



BEECHEN CLIFF

16th November 23

Message from the Headteacher

Dear Parents and Carers,

It has been a busy week with lots of different activities taking place.

On Tuesday we were delighted to host the BBC Bitesize Schools Tour with representatives from the BBC and The Egg in Bath speaking to pupils in Years 7-10 about the world of work. We would like to thank the BBC and Theatre Royal for the opportunity.



On Tuesday our Year 8 and 9 anti-bullying ambassadors undertook the Diana Award training at the Royal High School and will be training Year 7 anti-bullying ambassadors in due course.

The pupils have already shown great initiative to organise an 'odd socks' day to raise money for Child Relief



Yesterday, two of our Sixth Form students took part in Bristol Historical Association's Great Debate at the University of Bristol. Congratulations to both Arthur and Toby on their performances. Arthur finished runner up in the event too!

Calendar

Friday 10th to Friday 17th November

Year 11 Mock Examinations Week

Thursday 30th November

Ignite Day – Careers/Personal Safety (Bath Hub)

PTA AGM - 7.30-pm @ The Bear

Saturday 25th November

Year 7 LegoLand Trip

Monday 4th December

Year 11 Ice skating

Tuesday 5th December

Year 8 Ice skating

Wednesday 6th December

Year 9 Ice Skating

Thursday 7th December

Year 10 Ice Skating

Monday 11th - Friday 15th December

Year 13 Mock Examinations Week

Wednesday 13th December

Christmas Jumper Day

Santa Run (periods 1,2,3)

Christmas Lunch

Thursday 14th December

GCSE Certificate collection day

Carol Service at Bath Abbey - 7pm

Friday 15th - 21st December

Austria Ski Trip

Tuesday 19th December

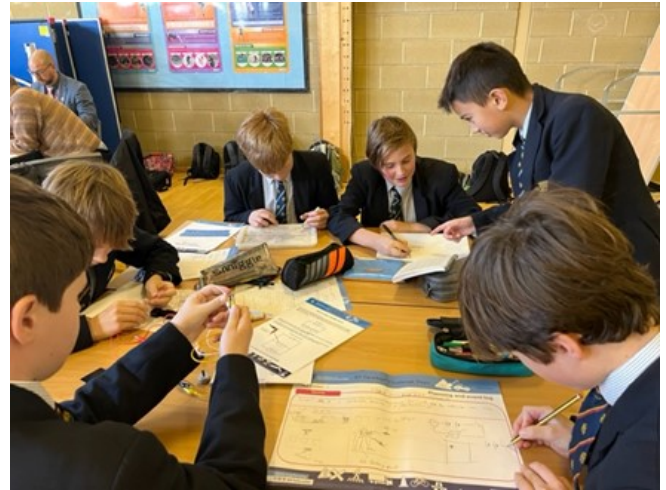
End of Term

4th January 24

Start of Winter Term (Term 3)

A Level Certificate collection

Also yesterday pupils in Year 8 took part in the Faraday Challenge at Norton Hill School and represented the school brilliantly.



Today we have had Police Outreach Officers in school speaking to pupils in Years 8-10 about the dangers of Child Criminal Exploitation and County Lines.

These personal development opportunities and experiences are really important for all pupils and are part of our PSHE programme and wider programme of events. I hope they enjoyed taking part and found them useful.

We have also had a multitude of rugby fixtures over the last week and hope all enjoyed taking part whether victorious or not.



I would like to thank all the staff who made these events possible over the last week.

Finally Year 11 pupils complete their first round of mock examinations tomorrow and we wish them a relaxing weekend after a busy week of assessments.

T. D. Markall .

T.D. Markall
Headteacher

Key Notices

Year 11 Mock Examinations

Year 11 pupils have spent most of the week sitting their Mock Examinations and are now almost complete with just one more day to go. Having full length papers in all of their subjects will have been a new and challenging experience and I am very pleased to say they have all coped with this admirably. They have been organised, extremely well behaved, worked hard and shown their high aspirations, so well done to all. They will deserve a hard earned rest on the weekend! I very much hope it will have been a useful experience and will help them to prepare for the final Examinations in the summer.

Now that they are almost complete, it is over to the teachers to mark the papers before the

Mock Examination results assembly on Friday 8th December. I very much hope that they are happy with their results and find the experience helpful.

Mr Andrew Seal
Deputy Headteacher - Curriculum and Assessment.



