self-Regulation:

Self-regulation is a critical life skill that allows individuals to manage their emotions, thoughts, and behaviors effectively. By helping our children understand their own emotional responses and how to regulate them, we empower them to navigate the challenges they face with resilience and confidence.

Normalizing Anxious Feelings:

Anxiety is a natural and adaptive response that has helped humans survive throughout our evolutionary history. It's important for children to know that feeling anxious in certain situations is entirely normal. Understanding this can reduce the stigma associated with anxiety and encourage open conversations about it.

Our Modern World and Ancient Brains:

It's worth noting that our brains and bodies have not evolved to keep pace with the rapid changes in our modern world. The constant stimulation from screens, fast-paced lifestyles, and social pressures can overload our nervous systems. Teaching children about the vagus nerve and self-regulation can help them better adapt to the challenges of the modern world.

Empowering Conversations:

By incorporating discussions about the vagus nerve, self-regulation, and the normality of anxious feelings into our interactions with children, we pave the way for solution-focused conversations. Encourage them to explore coping strategies that work best for them, such as deep breathing exercises, mindfulness, physical activity, or talking to a trusted adult.

Supporting Your Child's Journey:

As parents and guardians, you play a pivotal role in supporting your child's emotional well-being. Here are some practical steps you can take:

1. **Open Communication:** Create an open and judgment-free space for your child to express their feelings and concerns.
2. **Model Self-Regulation:** Lead by example in managing your own emotions and practicing self-regulation techniques.
3. **Encourage Healthy Habits:** Promote activities like exercise, adequate sleep, and a balanced diet, which can positively impact both physical and emotional well-being.
4. **Seek Professional Help When Needed:** If your child's anxiety becomes overwhelming or persistent, consider seeking guidance from a mental health professional. You can talk to your son's Head of Year.

Incorporating discussions about the vagus nerve, self-regulation, and normalizing anxious feelings can provide our children with the agency to navigate the challenges of our modern world confidently. Together, we can empower them to make small changes in their everyday lives that support their well-being and resilience.

Thank you for taking the time to read this! We look forward to continued growth and learning together in the coming months.

We will be holding an online Parent Information Session on October 12th at 6pm. There will be a Booking Form to follow next week!

Warm Wishes.

The Wellbeing Team

PTA News

Secondhand Uniform

SALE

at

Beechen Cliff School
Club House

on

Thursday 5th October
6pm - 8pm

**Payments to be made
by card preferably!**

We are also selling
Revision Guides and text books!

**Bring up your uniform donations....
NO trousers please!!**

The PTA would like to say a BIG thank you!

Thank you to all the fantastic volunteer mums; Geri, Jen and Kate, who ran the uniform sale in the summer and to all the parents that have donated their uniforms and text books for the sales.

We raised a fantastic **£2000** on Monday 26th June! We also did a mini sale on Weds 30th Aug at the very last minute and raised **£1398**.

All of this will go straight back into the school.

If any parents would like to volunteer to help with future sales or the PTA in general, you are always welcome! Please get in touch with me on the email below. The next sale will be this October.

Please keep an eye on the dates in the weekly online Newsletter.

Thank you again for keeping uniform supplies coming in, we are very grateful. To date we have raised approx: **£15360**, so that's **£4972** this financial year.

Any enquiries about Second Hand Uniform please contact:
Lesley Leming: secondhanduniformbc@gmail.com

BEECHEN CLIFF

2ND HAND UNIFORM

SHOP PRICES

House Colours

BYRON KIPLING MILTON SHAKESPEARE

GENERAL UNIFORM

Blazers: £12

Shirts: £3

Trousers: 50p

Pullovers: £6

Ties: £2

GAMES KIT

Games Top: £7

* New Games Top: £12

* Brand New Games Top: £20

Games Shorts: £5

* New Games Shorts: £7

Games Socks: £2

New Games Socks: £4

Shin Pads: £2

Rugby/Football/ Trainers/Boots: £4

Joggers: £6

*New Joggers: £12

* **New means new not 2HU**

* **Brand New means new style**

PE KIT

PE Top: £4

* New PE Top: £6

* Brand New PE top: £10

PE Shorts: £4

*New PE Shorts: £6

CRICKET WHITES

Cricket Top: £3

Cricket Trousers: £3

Cricket: Tanks/Jumper: £5

Caps: £2

Cricket pads: £10

COATS /SHOES/BAGS

Lightweight/Summer: £5

Padded/Winter: £8-10

Shoes: £5

Bags: Small: £4 Large: £10

PTA School Quiz Night



PTA School Quiz

Friday 13th October 2023

Refectory Beechen Cliff

7pm (prompt start) – 10 pm

Please arrive by 6.30pm

QUIZ.CURRY.BAR. RAFFLE

Come and support your school, fire up your brain cells and have a laugh with your friends or other Beechen Parents.

