

BEECHEN CLIFF

Year 13 Parent Revision Information Evening Wednesday 31st January 2024

Ensuring that our students are prepared for their A Levels and helping them to maximise their potential

Programme

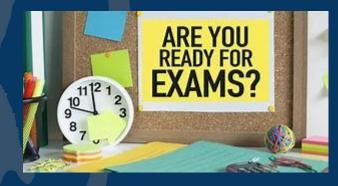
Welcome and Exam Information Miss K Mather - Head of Sixth Form

Revision Support Mr I Burnell - Deputy Head of Sixth Form

Revision Skills & Techniques Miss N Blaskiewicz - Head of Psychology

Student Wellbeing Miss K Mather - Head of Sixth Form







- All exams are scheduled to be run as normal this year, with the full specifications being examined
 - A Level written exams are taking place between 14th May and 17th June 2024
- Grading will be in line with a 'normal' exam year
- <u>Results day</u> Thursday 15th August 2024

Exam Procedures

Timings



- Students must arrive *at least* 15 minutes prior to the start of an exam.
- If coming from further afield, aim to be *an hour* early to mitigate any traffic, strikes etc. Arrange lifts to avoid public transport where possible.
- Exams all begin at 9am or 1pm
- Lateness
 - Students will still be admitted within a specific timeframe but obviously this adds stress!
 <u>Sickness</u>
 - Ring the school immediately, ask for the exams office

Revision Support and Planning (Mr Burnell)

What should all A Level students already know?

- Why revision is important

- Revision techniques
- Using exam specifications as checklists
- Use of past papers and mark schemes
- How to make exam timetables

This was all covered in Year 12 tutor time last year...

2-4-6 Method

- 1. First remove every day from the revision plan that you know you cannot revise e.g. work, family occasions, parties etc. *Be sensible but realistic!*
- On a <u>school day</u>, allocate 2 hours of revision per day (after homework/study). Think about when you work best but typically 5-7pm or straight after school (in the common room). Have a 5-10 minute break after an hour.
- 3. On a <u>weekend</u> or a day you have <u>no lessons</u>, you allocate 4 hours. This is in <u>two lots of 2 hours</u> (never all at once). If you do this in the morning and early evening, you have plenty of time to relax in between.
- 4. <u>A few days before each exam</u>, we suggest up to 6 hours (in three lots of 2 hours)

2-4-6 Method

 You have around <u>14 weeks</u> until Exam Week (11 school weeks + 3 in Half/Easter Hols)

- Based on the 2-4-6 method, a typical student can fit in around <u>250 hours of revision</u> before the exams
- For students doing three A Levels, this should give <u>80+ hours</u> per subject.
 SO THERE'S ENOUGH TIME TO MAKE A DIFFERENCE

2-4-6 Method

We advise that students split their revision into 3 stages:

- 1. Preparing making sure they know what they need to cover and have notes/flashcards etc (now until end of half term/early next term)
- Memorising using the resources from the preparing stage to memorise what they need to know (next term)
- 3. Practice use past papers to practice answering the questions. Eventually under timed conditions! (start this over Easter Hols)

<u>2-4-6 Method - Top tips!</u> (for students)

- Some subjects require more practice/less to memorise so the guidelines might need adjusting (listen to your teachers -they are the experts)
- Find somewhere good to study (at home, silent study, Bath library, empty classrooms) some people like sticking to the same place others like to mix it up (find what works for you)
- Remove distractions. Make the 2 hour slots a productive 2 hours, it saves you time.
- The common room will be available after school for students struggling to motivate themselves to revise in the day or at home.
- Ask your teachers and the Sixth Form Team for help if you are stuck
 don't bury your head in the sand.
- MAKE SURE YOU BUILD IN TIME TO UNWIND

Revision Support materials

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How to Revise

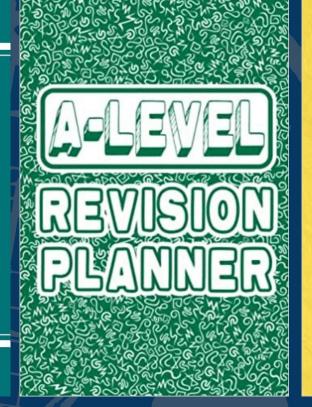
CGP

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Study Skills & **Revision Planner**

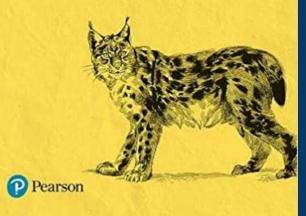
Unbeatable advice from the revision experts!