Governor Vacancy

The Local Governing Body are looking to recruit a governor to fill the Equalities Governor role that we currently carry as a vacancy. We are looking for someone who is committed to supporting the school and dedicated to ensure that the young people at Beechen Cliff grow up to value equality and diversity and to respect people from different backgrounds, cultures and gender. We are looking to build on the equalities work undertaken over the last few years and to extend this further. If you, or anyone you know, might be interested in this role, please email

sonya.butters@msnpartnership.com so that we can arrange to meet to discuss it further.

Many thanks and best wishes

Helen Eastwood
Chair of Governors of Beechen Cliff School.

Parent Survey

Each year we seek the views of our Parents/ Carers and we would really appreciate your feedback.

Thank you to those who have already completed the survey below. There is still time if you haven't and would like to do so. The survey should not take more than 10 minutes to complete.

[Parent Survey November 2023](#)

[Sixth Form Parent Survey November 2023](#)

Thank you in anticipation of your contribution.

Mr K Mann
Assistant Headteacher

Ms K Mather
Head of Sixth Form



Menu of the week 20th November

Monday: Chicken Curry, Cauliflower and Lentil Curry

Tuesday: Chilli, Roasted Vegetable and Halloumi Flatbread (W,D,V)

Wednesday: Roast Turkey, Leek and Smoked Cheddar Quiche (D,W)

Thursday: Roasted Vegetable and Tomato Gnocchi (W), Mac and Cheese (W,D)

Friday: Chinese Pork with Bean Sprouts and Cabbage, Sundried Tomato

Risotto
(W) = Contains Wheat Products
(D) = Contains Dairy Products
(V) = Vegan alternative

Thanks

Dan Keal
Chef

Wellies Wanted!

'Wellies Wanted!'

Unwanted/Second Wellies are needed - to be used as part of the extended Duke of Edinburgh curriculum.

All sizes required - suited to secondary age children (which is from Size 3 up to size 13!)

Donated wellies can be dropped into School – where they will be passed to Miss Fox or Mrs Blair.

Thank you!

Term Dates Reminder

Term Dates for **2023/2024** are listed on our website

<https://www.beechencliff.org.uk/parents/term-dates/>



Black History Month Resource

Last month, our Equalities Prefect, Mia Willer-Stephens, came up with an initiative idea to inform the pupils across the school about famous and inspiration figures in history for Black History Month. Mia created a powerpoint resource to be shown on repeat in the Refectory screens for students to read while queuing for their lunch and breaktimes. We are very proud of the work of our prefects - well done Mia!

Please find a summary of her resource here:

<https://www.beechencliff.org.uk/wp-content/uploads/2023/11/Black-History-Month-by-Equalities-Prefects.pptx.pdf>

Kim Mather
Head of Sixth Form



Layer Up Power Down Day - Friday 24th November!

Beechen Cliff has been working with Energy Sparks to reduce the amount of energy we use. This involves pupils and adults across the school taking actions to identify, understand and tackle energy waste.

On the 24th November, we will be turning down the school's heating and seeing how much energy we can save. On the same day last year, our school used 23184 kWh electricity and 2837 kWh of gas, creating 946 kg CO₂. Let's see how much we can save by turning down the thermostat by 3 degrees.

It's a great opportunity to think about how much we overheat our spaces as well as a chance to get pupils into the age old habit of 'sticking a school jumper on' when they're cold!

Please make sure students come to school with warm clothes as the heating will be down. An undertop or t-shirt under the school shirt with a school jumper will make a huge difference. (Please note that hoodies or visible items of non uniform are not allowed). This is also a great opportunity to break out those brilliant bobble hats, sensational scarves and colourful hand warmers to banish the November gloom.

Mr K Mann

Assistant Headteacher



Take charge of the heating at your school this winter
Many schools waste heating energy and money warming their buildings to excessive temperatures or when they're empty

Energy Sparks challenges you to

LAYER UP
power down

Before November 24th

- Tell your whole school community about **Layer Up Power Down Day** (you can use our [press release](#) if you want to)
- Share our [Power Down guidance](#) with your Facilities staff
- Record your pledge to take part

On Friday November 24th

- Turn off/ down your school heating for the day
- Wear your warm clothes to school
- Watch our video assembly to understand the importance of not wasting energy for heating
- Why not keep the heating turned off/down until Monday morning to really maximise the impact of your Layer Up Power Down Day?