Teams of up to 8 people.

£10pp for Quiz and Curry.

Payment by CARD at the BAR

Booking available shortly via ParentPay

We would like to extend a warm welcome to all our new Year 7 families and can help co-ordinate tables for any newcomers to the 'fun raising' quiz event.

Raffle prize donations are always welcome!!



Careers

NHS Virtual Work Experience Programme commencing on Sunday 1st October



Students can register using the link below:

<https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

Once you have registered, you will be emailed links to your virtual work experience portals.

This programme is suitable for students in year groups Year 10 to Year 13 who are interested in the following careers:

Nursing
Midwifery
Paramedicine
Physiotherapy
Occupational Therapy
Dietetics
Radiography
Prosthetics and Orthotics
Speech and Language Therapy
Pharmacy

During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in future applications to university or apprenticeships.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs.

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Mrs E Pascoe

Head of Careers & Level 6 Careers Adviser

Parents – Careers Needs Your Support !

We are planning several Careers events throughout this academic year with the first being our shared Achieving Ambitions day on **30th November** with our partner Hub Schools Hayesfield and St Marks. Please could you fill in this short questionnaire to let us know if you would be interested in assisting us on this day or in any other aspect of our provision: [Support for Careers Activities 2023/24](#)

We will be regularly contributing to the weekly newsletters and also the Careers Google Classrooms which will signpost pupils a range of exciting, inspirational and easily accessible supercurricular opportunities such as virtual work experience, employer workshops, competitions, college, university and apprenticeship opportunities, subject information and resources.

If you would like any further information please do not hesitate to contact me at epascoe@beechencliff.org.uk and we really would appreciate any support you can give.

Young Professionals UK - Your Child, Their Future event - Tuesday 3rd October 6pm

The job market for students leaving school or university can be tricky and now more than ever we need to help them as much as we can to secure the very best opportunities when they enter the workplace. We would like to extend our invitation to you for our parent / carer's information evening event, Your Child, Their Future.

We have leaders from some of the biggest employers in their industry, PwC, KPMG, Amazon, Lloyds Banking Group, Clifford Chance, Experian, TfL and more all coming to talk to you about how your son / daughter or young person under your care can navigate the job market to find some incredible work experience / internship placements as well as graduate and apprenticeship opportunities.

We will be sharing some useful tips around psychometric testing, how to prepare for assessment centres, CVs, and applications as well as lots of information around preparing your child / young person for the workplace / university.

This event is free of charge, and it will be running on Tuesday 3rd October, 6pm – 7:30pm. You will have the opportunity to join this event virtually with your son / daughter / and or young person, ask questions you want directly to world leading employers and obtain lots of useful information. The booking link can be found below here.

Booking Link:

<https://www.surveymonkey.co.uk/r/2QH3DSN>

Scan here to sign up!

YOUNG PROFESSIONALS

pwc LLOYDS BANKING GROUP amazon ROYAL AIR FORCE
mazars KPMG CIMA wtw

Your CHILD THEIR Future

YOUNG PROFESSIONALS PARENTS | GUARDIANS INFORMATION EVENING

We are happy to promote local businesses and community events. Please note these are not the responsibility of Beechen Cliff School.

INTRODUCING GROW FOR LIFE

As a mum of teenagers, a local GP and now recently appointed director of Grow for Life, I am passionate about the benefits of gardening on individual mental wellbeing and the promotion of a caring community culture.

Grow for Life is a local social & therapeutic horticulture charity. We are based at the Walled Garden in Newton St Loe and are excited to be partnering with Boys in Mind and Beechen Cliff School to offer termly sessions to Key Stage 3 boys to promote mental wellbeing and Community. These sessions will be supervised by Jim Cumpson and a team of staff and we hope the boys involved will share the benefits of their time in our garden through a blog or within this newsletter.