This is already available to purchase on ParentPay.



REVISE & LEVEL

REVISION PLANNER



GetRevising

Revision Support materials









Includes Free Online Edition

CGP

AS & A-Level

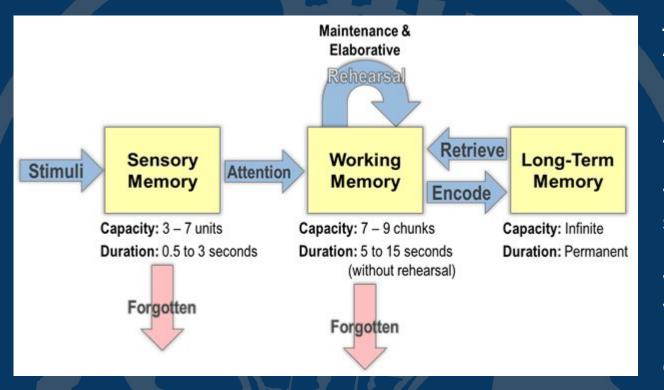
Business

Exam Board: AQA

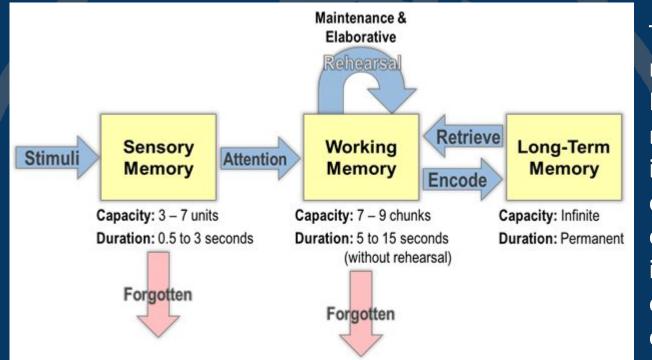


<u>How can you support your son/daughter?</u>

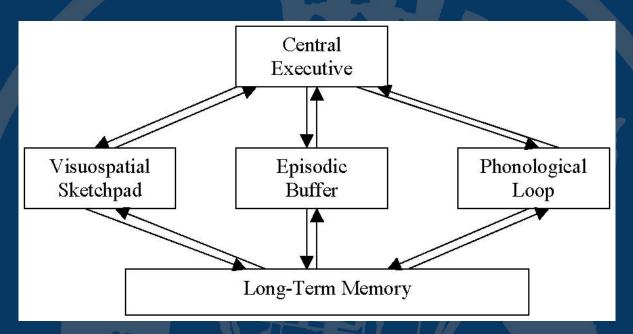
- Provide a study space
- Provide the materials they need flash cards, highlighters, revision guides etc.
- Help them to plan their revision timetable
- Help them to plan their week routines
- Help them to achieve balance outings, rewards
- Quiz them on content and ask them to explain what they have just read over/ written out revision cards for
 - Communicate to us if they need further support



How does memory work? All external stimuli is taken in by your brain, but only information you pay **ATTENTION** to can hope to be stored. This information will be lost after about 30 seconds if you do not rehearse it, which in turn will encode it into your LTM which has potentially unlimited capacity and duration.



There are 2 types of rehearsal Maintenance is just reciting information over in your mind's ear whilst elaborative involves elaborating on the information (this is most effective for revision and encoding)

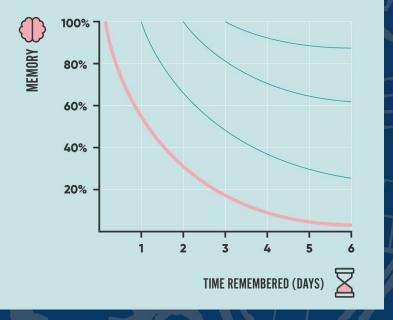


Within your short term memory, are a number of stores with different functions - these help us multitask!