After

- Check your Energy Sparks dashboard one week later to see how much energy/greenhouse emissions/ money you saved by switching off on **Layer Up Power Down Day**
- Keep an eye on Energy Sparks communications to find out how much Energy Sparks schools across the country saved by switching off - we're all in this together and our individual school actions really do add up!
- Keep up the good work - make sure to wear warm clothes to school and keep your heating turned off/down on all weekends and holidays from now on!

Energy Sparks Find more heating related activities at https://energysparks.uk/activities_categories
Helping schools fight climate change



To minimise disruption, on Layer Up Power Down Day Friday 24th November, we are also holding our Odd Socks Day to emphasise our commitment to Anti Bullying, which has been our Theme of the Week in Tutor Time and Assemblies this week and reiterates the message of our Pledge of Respect and school values.

A number of our students attended the Anti Bullying Ambassador training this week with the Diana Award and are keen to make an immediate impact as well as aiding students around the school on a long term basis. Since its inception in 2017, Odd Socks Day has had the intention of being a day when schools, workplaces, and individuals join together to celebrate that we are all unique, showing that it's okay to be different and to stand up against bullying and discrimination. Help us support this great event and sentiment by wearing Odd Socks on Friday 24th.

The Byron Charity Bake Sale raised over £170 last week which was a fantastic break time effort, thank you to all of those involved. As this is their Charity Term, The Byron House Committee have upped the ante for next week and on Friday 24th during both break times, willing Teacher volunteers will be putting themselves at the mercy of the boys with a sponge the teacher event. Boys will need to bring cash with one sponge being 50p and 3 for a £1, all money will go to the House Charity which is Cancer Research, see the poster next week for the willing victims, sorry, teachers and let's make as much money as possible



Mr Kevin Morris

Assistant Headteacher

Charity Christmas trees – in its third amazing year, Mentoring Plus's enterprise project raises funds directly benefiting young people in BathNES through its mentoring programs, activities and youth clubs. All the trees are Nordic Spruce trees, British-grown on a sustainable farm, top quality and hardly drop their needles. You can buy trees on the day, but they sold out last year, so [please reserve your tree online now](#)

Collection is from Riverside Youth Hub, York Place, Bath BA1 6AE, and the collection days to choose from when you buy online are:

Sat 2nd Dec 10-4pm

Sun 3rd Dec 10-2pm

Sat 9th Dec 10-4pm

Sun 10th Dec 10-2pm

Please support a local youth charity and buy your tree from Mentoring Plus!



Support young people this Christmas and buy your tree from local youth charity Mentoring Plus

Open : Dec 2nd, 3rd, 9th and 10th.
10am-4pm on Saturdays, 10-2pm on Sundays

- 1 VISIT OUR WEBSITE AND PRE-ORDER YOUR TREE OR POP DOWN ON ONE OF OUR OPENING WEEKENDS.
- 2 COLLECT YOUR TREE FROM RIVERSIDE YOUTH HUB, LONDON RD, BA1 6AE. PARKING AVAILABLE.
- 3 FEEL GOOD THAT YOU ARE HELPING TO SUPPORT LOCAL YOUNG PEOPLE WITH ALL PROFITS DONATED TO MENTORING PLUS.

www.mentoringplus.net

Registered charity number 1112534

Wreath making workshops – new this year on Saturday 2nd Dec at Riverside



Fun and festive wreath making workshops in small groups with all materials and refreshments provided. With expert tuition, you'll create your own beautiful natural Christmas wreath to take home. No previous experience needed. Minimum age 8 (children working with adults come free)

£35 per person, all profits benefit our charitable work.

There are a few places still available. [Book now to reserve your place!](#)

REPORTING ALL PUPIL ABSENCES

It is important that **all absences** from School including late arrivals and medical appointments be reported to School promptly. **Parents and carers please take note of the following correct contact details.**

Lower School Pupils

To report a Lower School absence please call the School direct on **01225 485222** OR you can email the lower school attendance at attendance@beechencliff.org.uk.

Sixth Form Students

For a Sixth Form student absence please call the School direct on **01225 485221** OR you can email Sixth Form attendance at

sixthattendance@beechencliff.org.uk

PLANNED ABSENCES

For planned absences please complete an [absence request form](#) found on the school website and return it to the attendance office or to attendance@beechencliff.org.uk

Extra –Curriculum

The Historical Association Great Debate

On Wednesday 15th November two of our Year 12 Politics A Level students and members of Debate Club, Arthur and Toby, competed in the Bristol Historical Association's Great Debate.