As a charity we offer gardening sessions to individuals who may be suffering with isolation, depression, anxiety and low self-esteem and we seek to nurture these individuals so they can flourish and live life to the full. For more details see our website, www.growforlife.org.uk or check out our [instagram @grow_for_life](https://www.instagram.com/grow_for_life)

We would love to invite you to our Apple Pressing day on the 14th October 2023, 10-2pm. It's a fun event for all the family where you'll have the opportunity to pick apples and be part of the process of juicing them and have the opportunity to take a bottle of apple juice away with you!

Warm best wishes and thanks,

Alex Eldridge
Director
Grow for Life



31st Scout Group Family Quiz Night 29th September 2023

31st Bath (St Barnabas) Scouts present...



FAMILY! **QUIZ!**

For ages
7 to 70!

Friday 29 September, 6.30pm

**St Barnabas Church,
Southdown**

**Drinks &
tuck shop!**

**£4 per person
£3 for under-11s
(maximum of six
people per team)**

**Bonus
games!**

Book your tickets at
www.ticketsource.co.uk/31stbathscouts



For more info, visit www.facebook.com/31stbathscouts

BRLSI PRESENTS

BATH INDEPENDENT DESIGNER /MAKER XMAS MARKET 2023

AN INDOOR SPACE EXHIBITING LOCAL TALENT & HANDMADE GOODS

APPLICATIONS OPEN

CENTRAL BATH • INDOOR • AFFORDABLE

BRLSI's brand new Xmas market launches in 2023

Offering indoor, affordable & short term exhibition space in central Bath for local artists and makers

Take a 3 day or 6 day space and exhibit alongside the best of local talent

Find out more and apply for selection at brlsi.org/xmas-at-brlsi

DATE:
23rd November - 10th December 2023

OPENING:
10-4pm Mon-Sat

LOCATION:
16 Queen Square, BA1 2HN

 Bath Royal
Literary and Scientific Institution



 Blue Sky
TENNIS

 LUCRA
MORTGAGES

Expert. Fee Free. Mortgage Advice.

We've teamed up with Beechen Cliff School to offer all those connected to the school, an expert, fee free mortgage service, taking away the hassle when getting a new mortgage. We will also pay £50 Cashback to Beechen Cliff for every person that takes a new mortgage out with Lucra Mortgages. You just need to quote 'Beechen Cliff.'

01225 970 830
hello@lucramortgages.co.uk
www.lucramortgages.co.uk

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

The Rock Project
School of Rock & Pop

JOIN US FOR

SOCIABLE & CONTEMPORARY MUSIC LESSONS!

IN YOUR AREA!

BATH | TROWBRIDGE | CHIPPENHAM | KEYNSHAM



LEARN AN INSTRUMENT & PLAY IN A BAND
Choose between Guitar, Bass Guitar, Drums or Singing



FOR AGES 7-11 & 11-18
Make new friends with like minded people



GIG IN FRONT OF FAMILY AND FRIENDS
Perform on a stage at gigs in front of family and friends



FREE TASTER SESSION - LIMITED SPACES AVAILABLE
Book now via our website or contact Danny on 07756155769 / wiltshire@therockproject.com



Scan here to book a free taster session!



 THE ROCK PROJECT WILTSHIRE
WWW.THEROCKPROJECT.COM / 07756155769 / WILTSHIRE@THEROCKPROJECT.COM

LEARN - PLAY - GIG

Information for young people and parents/carers



Starting September 2023

Homework Club at The Hub

Do you live in Combe Down?
Are you 11 years or older?

Introductory session at The Hub
Wednesday 13th September 3.30-5pm



Social meeting.
FREE refreshments.
Meet the adults.
Discuss help you need.
Come yourself.
Bring your parents/carers.
Find out more and sign up.



Second session at The Hub
Wednesday 20th September 3.30-5pm

Then every Wednesday at
The Hub during term time

Contact The Hub with requests and suggestions at enquiries@mphub.co.uk

Use the phrase Homework Club in the email subject line.
Phone 01225 436869 for more information.
The Hub, Mulberry Park, Mulberry Way, Combe Down, Bath, BA2 5BU

Spotters Hockey High Performing Camp

Spotters Hockey Camps will run in the October Half Term and Christmas holidays:-

Main camps:

23 & 24 October 2023




18 & 19 December 2023

High Performing Camp

27 October 2023

20 December 2023

Spotter Hockey provide coaching for ages 7-16:

-  Beginners and Improvers (ages 7-10),
-  Developers and Emerging Performers (ages 11-12), and
-  Performers looking to progress (ages 12-16)

Their separate HPC is for players looking to work at stretch aged 14-18 - and wanting to be prepared and/or be nominated for the 23/24 or be prepared for 24/25 EHB Talent Academy round. Spotters Hockey is a recognised referral route for the EHB Talent Academy run by Team Bath Buccaneers.