However, two tasks that use the same store will both become harder to do. Revising usually uses the phonological loop (sounds and words), and sometimes uses the visual store too (mind maps/videos)

It is therefore imperative that other distractions that use these stores are removed, such as music with lyrics, phones and screens.

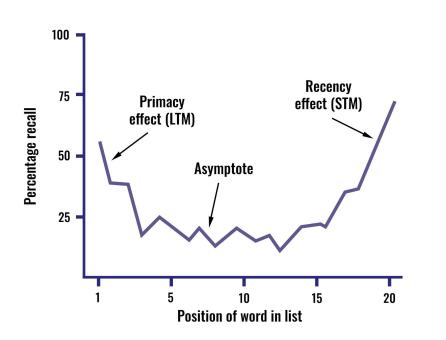
THE FORGETTING CURVE



The forgetting curve illustrates how information is quickly forgotten and why you need to return to it

Memory requires active attention and rehearsal, without this memories will not form and connections will not strengthen

It's also important to cover different topics in different orders or you may fall victim to the primacy effect



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Where to start?

<u>Where to get the</u> <u>content?</u>

- Their notes/ folders
- Text books
- Revision guides
- YouTube
- Revision sites
- Peers and teachers

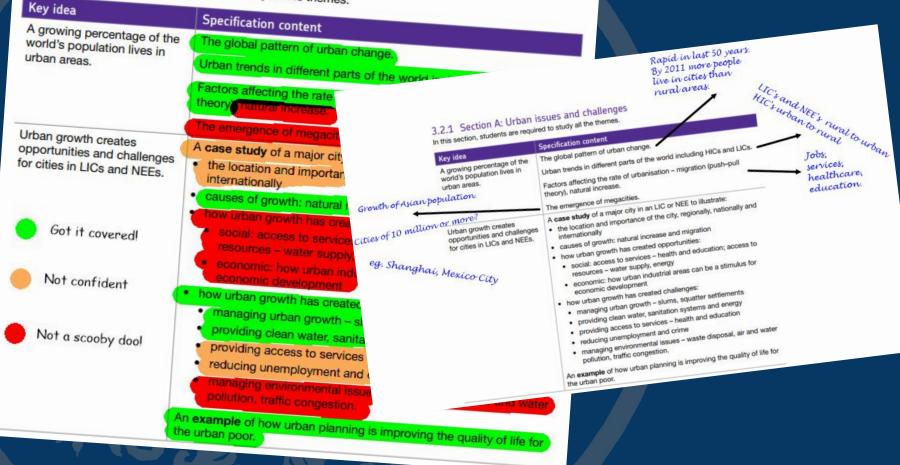
<u>How to condense it?</u>

- Post-it note summaries
 - Flash cards
- Flow diagrams
- Mind maps
 - Symbols / picture summaries
- Highlighting key words
 Glossaries
 - Timelines

Exam Specifications and Revision Checklists

3.2.1 Section A: Urban issues and challenges

In this section, students are required to study all the themes.



Applying the content: Quizzing

Test themselves- look, cover, write, check

- Test each other peer partners or groups
- You test them
- Online quiz sites (*more on this later*)

Applying the content: Past Papers and Markschemes

For example...

edexcel politics a level

Course materials

> Specification and sample assessments (9)

Teaching and learning materials (107)

| Examination guidance | ~ |
|--|---|
| Exemplar material NEW | ~ |
| Guide | ~ |
| Mapping document | ~ |
| Mock paper | ~ |
| Past training content | ~ |
| Scheme of work | ~ |
| Specimen paper and mark scheme | * |
| Summer 2021 assessment materials for centres | ~ |
| Summer 2022 support | * |
| Teaching and learning materials | * |

Not everything is accessible to the public - **ask teachers**.