The debate took place at the University of Bristol's History Faculty and the brief was to speak for five minutes about a person or place from their local community who they felt deserved greater recognition. Toby chose to speak about Eagle House, otherwise known as Suffragette's Rest, which was an important refuge for suffragettes who had been released from prison after hunger strikes in the early 20th century. Eagle House is located in Batheaston and the arboretum attached to the house, with each tree representing a suffragette who stayed at the house, was destroyed in the 1960s to make way for a housing estate.

Arthur chose to speak about the Bath Pavilion, an Edwardian building in central Bath, which has been the host of hundreds of bands, both of local and international significance over the past 100 years. Arthur argued movingly that music is central to our human existence, so a building with such an important musical heritage deserves greater recognition in our city.



Professor Ronald Hutton from the University of Bristol History Faculty was on the judging panel and congratulated all students who took part on their research and skill in presenting their arguments, describing the evening as a 'firework display of talent'. Arthur was awarded the runner up prize and both students were awarded a certificate by Mary Feerick, chair of the Bristol Historical Association.

A big congratulations to them both, and we hope that you may be inspired to go and visit these important Bath buildings!

Ms S Sullivan
Teacher of Politics

Digital Day 2023 - Computer Science

We were delighted that 30 year 9 students were able to take part in the national Digital day on Wednesday 8th November.

Digital day sees digital professionals head to our school for a day to inspire and give an insight into the world of digital careers. Students competed in a sponsored nationwide digital challenge with the chance to win £500 for the school and some amazing prizes for themselves.

Students were tasked with looking at digital advertising, logos and a design idea for Vue cinemas and came up with a range of ideas from toilets next to the screens so you don't miss the movie to cinema cards which give you points each time you go. The groups had to present at the end of the day in a pitch to be the best idea of the day.

Well done to the winning team Felix, Joshua, Linus, Yarden and Thomas, as well as all the other students taking part.

A massive thank you also to Vicky and Tegan from Loom Digital who came in to lead the day.

Mr Cottle and Ms Jarvis
Computing Department.

Remembrance Parade 2023

The Combined Cadet Force took part in the annual Remembrance Day events in the city over the weekend, honouring the fallen from conflicts past and more recently.



More than one hundred CCF cadets were on parade and the Cenotaph Service in the morning and the Remembrance Parade through the city in the afternoon were very well attended, the support of parents being particularly appreciated by the boys.

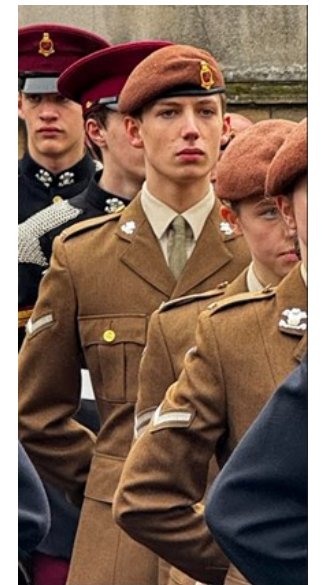
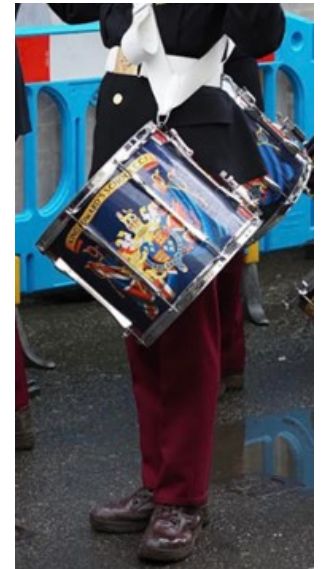
The contingent was represented in the wreath laying ceremony at the Cenotaph and the many tributes laid will be available to see and read for a few days to come, giving the opportunity for anyone in town to wander up to the memorial at the gates of Victoria Park and to take in the spectacle.

Captain Jones and the staff team at King Edward's CCF wanted me to pass on how proud they were to be part of the events and of the cadets, all of whom were a great credit to their families and the school.

Thank you to all the cadets for the time and service given to such important events, supported and encouraged so well by parents.