SPOTTERS HOCKEY **OCTOBER & DECEMBER**
BATH, SOMERSET
2023
NEW DATES ANNOUNCED!

MAIN CAMP AGES 7-16 23 & 24 OCT, 18 & 19 DEC
PERFORMANCE CAMP AGES 12-16, DEVELOPERS AND PERFORMERS AGES 11-12, BEGINNERS, IMPROVERS AGES 7-10
[BOOK HERE FOR MAIN CAMP](#)

HPC AGES 14-18 27 OCT & 20 DEC
RECOGNISED REFERRAL ROUTE FOR EHB TA; WORK AT STRETCH. FUEL YOUR AMBITION TO PROGRESS
[BOOK HERE FOR HPC](#)

1-2-1 & SMALL GROUP COACHING
THROUGHOUT TERM TIME AND HOLIDAYS
[BOOK HERE](#)

JOHN MOORE SPORTS
KODAK BATHSPORT.CO.UK

PLAYERS WANTED

From ages 5-15



FRESHFORD UTD F.C.



Are you the next Harry Kane or Lucy Bronze ?

We are looking to boost existing teams for the coming season.

For more information call or text Chris on 07738741477 or email on chris.birleson@dentons.net



For more details and timings for each age group please get in touch.



Browns Field, Abbey lane, Freshford
Rode Playing Field, Omeage Close, Rode

www.freshfordutdfc.com

The AceWay

By Megan Butterworth

New and exciting tennis opportunities for children of all ages to learn and play tennis together.

We offer groups, private and joint lessons for all ages and abilities and cater to any additional needs.

Junior Group Times:

4 – 8 years olds Thursdays at 4:30pm – 5:30pm
9 – 10 year olds Thursdays at 5:30pm – 6:30pm
11 – 14 year olds Thursdays at 6:30pm – 7:30pm
Tots Tennis (under 4s) Fridays at 9:30am – 10:30am
Junior Club Evening Fridays at 5:30pm – 7:30pm
Tots Tennis (under 4s) Saturdays at 9:30am – 10:30am
4 – 8 years olds Saturdays at 10:30am – 11:30am
9 – 10 year olds Saturdays at 11:30am – 12:30pm
11 – 14 year olds Saturdays at 12:30pm – 1:30pm
Junior Club Afternoon Saturdays at 3:30pm – 5:30pm

For more info and to sign up please don't hesitate to contact Megan:



07779535580



Megan-Butterworth@hotmail.co.uk



theaceway2022



Open to boys and girls aged 6 -16
AVAILABLE IN BATH AND BRISTOL AREA

INDIVIDUAL PERFORMANCE COACHING 1 TO 1

Our Individual Performance course offers personalised training sessions for all skill levels. Each session is tailored to the individual's specific goals and needs, whether they are looking to improve their technical skills or physical conditioning. From beginners starting out on their footballing path, to players who want to improve specific aspects of their game taking their performances to the next level.

GROUP SESSIONS GROUPS OF 4, 6 OR 8

Our small group sessions are fantastic for players who prefer to train with friends & team mates. Training with other players brings intensity and competition creating a match environment.

Sessions with: LEWIS DIXON

- FA Level 2 qualified & DBS checked
- Current Larkhall player & former Bath CityAcademy player

To book a session or for more information please contact Lewis on 07870993631 or email lewis@upandundersports.co.uk



COSTS per session

1-1 Coaching Session £25
2-1 Coaching Session £40

4-1 Group Session £60
6-1 Group Session £60

Sessions will cover: basic passing, dribbling, control, shooting etc.
Progressing onto more advanced training: movement, positioning, fitness & tactics progressing the individual to their highest potential.

Bibi's

Vegetarian Indian Cuisine



Find us @ Bath Green Park
Farmer's Market every
Saturday from 9-1pm



Menu

Vegetarian samosa £2 each / 4 for £7
Sweetcorn tikki £1.80 each
Fenugreek tikki £1.80 each
Onion bhaji £1.80 each

Curries:
Chickpea & spinach £4.50 small /
Lentil & pepper £8 large

Garam masala spice £3 per jar

may contain allergens



Please email bibisindiancuisine@gmail.com for specific requests