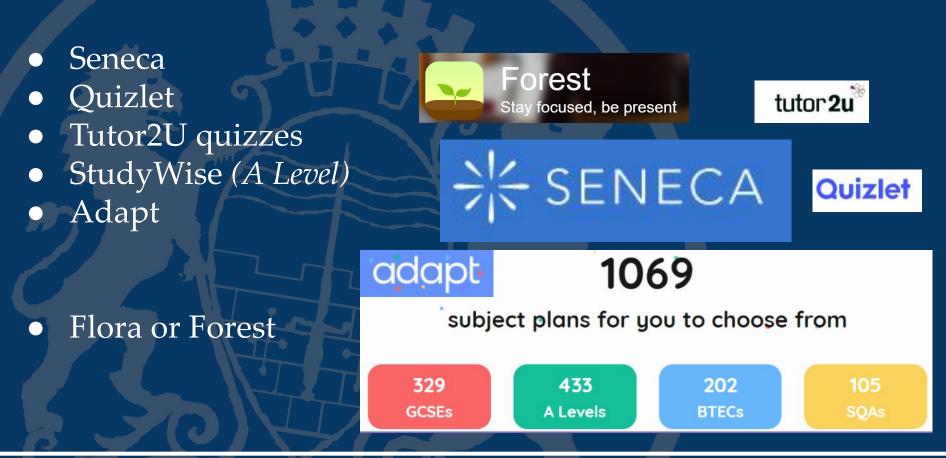
Examiner Reports

Assessment resources

| Search resources | Q | A-Z | ✓ Page < 3 4 | 56> | Items per page | 10 | ~ |
|--|---|--------------------|---|-----------------------|---|-------------|---|
| Clear all filters 2 | | | | | | | |
| Resource type (2) | 0 | Examiner reports 🗙 | Notes and guidance 🗙 | Component 2 🗙 | | | |
| Clear filters > Examiner reports Mark schemes (107) | | Showing 67 results | eport (A-level): Componer | nt 2Q The American D | ream: reality and illusion, 1945-1980 - | - June 2018 | |
| Mark schemes (107) Notes and guidance | | Published 1 Ma | ay 2019 PDF 558 KB | | | | |
| Question papers (182) | | 2 | eport (A-level): Componer Il 2021 PDF 55 KB | nt 2Q The American D | ream: reality and illusion, 1945-1980 - | - June 2019 | |
| Component (1) | 0 | Tabliolitica 1 Sa | | | | | |
| Component 1 (41)Component 2 | | 2 | eport (A-level): Componer ay 2019 PDF 154 KB | nt 2R The Cold War, c | 945-1991 - June 2018 | | |
| Component 3 NEA (5) | | Examiner re | eport (A-level): Componer | nt 2R The Cold War, c | 1945-1991 - June 2019 | | |
| Option | 0 | Published 1 Ju | I 2021 PDF 75 KB | | | | |
| Exam series | ٥ | <u>k</u> | eport (A-level): Componer ay 2019 PDF 540 кв | nt 2S The Making of M | odern Britain, 1951-2007 - June 2018 | | |
| Qualification | 0 | | | | | | |
| | | 2 | eport (A-level): Componer I 2021 PDF 72 кв | nt 2S The Making of M | odern Britain, 1951-2007 - June 2019 | | |

Applying the content: Online and Interactive

<u>Resources</u>



Wellbeing during Exam Season (Miss Mather)

- Balance
- Reward <u>efforts</u> (not necessarily outcome)
- Supportive conversations
- Motivation
- Day-to-day environment
- Communication pastoral support
 - <u>lprice@beechencliff.org.uk</u>



Useful links:

<u>https://www.mind.org.uk/information-support/your-stories/14-ways-to-beat-exam-stress/</u> , https://www.youngminds.org.uk/young-person/blog/exam-self-care/

<u>Sometimes less is more</u>

 Student 1 does 15 hours' revision - all of it reading through class notes

• Student 2 only does 10 hours' revision - 2 hours making mind-maps, 2 hours creating flash cards of key terms, 3 hours writing timed essays, 2 hours working through past papers looking for patterns and 30 mins doing the hardest question, followed by 30 mins talking it through with a teacher.

They then spend 5 hours shopping with friends, playing sport and watching TV

Take Home Messages

- They do need to knuckle down starting <u>now</u> if they haven't already!
- They must go beyond just revising content / note taking
- Make use of past questions and mark schemes
- Varied revision is crucial
- Routine is important and adhering to timetable
- Reflecting on mock exams and identifying areas to improve

Year 13 A Level Revision Information Evening

Thank you for your time and support. Hopefully all of the work put in by teachers, parents and of course the students will result in them leaving with the skills, knowledge and character traits needed for them to thrive in their next steps and leave Beechen with a sense of pride and achievement.

- This presentation will be on the school website tomorrow.
- Any questions please see us at the end.