Mr A Davies

CCF Lead



Spanish Department—El Dia De Los Muertos

BEECHEN CLIFF SPANISH DEPT.
EL DIA DE LOS MUERTOS
CONTEST RESULTS

Muchas gracias to all the students who entered our skull art contest last term: we had nearly 50 entries across all year groups and the entries took a huge range of artistic forms: 3d sculptures, paintings, cakes, and even wearable masks and headgear!

Due to the incredible efforts on show, many prizes have been awarded, and everyone who took the time to enter independently will also receive a small prize— please check your email!

Well done to everyone who entered! I hope you enjoyed being creative, learning more about Mexican culture, and trying something new. Look out for our next contests!

Hasta luego.
Mrs Costa

WINNERS: 3D ART CATEGORY

1ST

 Caiden M, Year 7


2ND
 Iwan F, Year 8

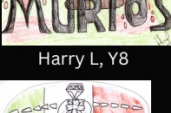
 (3d-printed!)


3RD


 Cameron & Lewis M, Year 7 & 9

RUNNERS UP: 3D & 2D

Freddie & Albie C,

 Luke B, Y8 Joseph S, Y8

Harry L, Y8

 Riley F, Y8

Alfie K, Y8

 Alfie H, Y8

Byron M, Y8


WINNERS: 2D ART CATEGORY

1ST

 DIA DE LOS MUERTOS
 Nico, Y8

2ND

 Quinten M, Y10

3RD
 Joint

 Will Brown, Y8

Sebi S, Y8


RUNNERS UP: 3D & 2D

Freddie & Albie C,
 Y8 & Y7

 Olly B, Y9 Dylan P, Y8 Gabriel D, Y8

Wax art,
 Xander P, Y10

 William D, Y8

Henry M, Y8

 Pixel art,
 Oz B, Y8


SPORTS

Fixtures for week commencing 20th November 23 (correct at time of publication)

	Fixture	Start time/ kick off	Meet time	Transport	Finish/ Return time
Monday 20th November	U15 football v Hanham (Odd Down)	14:15	13:30	MB	
Tuesday 21st November	U15 rugby v Chippenham RFC (a)	18:15	16:45	MB	
	Year 7 football training	15:20	15:15	n/a	
Wednesday 22nd November	1st XV rugby v Brooksby Melton (a)	14:15		Coach	
Thursday 23rd November	2nd XV rugby v Prior (a)	14:30	13:00	MB	
	1st XI football v Millfield (Odd Down)	14:30	13:30	MB	
	3rd XV rugby v Wells (h)	14:30	13:45	n/a	
Friday 24th November					
Saturday 25th November					

Rugby vs KES

Well done to all pupils who took part in fixtures against KES this week.

Here is a photo of our victorious U13 team.

Whether victorious or not all teams represented the school brilliantly!

Mr K Mann
Assistant Headteacher



Beechen Cliff Vacancies

Food Technician

<https://www.eteach.com/careers/beechencliff/job/food-technician-1381565>

Closing date: Monday 20th November 2023

LIBRARY NEWS

PLEASE CHECK FOR OVERDUE BOOKS!

Nonfiction Writing Competition.
WIN a £25 voucher!

Please encourage your children to enter this competition!

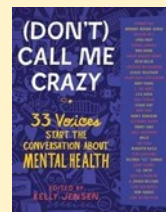
We are accepting entries of up to 500 words on any subject and in any non-fiction style.

For more information join the Library Google Classroom (code: ssgozd3)

RECOMMENDATIONS

Non-Fiction

(Don't) Call Me Crazy



33 actors, sportspeople, writers and comics added their voices and experiences to this award winning anthology that looks at many different aspects of mental health and how it can affect those who have ever struggled. A wonderful way to open conversations

(Beechen Canon Y9+)



Ever thought about being a...



Amelia Duggan, Deputy Editor, National Geographic.



Chris Haslam, Author and Chief Travel Writer at The Times and Sunday Times



Erick Prince, Travel Journalist and Photographer @mironomad

TRAVEL WRITER?



Ever thought about being a...



James Pearce BBC reporter at 8 Olympic Games.



Rory Smith Chief Soccer Correspondent for the New York Times



Jonathan Agnew Cricket Commentator and Commentator on TMS.

SPORTS JOURNALIST?



Ever thought about being a...



Grayson Perry, artist and critic who exposes how the art world really works.



Alicia Adejebi reports at The Metro on what's happening in the ever growing entertainment industry.



Mick Wall has been described as 'the world's leading rock and metal writer'

Entertainment Journalist?

Library Rules, a reminder

- | | |
|--|--|
| <ul style="list-style-type: none">• Calm, respectful behaviour• Computers and mobile phones are to be used for Google Classroom homework only | <ul style="list-style-type: none">• No food or drink• Do not move furniture around the room.• No reading on phones - (we have 4000 books!) |
|--|--|

Encouraging boys to read. NonFiction November Reading Tips

Nonfiction books build general knowledge and understanding of the world.

Reading nonfiction can give readers a broad understanding of a wide range of subjects or it can help in-depth understanding of a specific topic. Reading nonfiction on curriculum subjects can help build enjoyment due to abstract concepts being grounded in real-life examples. It can also help to revise and test knowledge without it feeling like a chore.

Sixth Form Achievements



Well done and congratulations to former Sixth Form student **Grace Allen** for achieving her Gold Duke of Edinburgh Award in May 2023. Grace attended Buckingham Palace to receive her Award and sent some lovely words of thanks to Ms Fox (DofE Lead) as well as Miss Sampson and Miss Sullivan who assisted on expeditions.

Grace found her Duke of Edinburgh training to be absolutely invaluable during a trip to Fort William with other former students Martha Bosnell, Tilda Reddy, Maya Moore, Amelia Baxter and Jocelyn Cotterill. They spent three days in July camping, wild swimming and climbing Ben Nevis (their third and final peak). The experience was so enjoyable that they have decided to make a tradition of meeting every year and have already planned to hike part of the South West coastal path together next summer

In Grace's words to Ms Fox: *"It was very surreal and such a brilliant conclusion to 5 years of DofE which has completely grown me as a person and mountaineer and without you, wouldn't have made such a formulating event in my life, so thank you"*.

It is certainly a pleasure to see our former students benefit from the skills they learned whilst at Beechen and wanting to let us know their achievements



Congratulations to Year 13 student **Finn Caddy** for participating in the Nacra 15 European Super Series Sailing Competition in Barcelona.

Enduring 50mph gusts and 3m waves, out of 8 countries, he came 31st overall and 3rd out of the British teams. The full article is available here:

<https://www.yachtsandyachting.com/news/268495/British-sailors-top-Nacra-15->



Team GBR at the Nacra 15 European Super Series event in Barcelona - photo © Oscar Torveo / Barcelona International Sailing Centre

K Mather
Head of Sixth



Congratulations to Year 12 student Treya Creffield who received her Arkwright Scholarship Award in London on Friday 27th October.

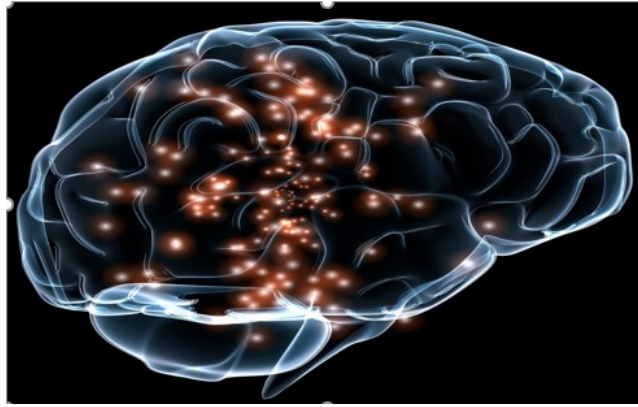
Treya went through a rigorous 3-stage selection process where she had to pitch her project idea of a netball rebounder called the Shell Trainer, explain how engineering was an interest in her life and take a 2 hour exam.

Following a Facebook call out for someone who might be able to fabricate a prototype of Treya's project design, Iain Predergast of Hotwire Studios in Frome (www.hotwirestudios.weebly.com/) kindly responded and helped Treya in making her design become a reality.

A big well done to Treya and special thanks to AB Dynamics, Bradford on Avon for sponsoring Treya and Iain Pradergast for his support and time in producing Treya's project.



Wellbeing



Dear Parents and Carer's,

Here are 10 book recommendations that may provide insights regarding the adolescent brain:

1. Brain Development Continues:

Book Recommendation: "Inventing Ourselves: The Secret Life of the Teenage Brain" by Sarah-Jayne Blakemore. Blakemore, a neuroscientist, explores the latest research on adolescent brain development.

2. Emotional Intensity:

Book Recommendation: "The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults" by Frances E. Jensen. This book delves into the emotional aspects of the teenage brain and offers practical advice for parents.

3. Risk-Taking Behaviour:

Book Recommendation: "Brainstorm: The Power and Purpose of the Teenage Brain" by Daniel J. Siegel. Siegel explores the reasons behind teenage risk-taking and provides strategies for positive development.

4. Social Influence Matters:

Book Recommendation: "The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind" by Daniel J. Siegel and Tina Payne Bryson. While not exclusively about teenagers, this book offers insights into social and emotional development.

5. Sleep Patterns Change:

Book Recommendation: "Why We Sleep: The New Science of Sleep and Dreams" by Matthew Walker. Though not focused on teenagers, this book provides a comprehensive understanding of the importance of sleep for overall health.

6. Learning and Plasticity:

Book Recommendation: "The Teenage Brain: A World of Their Own" by Dick Swaab. Swaab, a neurobiologist, explores the teenage brain's learning capacity and its implications.

7. Sensitivity to Reward:

Book Recommendation: "The Dopamine Nation: Finding Balance in the Age of Indulgence" by Anna Lembke. While not specifically about teenagers, this book discusses the role of reward systems in our brains.

8. Increased Creativity:

Book Recommendation: "Imagine: How Creativity Works" by Jonah Lehrer. Though not focused on teenagers, this book explores the science of creativity and may offer insights into nurturing creative thinking.

9. Mood Swings:

Book Recommendation: "The Teenage Guide to Stress" by Nicola Morgan. Morgan provides information and strategies to help teenagers navigate stress and mood swings.

10. Technology Impact:

Book Recommendation: "Screen Schooled: Two Veteran Teachers Expose How Technology Overuse is Making Our Kids Dumber" by Joe Clement and Matt Miles. This book discusses the impact of excessive screen time on education and provides a critical perspective.

These books can offer valuable insights and guidance for parents and educators dealing with the unique challenges of the teenage years.

Wellbeing Team

Community Links

We are happy to promote local businesses and community events. Please note these are not the responsibility of Beechen Cliff School.

Relate Avon

We provide an essential service for many parents. We know:

- Parenting can put a strain on adult relationships;
- Adult relationship counselling can make a big difference; and
- Children thrive in families where relationships are positive.

Relate is the UK's most trusted provider of relationship counselling. We have local centres in Bristol and Bath, and also offer an online service. We feel confident that families within your school would benefit from our services: <https://www.relate-avon.org.uk/>

Relate – the UK's most trusted provider of relationship support.

We know that parenting can put a strain on adult relationships. We're here to help. Whether you're facing difficulties, looking to strengthen your relationship, or want help talking things through.

Whatever your circumstances, whatever your background, no matter how big or small the issues. Whether you're in a relationship, straight or gay, young or old.

Relate Avon offers face-to-face and online adult relationship counselling in Bath.

www.relate-avon.org.uk
enquiries@relate-avon.org.uk
21 Milsom Street, Bath, tel 01225 465593



FREE TICKETS Bath Philharmonia Event

We are offering free tickets to our school community to attend Bath Philharmonia's forthcoming orchestral concert on Tuesday 28 November 2023 at 7:30pm at The Forum, Bath.

Join Bath Philharmonia for a feast of lyrical and invigorating orchestral melodies featuring violinist Arabella Steinbacher, celebrated worldwide as one of today's leading soloists, performing Tchaikovsky's irresistible violin concerto.

"A world class artist will always have the ability to thrill and move us... and Steinbacher is undoubtedly one of the finest violinists working today." - The Europadisc Team

We're opening up the concert hall to those who may have never heard the magic of a live orchestra before or want to try something new and are particularly keen to widen younger audiences' access to live music.

Bath Philharmonia has been bringing people together since 2000 and this year is no exception. The orchestra supports young musicians across Bath and the South West, and continues to transform the lives of hundreds of young people through its nationally-recognised creative learning programme whilst helping thousands of concert-goers each year discover their own love of live orchestral music.

Details of this special offer and how to book your free tickets can be found here:

<https://bit.ly/bp43schools>

"A world class artist will always have the ability to thrill and move us... and Steinbacher is undoubtedly one of the finest violinists working today."

The Europadisc Team



Arabella Steinbacher &
Bath Philharmonia

Tuesday 28 November 2023, 7:30pm at The Forum, Bath

Bloomfield Botanicals – Elderberries for cold and flu

When I started exploring the power of plants, I found myself drawn to the ways I can use common kitchen ingredients like ginger, cinnamon, cardamom, cloves, juniper berries, garlic, ginger, horseradish, rose hips and more to support wellness. And, here I am using zero chemicals making Spice Elderberry Syrup, Enhanced Elderberry Tincture and Elderberry Fire Cider and Oxymel – all are packed with immune supportive, anti-viral, anti-bacterial, vitamin rich properties.



@BLOOMFIELD_BOTANICALS

If you like the sound of it follow me on [Instagram](#), or visit The Farmers Market at Green Park Station each Saturday.

Spotters Hockey High Performing Camp

Spotters Hockey Camps will run in tChristmas holidays:

Main camps:

High Performing Camp
20 December 2023

Spotter Hockey provide coaching for ages 7-16:

- 🎯 Beginners and Improvers (ages 7-10),
 - 🎯 Developers and Emerging Performers (ages 11-12),
- and Performers looking to progress (ages 12-16)

Their separate HPC is for players looking to work at stretch aged 14-18 - and wanting to be prepared and/or be nominated for the 23/24 or be prepared for 24/25 EHB Talent Academy round. Spotters Hockey is a recognised referral route for the EHB Talent Academy run by Team Bath Buccaneers.

The Ace Way

By Megan Butterworth

New and exciting tennis opportunities for children of all ages to learn and play tennis together.

We offer groups, private and joint lessons for all ages and abilities and cater to any additional needs.

Junior Group Times:

4 – 8 years olds Thursdays at 4:30pm – 5:30pm
9 – 10 year olds Thursdays at 5:30pm – 6:30pm
11 – 14 year olds Thursdays at 6:30pm – 7:30pm
Tots Tennis (under 4s) Fridays at 9:30am – 10:30am
Junior Club Evening Fridays at 5:30pm – 7:30pm
Tots Tennis (under 4s) Saturdays at 9:30am – 10:30am
4 – 8 years olds Saturdays at 10:30am – 11:30am
9 – 10 year olds Saturdays at 11:30am – 12:30pm
11 – 14 year olds Saturdays at 12:30pm – 1:30pm
Junior Club Afternoon Saturdays at 3:30pm – 5:30pm

For more info and to sign up please don't hesitate to contact Megan:



07779535580



Megan-Butterworth@hotmail.co.uk



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PLAYERS WANTED

From ages 5-15



Are you the next Harry Kane or Lucy Bronze ?

We are looking to boost existing teams for the coming season.

For more information call or text Chris on 07738741477 or email on chris.birleson@dentons.net



For more details and timings for each age group please get in touch.



Browns Field, Abbey lane, Freshford
Rode Playing Field, Omeage Close, Rode

www.freshfordutdfc.com

MENTAL HEALTH AWARENESS Training



CAMHS will be running a Mental Health Awareness session for parents/carers at Fosse Way on 21st November 1.30pm – 2.30pm.

To sign up to attend, please email Jade Jeffery:
jjeffery@fossewayschool.com

Open to boys and girls aged 6-16
AVAILABLE IN BATH AND BRISTOL AREA

INDIVIDUAL PERFORMANCE COACHING 1 TO 1

Our Individual Performance course offers personalised training sessions for all skill levels. Each session is tailored to the individual's specific goals and needs, whether they are looking to improve their technical skills or physical conditioning. From beginners starting out on their footballing path, to players who want to improve specific aspects of their game taking their performances to the next level.

GROUP SESSIONS GROUPS OF 4, 6 OR 8

Our small group sessions are fantastic for players who prefer to train with friends & team mates. Training with other players brings intensity and competition creating a match environment.

Sessions with: LEWIS DIXON

- FA Level 2 qualified & DBS checked
- Current Larkhall player & former Bath City Academy player

To book a session or for more information please contact Lewis on 07870993631 or email lewis@upandundersports.co.uk

COSTS per session	1-1 Coaching Session £25 2-1 Coaching Session £40	4-1 Group Session £60 6-1 Group Session £60
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Sessions will cover: basic passing, dribbling, control, shooting etc.
Progressing onto more advanced training: movement, positioning, fitness & tactics progressing the individual to their highest potential.

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